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<tr>
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<td>0900</td>
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<td>Courses</td>
<td>PLENARY 3 (2 lectures)</td>
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<td>and Advisory Board meeting</td>
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<td>Opening Address</td>
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<td>WG and SIG lunch sessions</td>
<td>JPR Board meeting</td>
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<td>Pre-conference</td>
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<td>Parallel sessions 1</td>
<td>Poster session 2</td>
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<td>1700</td>
<td>Special lecture</td>
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<td>Parallel sessions 4</td>
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<td>1830</td>
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<td>Welcome reception (Ramada</td>
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| 09:00-10:30 | Pre-conference meeting 1  
**Romanian Society of Psychosomatic Medicine Annual Meeting (part 1)**  
Speakers: Dan L. DUMITRASCU, Paul J. PORR, Ioan B. IAMANDESCU, Adriana BABAN, Ovidiu POPA  
*Psyche versus Soma*: about Body-Soul relationship in western culture an history of a paradigm shift |
| 10:30-11:00 | Coffee-break |
| 11:00-12:30 | Pre-conference meeting 2  
**Romanian Society of Psychosomatic Medicine Annual Meeting (part 2)**  
Speakers: Dan L. DUMITRASCU, Paul J. PORR, Ioan B. IAMANDESCU, Adriana BABAN, Ovidiu POPA |
| 12:30-13:30 | Lunch – break / Exhibition |
| 13:30-15:00 | Pre-conference meeting 3  
**Symposium 1:**  
*Culture bound aspects and multidisciplinary approach of anxiety and depression*  
Chair: Ioana MICLUTIA, Diana DUDEA (Romania)  
**Symposium 2:**  
*Psychiatric disorders and psychosomatic illness*  
Chair: Ovidiu POPA-VELEA (Romania) M.IORDACHE (Romania)  
**Romanian Balint Association Annual Meeting (part 1)**  
What is Balintianism? Balint Fishbowl  
Speakers: Holger LUX (Romania), Eniko BUTYKA (Romania) |
| 15:00-15:30 | Coffee-break |
| 15:30-17:00 | Pre-conference meeting 4  
**15:30-16:15:**  
*Psychosomatic functioning of individuals in evolutionary perspective, new understanding of depression.*  
Bohdan WASILEWSKI (Poland)  
(up to 50 participants)  
**16:15-17:00:**  
*The therapeutic function of dreams*  
**Symposium 3:**  
*CEEPUS network on psychosomatic medicine: achievements and perspectives*  
Chair: Dan L. DUMITRASCU, Adriana BABAN (Romania)  
**Romanian Balint Association Annual Meeting (part 2)**  
What is Balintianism? Balint Fishbowl  
Speakers: Holger LUX (Romania), Eniko BUTYKA (Romania) |
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<th>Time</th>
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<tr>
<td>17:00-17:30</td>
<td>Special lecture</td>
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<td>The 7 illnesses of the spirit</td>
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<td>Speaker: TBA</td>
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**Thursday 26th June**

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<tr>
<td>08:00-09:00</td>
<td>Registration (Foyer)</td>
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<tr>
<td>09:00-10:30</td>
<td>Courses/Workshops</td>
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<tr>
<td></td>
<td>Symposium 4: Affect Regulation underpinnings of the Doctor-patient relationship</td>
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<td>Ramiro VERISSIMO (Portugal) (up to 50 participants)</td>
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<td>09:50-10:30</td>
<td>Basic research in affective disorders</td>
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<td>Aurel Popa (Romania) (up to 50 participants)</td>
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<td>09:00-09:50</td>
<td>Course 1: Operationalized Psychodynamic Diagnostics (part 1)</td>
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<td>Gudrun SCHNEIDER (Germany) (up to 50 participants)</td>
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<td>09:50-10:30</td>
<td>Course 2: Standardization of assessment in transplantation medicine</td>
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<td>Frank VITINIUS (Germany)</td>
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<td>09:00-09:45</td>
<td>Course 3: Differential diagnosis of &quot;Somatoform symptom disorder&quot;</td>
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<td>(Somatization disorder) in C-L practice. (part 1)</td>
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<td>Ulrik Fredrik MALT (Norway) (up to 50 participants)</td>
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<tr>
<td>10:30-11:00</td>
<td>Executive Council Meeting</td>
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<tr>
<td>11:00-12:30</td>
<td>Free Paper Session</td>
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<td>Course 4: EAPM Advisory</td>
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**Room Details**

- **Atlas 1 Meeting Room**: up to 250 participants
- **Atlas 2 Meeting Room**: up to 250 participants
- **Hera – Amphitheater**: up to 175 participants
- **Alfa Meeting Room**: up to 70 participants
- **Beta Meeting Room**: up to 80 participants
- **Gama Meeting Room**: up to 50 participants
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<th>Time</th>
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<tbody>
<tr>
<td>12:30-13:00</td>
<td>OPENING CEREMONY</td>
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<td>Speakers: Wolfgang SOLLNER, Dan L. DUMITRASCU, Paul J. PORR, Local authorities</td>
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<td>13:00-13:30</td>
<td>Lunch – break / Exhibition</td>
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<td>13:30-15:00</td>
<td>Plenary Session 1</td>
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<td>Psychosomatics in the elderly population</td>
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<td>Keynote speakers: Karl-Heinz LADWIG (Munich, Germany), Joris SLAETS (Groningen, The Netherlands)</td>
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<td>15:00-15:30</td>
<td>Coffee-break</td>
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<td>15:30-17:00</td>
<td>Parallel Session 1</td>
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<td>Symposium 5: Music therapy Chair: Ioan. B. IAMANDESCU, Luiza AVRAM (Romania)</td>
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<td>Course 1: Operationalized Psychodynamic Diagnostics (part 3)</td>
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<td>Gudrun SCHNEIDER (Germany)</td>
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<td>Symposium 6: Clinical Guidelines for MUS / Bodily distress and somatoform disorders in Europe</td>
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<td>Symposium 7: The implication of psychosomatic medicine in disease prevention programs</td>
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<td>Chair: Irina BRUMBOIU,</td>
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<td>Symposium 8: Sociocultural and Family Influences in Eating Disorders</td>
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<td>Chair: Oltea JOJA (Romania), Joern VON</td>
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<td></td>
<td>Free paper Session II</td>
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<td>BASIC RESEARCH IN PSYCHOSOMATICS MEDICINE Chair: Guillaume AIRAGNES</td>
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<td>Board Meeting</td>
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<td></td>
<td>I: PSYCHOSOMATICS ACROSS THE WORLD</td>
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<td>Chair: Peter CSEPE (Hungary), Herbert MENZEL (Germany)</td>
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<td></td>
<td>Operationalized Psychodynamic Diagnostics</td>
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<td>Gudrun SCHNEIDER (Germany)</td>
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<td>Standardization of assessment in transplantation medicine</td>
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<td>Frank VITINIUS (Germany)</td>
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<td></td>
<td>Addiction and Liver Transplantation-review of current evidence</td>
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<td>Paula ZIMBREAN, (USA)</td>
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<td>Predictive value of the psychosocial assessment before liver</td>
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<td>transplantation</td>
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<td>Gabor GAZDAG (Hungary)</td>
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<td></td>
<td>Differential diagnosis of &quot;Somatoform symptom disorder&quot; (Somatization disorder) in C-L practice.</td>
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<td>(part 2) Ulrik Fredrik MAL (Norway)</td>
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<td></td>
<td>Overcoming difficulties in medical practice: the role of Balint</td>
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<td>Bohdan WASILEWSKI (Poland)</td>
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<td>conception (part 2)</td>
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<td>Théo LEYDENBACH (France)</td>
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<td></td>
<td>The limits for the application of Balint groups as a tool for the</td>
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<td>11.45-12.30 The limits for the application of Balint groups as a tool for the support of medical practice and the practice of psychotherapy. Moderator: B. Wasilewski</td>
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<td>practice and the practice of psychotherapy.</td>
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<td>Board Meeting</td>
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<td>17:00-18:00</td>
<td>Poster Session 1 (Foyer)</td>
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<td>Symposium 9: Psychosomatics: an European challenge</td>
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<td>Chair: Thomas LOEW (Austria)</td>
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<td>18:00-18:30</td>
<td>Plenary Session 2</td>
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<td>FRITS HUYSE AWARD LECTURE</td>
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<td>18:30-19:30</td>
<td>Welcome reception: drinks and canapés (restaurant Ramada Hotel)</td>
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<td>19:30-21:00</td>
<td>EAPM General Assembly</td>
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<td>08:00</td>
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<td>09:00-10:30</td>
<td><strong>Plenary Session 3</strong>&lt;br&gt;Brain-gut axis and the psychosomatics in gastroenterology&lt;br&gt;Keynote speakers: Douglas DROSSMAN (Chapel Hill, USA), Gabriele MOSER (Vienna, Austria)</td>
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<td>10:30-11:00</td>
<td>Coffee-break</td>
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<td>11:00-12:30</td>
<td><strong>Parallel Sessions</strong>&lt;br&gt;<strong>Joint EAPM/ISBM Symposium 10:</strong>&lt;br&gt;Psychological symptoms, stress at work and in the family as a focus of interventions in coronary heart disease&lt;br&gt;Chair: Hans-Christian DETER (Germany), Adrienne STAUDER (Hungary), Kristina ORTH-GOMER (Sweden)&lt;br&gt;<strong>Free Paper Session III:</strong>&lt;br&gt;Comprehensive Approach of Pain&lt;br&gt;Chair: Anne-Francoise ALLAZ (Switzerland), Antonella CIARAMELLA (Italy)&lt;br&gt;<strong>Symposium 11:</strong>&lt;br&gt;Psychocardiology&lt;br&gt;Chair: Ioan B. IAMANDESCU, Laurentiu NEDELCU (Romania)&lt;br&gt;<strong>Symposium 12:</strong>&lt;br&gt;Challenges in Transplant Psychiatry - the 2014 update&lt;br&gt;Chair: Paula ZIMBREAN (U.S.A.)&lt;br&gt;<strong>Symposium 13:</strong>&lt;br&gt;Psycho-neuro-allergology&lt;br&gt;Chair: Ioan B. IAMANDESCU, Laurentiu NEDELCU (Romania)&lt;br&gt;<strong>Team-oriented interventions in Consultation/Liaison</strong>&lt;br&gt;Chair: Silvia FERRARI (Italy), Annette BOENINK (The Netherlands), Rui COSTA (Portugal)</td>
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<td>12:30-13:30</td>
<td>WG and SIG Lunch Sessions / Exhibition</td>
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<td>13:30-15:00</td>
<td><strong>Parallel Sessions</strong>&lt;br&gt;<strong>ISBM-CEESBM-EAPM Joint Symposium</strong>&lt;br&gt;Symposium 15: Psycho-neuro-allergology&lt;br&gt;Chair: Ioan B.&lt;br&gt;Symposium 16: Team-oriented interventions in Consultation/Liaison&lt;br&gt;<strong>Free Paper Session V:</strong>&lt;br&gt;Health Anxiety&lt;br&gt;<strong>JPR – Meet the Editor’s Session</strong>&lt;br&gt;Chair: Albert LEENTJENS&lt;br&gt;<strong>Free Paper Session VI:</strong>&lt;br&gt;Consultation/Liaison</td>
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<td>15:00-15:30</td>
<td>Coffee-break</td>
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<td>15:30-16:30</td>
<td>Poster Session 2 (Foyer)</td>
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<td>16:30-18:00</td>
<td>Parallel Session 4</td>
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<td>Symposium 17: Culturally Adapted Psychiatric and Psychosomatic Treatment Strategies-Experiments and Experiences Chair: Nusrat Hussain (United Kingdom), Ilaria Tarricone (Italy)</td>
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<td>Symposium 18: Psychosocial aspects of transplantation medicine - body image, identity and symptoms Chair: Frank Vitinius (Germany), Kathy Coffman (USA)</td>
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<td>Symposium 19: Free Paper Session VII: Gastroenterology Chair: Mladenka Tkalcic (Croatia), Roger Ho (Singapore)</td>
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<td>Free Paper Session VIII: Intervention in the field of C-L and Psychosomatic Medicine Chair: Gregor Liegl (Austria), Phillip Tully (Australia)</td>
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<td>Free Paper Session IX: Psychiatric Disorders in the Medically Ill Chair: Albert F.G. Leentjens (The Netherlands), Elspeth Guthrie (United Kingdom)</td>
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<td>19:30</td>
<td>Gala Dinner – Traditional Romanian Evening, Hilton Hotel</td>
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<tr>
<td>Saturday 28th June</td>
<td>General Topic Atlas 1 Meeting Room up to 250 participants</td>
<td>General Topic Atlas 2 Meeting Room up to 250 participants</td>
<td>General Topic Hera – Amphitheater up to 175 participants</td>
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<td><strong>Timeline</strong></td>
<td><strong>Registration (Foyer)</strong></td>
<td><strong>Parallel Session 5</strong></td>
<td><strong>Free Paper Session X: PSYCHOSOMATIC DIAGNOSIS AND THERAPY</strong> Chair: Bohdan WASILEWSKI (Poland), Olga ISACHENKOVA (Russia)</td>
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<td><strong>08:00</strong></td>
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<td><strong>08:30-10:00</strong></td>
<td>Parallel Session 5</td>
<td>Free Paper Session X: PSYCHOSOMATIC DIAGNOSIS AND THERAPY</td>
<td>Free Paper Session XI: SOMATOFORM DISORDERS</td>
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<td>Chair: Bohdan WASILEWSKI (Poland), Olga ISACHENKOVA (Russia)</td>
<td>Chair: Gerhard SCHÜSSLER (Austria), Francoise ALLAZ (Switzerland)</td>
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<td><strong>10:15-11:25</strong></td>
<td><strong>JOINT EAPM-ICPM SESSION</strong></td>
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<td></td>
<td>How to approach patients with somatization effectively,</td>
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<td>Kyung BONG KOH (Korea)</td>
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<td>Psychiatric aspects of chronic pain that will be useful to the C-L psychiatrist, Jon STRELTZER (Hawaii, USA)</td>
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<td><strong>11:25-11:45</strong></td>
<td><strong>Coffee-break</strong></td>
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<td><strong>11:45-12:55</strong></td>
<td><strong>Plenary Session 4</strong></td>
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<td><strong>Psychosomatic Medicine and cultural change</strong></td>
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<td>Keynote speakers: Silvia FERRARI (Modena, Italy), Marta NOVAK (Budapest, Hungary/Toronto, Canada)</td>
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<td><strong>13:00-13:30</strong></td>
<td><strong>FINAL PLENARY</strong></td>
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<td><strong>Poster Award Ceremony, Closing Ceremony</strong></td>
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FREE PAPER PARALLEL SESSIONS EAPM 2014

THURSDAY, 26th of June

Atlas 1 Room, 11:00-12:30

1. PSYCHOSOMATIC ACROSS THE WORLD
Chair: Peter CSEPE, Herbert MENZEL

127. Self-perception in dental esthetics - A study in two ethnic groups; Alexandru GRECU GRATIAN, Ioana CIUTRILA, Jean-Francois LASSERRE, Horatiu COLOSI, Bogdan CULIC, Diana DUDEA (Romania)

135. Depression and CVD-related risk factors in various Roma ethnic subgroups in Hungary; Peter CSEPE (Hungary)

127. Helsinki City Finland, Health and Social Department, Liaison psychiatry and substance abuse special services; Lea LAITANEN-JUSLIN (Finland)

90. The German model of Education in Psychosomatic Medicine a Psychotherapy - The role of Psychotherapy: what is the difference in Psychosomatic Medicine and Psychiatry; Herbert MENZEL (Germany)

N6. Accentuated personality traits in patients with functional dyspepsia, Svintsitskyy, Anatoliy, Revenok Kateryna, Malyarov Sergiy, Korendovych, Iryna (Ukraine)

Gamma Room, 15:30-17:00

2. BASIC RESEARCH IN PSYCHOSOMATIC MEDICINE
Chair: Guillaume AIRAGNES, Dirk VON BOETTICHER

48. Hostility influence depressive symptoms evolution after retirement; Guillaume AIRAGNES, C. LEMOGNE, F. LIMOSIN, M. ZINS, S. CONSOLI (France)

61. Attachment styles in patients with chronic skin diseases in Hungary; Csanád SZABÓ, Anita ALTMAYER, Lajos KEMENY, Florence DALGARD (Hungary)

23. Somatic and depressive symptoms in first generation (FG) Vietnamese and German outpatients with Depression; Tam Thi Minh TA (Germany)

87. Towards an anthropological conception of emotions in psychosomatic medicine; Dirk VON BOETTICHER (Germany)

99. On the use of conceptual research for psychosomatic medicine in a world of rapid cultural change; Dirk VON BOETTICHER (Germany)

N10. The benefits of using patient-reported outcomes in cancer treatment, Gerhard Rumpold (Austria)
3. COMPREHENSIVE APPROACH OF PAIN
Chair: Anne – Francoise ALLAZ, Antonella CIARAMELLA

37. Is pain-related perceived injustice a specific entity in chronic pain patients? Anne-Francoise ALLAZ (Switzerland)

91. Changes in Pain, Pain Identity, and Self-rated Health among Adults with Chronic Pain before and after Treatment with Spinal Cord Stimulation; Yael BENYAMINI (Israel)

42. The Structured Phenomenological Hypnotic Protocol (SPHP) for treatment of chronic pain. Case reports; Antonella CIARAMELLA, P. MICCO, M. ROSSI, S. ROSSI (Italy)

46. Role of expectations in experiencing pain and discomfort during colonoscopy; Cristina POJOGA (Romania)

28. Acceptance and Commitment Therapy (ACT) for severe chronic pain: a short-term multidisciplinary psycho educational group treatment; Kees Jan VAN DER BOOM (Netherlands)

100. Additional psychosomatic education reduces emotional stress of general practitioners during the treatment of patients with somatoform disorders; Markus BOECKLE (Austria)

Gamma Room, 11:00-12:30

4. CARDIOLOGY
Chair: Christoph HERRMANN-LINGEN, Rui COSTA

19. Interoceptive awareness and resting heart rate variability in women; Rui COSTA (Portugal)

70. Symptom dimensions of depression following myocardial infarction and cardiovascular prognosis: An individual patient data meta-analysis; Ricardo DE MIRANDA AZEVEDO (Netherlands)

16. Subjective well-being and hypertension: Effects of diagnostic labeling, antihypertensive medication and actual blood pressure; Christoph HERRMANN-LINGEN, Marvin OLEWINSKI, Alexandra BOESE, Frank EDELMANN, Thomas MEYER, Rolf WACHTER (Germany)

68. Heart rate variability and professional stress in physicians: gender differences; Laura Irina POANTA (Romania)

82. Mental health status in patient with Coronary heart disease; Reza SOLTANI SHAL (Iran)
Alfa Room, 13:30-15:00

5. HEALTH ANXIETY
Chair: Roger HO, Anne WAND

18. Anxiety Disorders, Sleep Quality and Quality of Life among HIV--infected patients; Sol DURAND (Mexico)

2. Prevalence of depressive and anxiety symptoms in patients with inflammatory bowel diseases: a systemic review, meta-analysis and meta-regression; Roger HO (Singapore)

69. Romanian culture specific expression and psychological impact of anxiety; Ioana MICLUTIA (Romania)

11. Premorbid and postmorbid onset panic disorder in treatment seeking heart failure patients: psychiatric comorbidity and subsequent hospital admission use; Phillipp TULLY (Australia)

30. Outcome of cognitive behavior therapy for patients with severe health anxiety treated in groups. A RCT protocol (The CHAG-Trial); Mathias SKJERNOV, Brian FALLON, Per Fink DmSc, Ulf SOEGAARD, Erik SIMONSEN (Denmark)

Gamma Room, 13:30-15:00

6. CONSULTATION-LIAISON WORK IN DIFFERENT CLINICAL FIELDS
Chair: Rebecca WOOD, Hélène VULSER

149. The role of Liaison Psychiatry and Psychosomatic Units as an entry point to the treatment of addictions; Antonio CAMPAYO (Spain)

137. Study on the correlation between psychological disorders, clinical and biological parameters and the evolution of patients with Philadelphia negative - chronic myeloproliferative neoplasms (PnCMN); Romeo-Gabriel MIHĂILĂ (Romania)

53. What can we learn from the psychiatric consultations of violent suicide attempters? Rozália TAKÁCS (Hungary)

51. Psychiatric sequelae consecutive to intraoperative awareness under general anesthesia: about three cases; Hélène VULSER (France)

20. Timeliness of referral to Consultation Liaison Psychiatry and Length of Stay: A comparison according to age; Rebecca WOOD (Australia)

Alfa Room, 16:00-17:30

7. GASTROENTEROLOGY
Chair: Mladenka TKALCIC, Paul PORR

113. Functional dyspepsia assessment in patients from a single medical center from Oradea, ROMANIA; Ovidiu FRATILA (Romania)

106. Irritable Bowel Syndrome and Magnesium Supplementation-therapy; Paul Jurgen PORR (Romania)

125. Role of anger and coping mechanism in patients with irritable bowel syndrome; Mihaela FADGYS STĂNCULETE (Romania)

52. Biological and psychological determinants of health related quality of life in irritable bowel syndrome patients; Mladenka TKALCIC (Croatia)

158. IBD patients’ personality and Health-Related Quality-of-Life; Ramiro Verrisimo (Portugal)

**Beta Room, 16:00-17:30**

8. INTERVENTIONS IN THE FIELD OF C-L AND PSYCHOSOMATIC MEDICINE
Chair: Gregor LIEGL, Philip TULLY

22. Psychiatric and Psychosomatic Outpatient Interventions for Vietnamese Patients Living in Berlin/Germany; Ronald BURIAN (Germany)

143. Influence of depression, expectation of therapy effectiveness, and self-efficacy on the treatment outcome in patients with multiple somatic symptoms (MSS); Gregor LIEGL (Austria)

157. The treatment of resistant, chronic, headaches and facial pain patients in a comprehensive multidisciplinary, mind-body clinic; Amnon MOSEK, Ahron ALEXANDROVITZ, Andy AYLON, Hani BAUM, Marina DANO, Judy FARCHI, Evelin FARKASH, Yigal GLIKSMAN, Judith HEYD, Zipi HYBLOOM, Ynon LERNER, Israel LEVI, Roberto MITELPUNKT, Orly MIZRACHI, Nir SALAME, David YOEL (Israel)

12. A dynamic view of comorbid depression and generalized anxiety disorder symptom change in chronic heart failure: effects of cognitive behavioral therapy, exercise rehabilitation, and drug treatment; Phillip TULLY; (Australia)

159. Conversion Disorder, A Review Through the Prism of the Rational-Choice Theory of Neurosis; Jacov ROFE (Israel)

N20. Male cancer patients over 60 – do they accept and participate in psychooncological interventions and what are the results?, Gudrun SCHNEIDER, Birgit KROPFF, Sandra GZELLA, Michael UNRATH (Germany)

**Gamma Room, 16:00-17:30**

9. PSYCHIATRIC DISORDERS IN THE MEDICALLY ILL
Chair: A.F.G. LEENTJENS, Elspeth GUTHRIE

124. Predictors of depression and anxiety: a follow-up study of patients starting chemotherapy; Graça CARDOSO (Portugal)
94. The relationship between mental health and use of urgent care in patients with long term medical conditions; the findings from a 5 year program grant; Elspeth GUTHRIE (United Kingdom)

67. Predictors of response to antidepressant treatment in depressed patients with Parkinson’s disease; A.F.G. LEENTJENS (Netherlands)

85. Poststroke depression: mechanisms, translation and therapy; Aurel POPA-WAGNER (Germany)

17. The interactive effects of personality on the relationship between social support and depression in adults with hemodialysis; Shu-Chuan Jennifer YEH, Ying-Ying LO (Taiwan)

N9. Temporal dynamics of emotional avoidance in patients with anorexia nervosa during inpatient treatment – results from a longitudinal diary study, Esther STROE-KUNOLD, Daniela WESCHE, Hans-Christoph FRIEDERICH, Wolfgang HERZOG, Beate WILD (Germany)

SATURDAY, 28th of June

Atlas 1 Room, 10:00-11:30

10. PSYCHOSOMATIC DIAGNOSIS AND THERAPY
Chair: Bohdan WASILEWSKI, Olga ISACHENKOVA

138. The role of TNF- inhibitors in psychiatric comorbidities in psoriasis: Literature review; Andreea Codruta BOTIS (Romania)

132. The impact of a cognitive-behavioral intervention on the relapse rate of type 2 diabetes depressive patients; Melina IORDACHE, Ioana CIOCA, Ovidiu POPA-VELEA (Romania)

25. On the problem of the efficacy of psychotherapy in diabetic foot ulcer patients; Olga ISACHENKOVA (Russia)

15. Making decisions for the treatment of anxiety and depression in the perinatal period; Anne P.F. WAND (Australia)

75. Psychosomatic functioning of individuals in evolutionary perspective; Bohdan WASILEWSKI (Poland)

N17. Can specific health-related memories aid symptom management in Chronic Fatigue Syndrome/ME and Asthma? Iana ALEXEEVA, Maryanne MARTIN (Great Britain)

Atlas 2 Room, 10:00-11:30

11. SOMATOFORM DISORDERS
Chair: Gerhard SCHÜBLER, Saskia VAN BROECKHUYSEN
34. Do Medically Unexplained Symptoms increase risk of loss of labor market attachment? A 5 year prospective study with register based outcomes; Katja LOENGAARD (Denmark)

65. Somatic and cognitive symptoms as indicators of potential endophenotypes in bipolar spectrum disorders; Hans LÖVDAHL, Erlend BØEN, Eva MALT, Ulrik MALT (Norway)

81. Chronic pelvic Pain (men) chronic prostatitis Prostatodynia a meta-analysis; Gerhard SCHÜSSLER (Austria)

45. Implicit and explicit negative affect and emotional awareness in patients with severe somatoform disorder; Saskia VAN BROECKHUYSEN (Netherlands)

N7. Secrets that are hidden within the emotions and soul revealed via the body, Yigal GLIKSMAN (Israel)

**Hera Room, 10:00-11:30**

12. **TRANSPLANTATION**
Chair: Gilbert LEMMENS, Paula ZIMBREAN

66. Congenital Hepatitis C in the Transplant Setting: Challenges for Transplant Psychiatry; Orna ALPERT (US)

6. Facial transplantation in a blind patient: Psychological, marital and family outcomes at 15 months follow-up; Gilbert LEMMENS (Belgium)

89. Factors associated to complexity of patients evaluated for inclusion in orthotopic liver transplantation: a retrospective study; Silvia FERRARI, Chiara PIEMONTE (Italy)

133. Psychological adjustment after lung transplantation; Annina Julia SEILER (Switzerland)

44. Laxatives or diuretics misuse in liver transplant recipients; Paula ZIMBREAN (US)

**Alfa Room, 10:00-11:30**

13. **COMMUNICATION SKILLS TRAINING FOR MEDICAL STAFF**
Chair: Monika KELLER, Cristina HOToleanu

77. Negative Rumor Contagion of a Psychiatric Department; Robert BOTA (US)

29. Physicians communication skills from patient’s perspective; Cristina HOToleanu (Romania)

153. The internet informed patient and his communication with physician; Ioan Bradu IAMANDESCU (Romania)

39. Development and evaluation of a Four-Habits-based communication training for German General Practitioners (CoTrain trial); Frank VITINIUS (Germany)
64. Primary biliary cirrhosis a stigmatizing diagnosis term? A qualitative study; Inka WAHL, Andreas FEIGE, Stefanie WILKE, Christina WEILER-NORMANN, Matthias ROSE, Ansgar W. LOHSE, Bernd LOWE, Christoph SCHRAMM (Germany)

**Beta Room, 10:00-11:30**

14. MISCELLANEOUS PART 1
Chair: Hsiao-Yu CHEN, Laurentiu NEDELCU

24. Improving self-perception and self-efficacy in client with spinal cord injury: the efficacy of DVD-based instruction; Hsiao-Yu CHEN (Taiwan)

41. Panic spectrum and autonomic dysfunction in chronic pain patients: the impact on drug side effects; Antonella CIARAMELLA, P. POLI (Italy)

148. School-based weight-related problems prevention program in adolescents. Long-term effects on sedentary behaviors and physical activity; Paola ESPINOZA GUZMÁN (Spain)

27. First episode psychosis among migrants in Italy (PEP-Ita Study): preliminary results from Modena; Silvia FERRARI (Italy)

95. Assessment Methods of the Somatization Process Related to the Nurses with Risk of Developing Burnout Syndrome; Simona GRIGORESCU, Laurentiu NEDELCU, Liliana ROGOZEA (ROMANIA)

N22. Placebo and hypnosis taken seriously! Joannes MERTENS, (The Netherlands)

**Gamma Room, 10:00-11:30**

15. MISCELLANEOUS PART 2
Chair: Thomas HYPHANTIS, Liliana ROGOZEA

26. The influence of the current recession on mental health and quality of life in people with chronic medical conditions seeking urgent care in Greek Accident and Emergency Departments; Thomas HYPHANTIS (Greece)

134. The benefit of self-help groups during and after inpatient psychosomatic treatment; Katharina LAUMEN, Michael LANGENBACH (Germany)

116. Insights on postpartum mood: why childbirth is associated with depression and mixed feelings? Anda MURESAN-MADAR (Romania), Adriana BABAN (Romania)

102. The Assessment of the Stress Level of the Medical Personnel from a Psychiatry Ward; Liliana ROGOZEA, Dan CONSTANTIN, Simona GRIGORESCU, Laurentiu NEDELCU (Romania)

101. Impact of Collaborative Care on PCPs Confidence and Clinical Practice towards depression: a randomized controlled trial; Cecilia SIGHINOLFI (Italy)

N21. How do older patients` resources change in inpatient psychotherapy? Gudrun SCHNEIDER, Alexandra KATI, Astrid STUMPF, Gereon HEUFT (Germany)
1. CULTURE BOUND ASPECTS AND MULTIDISCIPLINARY APPROACH OF ANXIETY AND DEPRESSION

Chairmen

Prof. Dr. Ioana Miclutia- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

Prof Dr Diana Dudea- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

Associate Professor Dr. Maria Crsian- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

Purpose: to emphasize culture specific and different approaches of anxiety and depression in some somatic diseases, who seem to be from diverse spectra, apparently without any obvious connection.

Methodological procedures: Anxiety and depression are investigated in the following somatic diseases: digestive disorders and some specific invasive procedures, breast cancer women, postmenopausal women, persons to whom a bronchoscopic procedure is performed, dermatological diseases which may be triggered by life events, and the most typically expression of anxiety symptoms in Romanian patients. Tools: psychometrical scales, which assess the severity and dynamic of anxiety (STAI-S, STAI-T) and depression (HAM-A, BDI) were applied as other scales exploring global functioning, quality of life.

Results: Although the domains of the recorded studies are diverse, the degree and type of anxious/depressive complaints and their dynamics may be a common link. Correlations between the severity of anxiety/depression and the gravity of the somatic disease as well as the personal impact of these comorbidities will be explored.

Discussion: Psychometric tools that assess anxiety and/or depression are quite simple to apply, do not require special training, are time sparing and offer also the opportunity for a more adequate multidisciplinary approach.

Conclusion: Psychological and psychotherapy management of some somatic diseases should not be overlooked, being considered as relevant and important. There is mandatory to outline the culture specific expression of anxiety and depression in diverse somatic disorders.
2. PSYCHIATRIC DISORDERS AND PSYCHOSOMATIC ILLNESS

Chairman
Dr. Ovidiu Popa – Velea- University Of Medicine And Pharmacy “Carol Davila” – Bucharest

a) Psychosomatic diseases in academic settings: investigating coping strategies for the early detection of risk (L.Diaconescu et al.)
b) Psychological variables correlated with the onset of psychosomatic disorders in youngsters (I.Cioca et al.)
c) Psycho-socio-cultural and genetic predictors for the occurrence of somatoform complaints in children (C.Trăulescu et al.)
d) Early indicators of body image disorders in psychosomatic adolescent outpatients (O.Popă-Velea et al.)
e) The impact of a cognitive-behavioral intervention on the relapse rate of type 2 diabetes depressive patients (M.Iordache et al.)
f) Approach of medically unexplained somatic disorders in the pediatric population - experiences in a local community (M.Câmpean et al.)

3. CEEPUS NETWORK ON PSYCHOSOMATIC MEDICINE: ACHIEVEMENTS AND PERSPECTIVES

Chairmen
Dan L. Dumitrascu- Iuliu Hatieganu University of Medicine and Pharmacy Cluj-Napoca
Adriana Baban- Babes-Bolyai University, Cluj-Napoca
The CEEPUS network on psychosomatic medicine RO 0016 is the single international network on this topic in Central and East Europe. Linking Austria and postcommunist Balkan and East European countries, this is a mini ERASMUS project. It allows exchanges of teaching staff, PhD students and students between participating centers from Romania, Croatia, Hungary, Austria, Bulgaria, Moldavia, Poland, Albania, Bosnia.

As several partners of this project will meet by EAPM in Sibiu, we will offer the opportunity to discuss about achievements and future initiatives of this international regional network.

Discussants and lecturers will be beside the two chairpersons, Mladenka Tkalcic from Croatia, Valentina Tzaneva from Bulgaria, Laurentiu Nedelcu from Brasov and any other interested person.

THURSDAY, 26th of June

Atlas 1 Room, 09:00-10:30

4. AFFECT REGULATION UNDERPINNINGS OF THE DOCTOR-PATIENT RELATIONSHIP

Ramiro Verissimo (*)

(*) Medical Psychology — University of Porto Faculty of Medicine, Porto (Portugal)

Medical specialization, while an absolute need after the exponential growth of medical knowledge, came to hinder the holistic approach required to adequately deal with the psycho-behavioural aspects involved both in health and disease. And that is an aspect that lays stress on the absolute need of a ‘psychosomatic approach’.

In other words, changes in health care delivery underscore the need for physicians, and primary care physicians in particular, to assume responsibility for prompt "global" diagnosis, for, at least, the initial treatment, as well as to ensure that patients have access to appropriate medical services in order to maximize the clinical outcome.

And this simply stresses the huge importance of training, not only on the affective dimension of the doctor-patient relationship, but also on the idiosyncrasies of the individual patient, in what concerns his affect regulation ability; in order to properly deal with its implications in terms of health and disease while conducting the clinical/therapeutic interview. In fact, logotherapy essentially relies upon the ability to communicate, and many difficulties that stand out during the clinical interventions arise precisely from the patient difficulty to communicate feelings. Thus the valuable significance of an update also involving the neural circuitry of affect regulation, since present time research comes to suggest different ways to approach intervention for vulnerable populations at-risk of faulty regulation.
5. MUSIC THERAPY SYMPOSIUM

Chairmen
I.B. IAMANDESCU- Carol Davila Medical Pharmacy University ,Bucharest
Luiza AVRAM- National Music University Bucharest

a) Music diagnosis - A new useful method in psychotherapy for psychosomatic patients
I.B. IAMANDESCU - Carol Davila Medical Pharmacy University ,Bucharest

b) Psycho - somatic virtues of singing together (for Music therapy round table)
Carmen Luize AVRAM- National Music University Bucharest
Piano Professor- National Music University Bucharest

c) The antialgic effect of music in dental patients
Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götlaland, Sweden

d) The influence of classic music on the glycemic level in type 2 diabetic patients
Ioana CIOCA- University Of Medicine And Pharmacy “Carol Davila” Bucharest, Romania

e) Somatic impact and neurovegetative effects of music
Liliana Veronica DIACONESCU - University of Medicine and Pharmacy "Dr. Carol Davila" Bucharest
6. THE EAPM BODILY DISTRESS / MEDICALLY UNEXPLAINED SYMPTOMS INTEREST GROUP

TITLE: CLINICAL GUIDELINES FOR MUS / BODILY DISTRESS AND SOMATOFORM DISORDERS IN EUROPE

Chairmen: Per Fink & Peter Henningsen

Peter Henningsen, DE: The German clinical guidelines for somatoform disorders.
Tim Olde Hartmann, NL: The Dutch clinical guidelines for MUS.
Per Fink, DK: The Danish clinical guidelines for functional symptoms and disorders.
Elspeth Guthrie, UK: The English guidelines for MUS (she has not accepted yet, and I’m not sure if the guidelines will be ready at that time).

After the presentation we will have a discussion of the European implications of the guidelines – should we work for common guidelines or?
The health of a population can be ensured by application of prevention programs. For having efficiency in preventive programs, there are harmoniously combined the medical intervention with aspects regarding social relations, the cultural particularities, managerial capacities and technological availability.

For the preventive programs at populational level, the responsibility is huge because of great number of person subjected to the preventive measure and for moment we haven’t medical intervention without any side effects. These issues compels to making efforts to select the programs with the higher benefits and without or the lowest possible risk.

Professor Ioan Bocsan will present the roll and importance of the epidemiology in utilization of the preventive programs and in the interdisciplinary relationship.

Assoc. prof. Dr. Valentina Tzaneva, having a practical activity centered on nosocomial infections surveillance, she will present aspects of psychosomatic medicine in the development and transmission of strains of bacteria with resistance to antibiotics.

Dr. Ioan Muresan, a family doctor describes the difficulties encountered in the practice of vaccination and aspects about vaccine acceptance by the population that he currently attends.

Dr. Radu Coman addresses issues concerning prostate cancer screening strategies and the complexity of interactions between factors that maximize the efficiency and reduce at minimum the risks.

Assoc. prof. Irina Brumboiu highlights the individual and populational impact of possible negative consequences of populational preventive programs and the importance of the results of the assessment in the coordination of public health interventions.

a) Is epidemiology a visible tool in preventive interdisciplinary interventions?
Ioan Stelian Bocsan -The Iuliu Hatieganu University of Medicine and Pharmacy, Cluj-Napoca, Romania

b) The rising antimicrobial resistance in the intensive care unit and the psychologic aspects of this problem
Valentina Tzaneva- Trakia University
c) Successes and failures in clinical practice of family physician
Ioan Muresan - Family Medicine Clinic, Cluj Napoca

d). Particularities of a prostate cancer screening
Radu Coman- “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania

e) The individual and community impact of the results of the assessment of the preventive program in the light of psychosomatic medicine
Irina Brumboiu- Department of Epidemiology Iuliu Hatieganu, University of Medicine and Pharmacy, Cluj-Napoca, Romania
Eating Disorders, such as Anorexia Nervosa (AN) and Bulimia Nervosa (BN), have become one of the leading causes of disability among adolescent and adult young women, showing increasing prevalence in countries which are progressively exposed to the Western ideal of thinness. Weight and shape concerns are now defining not only eating disorders but they also became part of a life-style program, particularly for female adolescents and young women. Cultural models for explaining eating disorders’ pathogenesis consider as risk factor the exposure to the thin ideal and its internalization, correlated to weight and shape concerns, body dissatisfaction, and to discrepancies between the self and the ideal. Researchers focused upon body image distortions as a precursor and predictor for developing eating disorders, herein leading to extended studies on adolescent and young female population, as well as to cross-cultural comparisons.

The present symposium will highlight these preoccupations through some extended studies: the research of Kosic and Bulian is analyzing weight concerns, body dissatisfaction and social pressure among female students in Croatia; the study of Baban and Taut is exploring psycho-somatic symptoms correlated to weight and body image among Romanian adolescents, and the cross-cultural study of Raich et al. is contributing with data concerning body image in four countries: Chile, México, Portugal and Spain. The presentations on clinical research will focus upon Bulimia Nervosa patients, for an extended model of pathogenesis implying attachment patterns and family environments, with the German study of von Wietersheim et al., and a cross cultural comparison of eating attitudes in Romanian vs. German female students, differentiating specific traits of an underweight risk group, with Joja et al.

a) Thinness and Eating Attitudes among Romanian Students in Comparison to German Students and Anorexia Nervosa Patients
Oltea Joja*, Cristina Nanu**, Jörn von Wietersheim**
* National Institute of Endocrinology C.I.Parhon, Bucharest,
** Babes-Bolyai University, Cluj-Napoca
***Department of Psychosomatic Medicine and Psychotherapy University of Ulm, Germany

b) Body Image in adolescents of Chile, México, Portugal and Spain.
*Departament de Psicologia Clínica i de la Salut. Universitat Autònoma de Barcelona. Spain.
**Laboratori d’Estadística Aplicada. Departament de Psicobiologia i Metodologia de les Ciències de la Salut, Universitat Autònoma de Barcelona, Spain
***Faculdade de Psicologia, Universidade de Lisboa. Portugal.
c) Body mass index, social comparison, perception and body dissatisfaction as predictors of weight loss control in adolescent female
Matea Mrakovčić Kosić, Alessandra Pokrajac-Buljan
Department of Psychology, Faculty of Humanities and Social Sciences, University of Rijeka, Croatia

d) Attachment in Adult Attachment Projective Test episodes and family relations of patients with bulimia nervosa and healthy controls
Jörn von Wietersheim, Kathrin Holzinger, Xiaorong Zhou, Dan Pokorny
Department of Psychosomatic Medicine and Psychotherapy, Ulm University

e) Body image, unhealthy weight control and psycho-somatic symptoms among Romanian adolescents
Adriana Baban, Diana Taut
Babes-Bolyai University, Cluj-Napoca

Gamma Room, 17:00-18:00

9. PSYCHOSOMATICS: AN EUROPEAN CHALLENGE

Chairmen
Prof. Thomas Loew, University of Regensburg, Germany and Doz. Dr.med. Christian Fazekas, Graz, Austria

with contributions from
Arturs Ancans
Riga Stradins University
University Clinic of Psychosomatic Medicine and Psychotherapy
Kapselju iela 23
LV-1046 Riga
Latvia

Prof. Thomas Loew,
Prof. Dr. med. Thomas Loew  
Head of the Department of Psychosomatics at the  
University Clinic Regensburg and the  
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Germany

Doz. Dr.med.Christian Fazekas,  
University Clinic for Medical Psychology and Psychotherapy  
Corporate Institution of clinical Psychosomatics  
Auenbruggerplatz 2/8  
8036 Graz  
Austria

Presenting 3 Papers:

**Arturs Ancans**  
Psychosomatic health – Challenge and Opportunity

Mental health is defined as a state of well-being in which: Every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, is able to make a contribution to her or his community. Mental health is central to human development (WHO) and better physical health: Higher educational achievement, enhanced productivity and earnings, improved interpersonal relationships, better parenting, closer social connections, improved quality of life, we have to see from new perspective, it is more than psychiatry, it determs physical health. It is time for a specialized Psychosomatic approach.

**Thomas H. Loew and Laura Cojocaru**  
How much Psychosomatics needs Europe and what the AEPM could account for it

The internet presence of Psychosomatic Medicine in the OECD-countries is presented. Aspects of individual, interactive, interventional and institutional settings in the clinical field. The Bavarian situation as an example is referred. Anchor points are Curiosity, Medical Students Programs, Physician`s Basic Training, Inpatient-Concepts, Outpatient – Models, Guidelines / Science, Economical Models, Quality Assurance Programs, Specialist`s Training Concepts and Political Argumentations. Conclusions: Physicians must learn psychosomatic skills. We need Psychosomatic Medicine in inpatient an d outpatient-treatment, day-clinics and special settings.

**Christian Fazekas**  
The AEPM Curriculum of basic Psychosomatic medicine theory
Based on the Ps_syDiploma Concept of Austrian Medical Chamber and the German Psychosomatic Basic Care Model a 40 units theory curriculum is presented:


**FRIDAY, 27th of June**

**Atlas 1 Room, 11:00-12:30**

**10. JOINT EAPM/ISBM SYMPOSIUM: PSYCHOLOGICAL SYMPTOMS, STRESS AT WORK AND IN THE FAMILY AS A FOCUS OF INTERVENTIONS IN CORONARY HEART DISEASE**

**Chairmen**

- Hans-Christian Deter- Charité Berlin
- Adrienne Stauder- Institute of Behavioral Sciences, Semmelweis University Budapest
- Kristina Orth-Gomér- Stockholm

This symposium will summarize new developments in the field of cardiovascular psychosomatic and behavioural medicine. We will report on the effect on psycho social intervention in depressed or anxious patients from Germany, Lithuania and Sweden. C Albus will present first results of the SPIRR-CAD study, M.Beresnavaite will summarize results of the Lithuanian intervention study, H.C. Deter will summarize gender effects in the Berlin Anxiety Trial and K. Orth-Gomér will discuss the results of interventions, their usefulness and implementation. We will discuss these kind of studies according to different mechanism and different factors of influence.

a) C.Albus, Cologne: A stepwise psychotherapy intervention to reduce risk in coronary artery disease (SPIRR-CAD)- A randomised controlled multicentre trial

b) M.Beresnavaite, Kaunas: Stress intervention peculiarities during the economical crisis years in CHD patients

c) M.Beresnavaite, Benetis Ra, Rasinskiene Sb: The factors associated with improving of quality of life in psychological rehabilitation and usual care groups of patients after cardiac surgery

d) P.Balog, Budapest: Stress in CHD-patients in Eastern Europe
c) H.C. Deter, Berlin: Do women fare better than men in a psychosocial interventions for patients with Coronary Heart Disease – the Berlin Anxiety Trial (BAT)?

f) K. Orth-Gomér, Stockholm: What makes the clinical intervention trial successful?

g) Purebl György, Budapest: Changing concepts of CHD’s psychological correlates. Old wines in new bottles or new wines in the old ones?

Hera Room, 11:00-12:30

11. PSYCHOCARDIOLOGY

I.B. IAMANDESCU- Medical Pharmacy University Carol Davila, Bucharest

Laurentiu NEDELCU-

a) New trends in psychocardiology
MD, Phd, Psychol. Ioan Bradu IAMANDESCU Medical Pharmacy University Carol Davila, Bucharest

b) New direction of Psychosomatic Research in Hypertension
Laurentiu Nedelcu- Transilvania University Brasov
Liliana Rogozea- Transilvania University Brasov

c) Anger-in and hostility in myocardial infarction patients
Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götaland, Sweden

d) The adherence to treatment of cardiovascular patients
Ioana Cioca- University of Medicine and Pharmacy “Carol Davila”, Bucharest, Romania

e) Physician and patient relationship in cardiology particular aspects
LILIANA VERONICA DIACONESCU- UNIVERSITY OF MEDICINE AND PHARMACY “DR. CAROL DAVILA” BUCHAREST
12. CHALLENGES IN TRANSPLANT PSYCHIATRY - THE 2014 UPDATE

Chairman
Paula Zimbrench- Yale University, USA

Objectives: At the end of this symposium the attendees will be able to describe:
1. The components of the psychiatric evaluation of high risk transplant candidates
2. The ethical challenges of evaluation altruistic organ donors
3. The risks and benefits of using lithium for in the transplantation setting
4. The psychiatric aspects of congenital liver diseases in children and adolescents

Presentations:

a) When your gut says “no” and the tests say “yes”.
Silvia Hafliger, M.D. Assistant Clinical Professor, Columbia University College of Physicians and Surgeons, New York, USA

b) Altruistic kidney donation-new challenges for the psychiatrist in the Internet era
Swapna Vaidya, M.D. Director Psychosomatic Fellowship Program St Luke’s –Roosevelt Hospital, (Member of Mount Sinai Health System), Assistant Professor Psychiatry, Icahn School of Medicine, New York, USA

c) The use of Lithium the organ transplantation setting: from mood stabilization to bone marrow stimulation
Paula Zimbrench, M.D. Assistant Professor Yale University, Director Transplant Psychiatry, Yale New Haven Hospital, New Haven, CT USA

d) Psychiatric aspects of congenital liver disease in children and adolescents: pre and post liver transplant management.
Orna Alpert, MD.-Children Hospital of Philadelphia (CHOP), Clinical Instructor Yale University; Paula Zimbrench, M.D. Assistant Professor Yale University, New Haven, USA
13. CLINICAL-BASED RESEARCH ON COMPLEXITY: APPLICATION OF THE INTERMED METHOD

Chairmen

Silvia Ferrari- University Of Modena & Reggio Emilia, Modena, Italy

Annette Boenink- Free University Medical Centre Amsterdam, The Netherlands

INTERMED is a method to assess biopsychosocial case complexity and a screening instrument to identify patients with multiple care needs. It is based on an interview, brief and easy to use, that can be conducted by different health care professionals. Various studies in the last 12 years have confirmed its face-validity and reliability as a clinimetric tool. It can be used for clinical aims, to support integrated care, but also for training and research scopes, especially within CLP contexts, since it contributes to inter-disciplinary communication and has a pragmatic, clear-cut structure.

Its structure, possible applications, limitations and strengths will be described in the presentation. The symposium will then offer examples of clinical application of the INTERMED method: one is the ongoing study on the self-assessment version of the instrument, IMSA; preliminary results of this multicentric international study will be presented and discussed; a contribution about how to deal with complex patients, and potentialities of the INTERMED method in this, will be also offered; and finally applications of the use of INTERMED in dealing with transplant patients will be reported, as result of another multicentric research project promoted by the INTERMED working group.

Participants to the symposium are expected to learn about the theory and clinical-research applications of the INTERMED method.

a) What is INTERMED? (introduction to the symposium Clinical-based research on complexity: application of the INTERMED method), MD, Phd Annette BOENINK- Vumc University Medical Centre Amsterdam

b) Progress with the INTERMED Self-Assessment (IMSA) Study: from European to international; Steven FRANKEL, J. BOURGEOIS, A. GHIDONI, C. PIEMONTE, S. PADERNI, S. FERRARI (San Francisco, USA/ Modena, Italy)

c) The use of the INTERMED in the evaluation of organ transplant patients; Wolfgang SOELLNER (Department of Psychosomatic Medicine and Psychotherapy, General Hospital Nuremberg, and Tumor-centre Erlangen-Nuremberg, Germany), Elena LOBO Germany (Department of Preventive Medicine and Public Health, Zaragoza University and Biomedical Research Network on Mental Health (CIBERSAM), Zaragoza, Spain), Gundula LUDWIG, Fritz STIEFEL (both Department of Liaison Psychiatry, Lausanne University Hospital, Lausanne, Switzerland)

d) The INTERMED Self-Assessment Study: Europe; Silvia FERRARI, Modena, Italy
Stress is a state of complex psychophysiological activation that serves the adaptation of the organism to various situations and challenges.

Chronic stress can result in psychological and somatic symptoms that are at the beginning „functional”. People turning to the health care system with “functional symptoms” still very often don’t get the necessary help, although these symptoms might turn to psychiatric (depression, anxiety disorders, addiction or eating disorders), neurological (headache, vertigo), musculoskeletal (chr. back pain), cardiovascular (hypertonia, coronaria disease) or other “somatic” disorders.

C-L psychiatry and psychosomatic medicine meet behavioral medicine to fill this gap in the care of clients suffering from stress-related symptoms. To prevent the chronicisation and the aggravation of these symptoms the identification of the problem, the psychoeducation of the clients, and interventions improving their coping strategies are essentials. The framework for the implementation of these interventions is still not clearly defined and needs further development.

In the present symposium we discuss some key elements of this problem. The presentations will clarify the connection between psychosomatic symptoms and the major sources of stress: work, family, dysfunctional communication and maladaptive coping strategies. The presenters from the Central and Eastern European region will discuss the manifestation of these problems at different levels: international, national, professional, family and intrapsychic level; and effective interventions will also be suggested.

We invite the participants of the symposium to discuss the current tasks in this field and the possibilities for more extensive implementation of the stress management interventions.

The length of each presentation would be 10-12 minutes, to leave time for interactive discussion at the end of the symposium.

a) Burnout and its correlates in health professionals
Adriana Baban1, Florina Spanu1, Dan L. Dumitrascu2,
1Babeș-Bolyai University, Cluj-Napoca, Romania
2University of Medicine and Pharmacy “Iuliu Hatieganu”, Cluj-Napoca, Romania
b) Work stress and psychosomatic symptoms in a Hungarian representative survey  
Adrienne Stauder, Gyöngyvér Salavecz  
Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

c) Professional stress and cardiovascular risk  
Laura Poanta, Dan Lucian Dumitrascu  
Second Departement of Internal Medicine, UMF Iuliu Hatieganu, Cluj Napoca, Romania

d) Alexithymia, perceived stress, perceived social support and burnout at physicians attending end-of-life cases: the impact of Balint work.  
Ovidiu Popa-Velea, University of Medicine and Pharmacy „Carol Davila”, Bucharest  
Faculty of Medicine, Department of Medical Psychology

e) Family stress and family therapy in eating disorders  
Ferenc Túry, Gábor Szényei  
Institute of Behavioural Sciences, Semmelweis University, Budapest, Hungary

f) Distorted attachment organizations and the marital crisis in Hungary in the frame of developmental psychosomatics  
Imre Lázár, Szilvia Csóka - Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Discussion: Opportunities and difficulties in the management of stress related psychosomatic symptoms.

The new journal of the Central East-European Society of Behavioral Medicine (CEESBM):

“Central and East European Journal of Medical Humanities” will be also introduced at the symposium.
15. PSYCHO-NEURO-ALLERGOLOGY

Chairmen

I.B. IAMANDESCU- Carol Davila Medical Pharmacy University , Bucharest
Liliana Veronica Diaconescu- Carol Davila Medical Pharmacy University , Bucharest

a) Urticaria and angioedema with psychogenic triggers.
Ioan Bradu IAMANDESCU- Carol Davila Medical Pharmacy University , Bucharest

b) Drug allergic reactions and distress vulnerability
LILIANA VERONICA DIACONESCU- UNIVERSITY OF MEDICINE AND PHARMACY "Dr. CAROL DAVILA" BUCHAREST

c) The psychosomatic implications of allergic rhinitis
Ioana Cioca- University of Medicine and Pharmacy “Carol Davila” Bucharest, Romania
Ioan Bradu Iamandescu- University of Medicine and Pharmacy “Carol Davila” Bucharest, Romania

d) Psychosomatic aspects for anaphylactic shock
Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götaland, Sweden

e) Psychiatric comorbidities in bronchial asthma
Psych Maria NICOARA, Dr. Gh. Preda Psychiatry Hospital, Sibiu
**Objective** Team-oriented interventions in Consultation/Liaison (CL) psychiatry, targeting all health care professionals (HCP) involved in patient care are key elements when aiming to ascertain patient-centred care, both within the Liaison and the Integrated Care approach.

Generally speaking, team-oriented interventions (TOI) aim to enhance HCP’s professional and interpersonal skills, agency and self-efficacy. TOI cover a wide range of measures; from education, teaching/training, multidisciplinary case discussions and ward rounds, to case discussion, supervision, coaching (individual and group format) and providing support to HCP.

As to the applicability and appropriateness of these various measures, the particular structure and organisational framework (e.g. hospital, home care) need to be considered, as are heterogeneous requirements according to medical specialty (e.g. transplant-, burn, emergency and intensive care unit, radiation treatment), to the particular setting (In-patient care, out-patient facilities) and to the emotional patient-centred challenges posed on HCP.

**Methods**/content used in the Symposium: In this symposium, short input lectures from different perspectives will present an overview on the current state of research and on clinical experience, followed by an interactive goal-oriented discussion, based on case examples and authors’ experience while including participants’ requests, thus enabling participants to integrate TOI in their CL practice adequate to their specific conditions.
17. CULTURALLY ADAPTED PSYCHIATRIC AND PSYCHOSOMATIC TREATMENT STRATEGIES- EXPERIMENTS AND EXPERIENCES

Chairmen

Dr. Nusrat Hussain - University of Manchester, United Kingdom
Dr. Ilaria Tarricone - University of Bologna, Italy

People with migrational backgrounds are known have reduced access to psychiatric and psychosomatic care. This is a global problem of increasing importance in times globalization. Worldwide there are a lot of attempts to address this issue. The following symposium of the EAPM Special Interest Group "Cultural CL Psychiatry and Psychosomatics" aims to feature European projects and developments on this important field of mental health care.

a) Silvia Ferrari/ Ilaria Tarricone (ITA): “Psychotic migrants: challenges for the CL psychiatrist”

b) Valjbona Preljevic (NOR): "Cross cultural collaboration for better global mental health: strategies and experiences from a Norwegian- Nepalese collaborative project"

c) Javier Garcia Campayo (ESP): "Computer-assisted psychotherapies: a cross-cultural perspective"

d) Ronald Burian/ Thi Minh Tam Ta/ Eric Hahn/ Albert Diefenbacher (GER): "Outpatient Psychiatric and Psychosomatic Interventions for Vietnamese Patients Living in Berlin/Germany"
Atlas 2 Room, 16:00- 17:30

18. Psychonephrology: enhancing well-being and improving quality of life of patients with chronic kidney disease

Chairmen

Prof. Dr. Marta Novak, MD, PhD. Associate Professor, University of Toronto, Toronto, Canada and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Objectives:
1. To provide an overview of quality of life and psychosocial issues of patients with chronic kidney disease (CKD);
2. To identify potentially modifiable factors to improve quality of life and enhance well-being of patients with CKD, including sleep and psychotherapies to facilitate coping;
3. To present exercise and rehabilitation programs developed for patients with CKD.

Chronic kidney disease is a progressive, life-threatening illness that imposes a significant disease burden and impairs quality of life. When CKD progresses to end-stage renal disease, renal replacement therapies (dialysis or transplantation) are needed for the survival of the patient. Kidney transplantation also presents unique psychological and social challenges.

In the symposium, we will be discussing mental health related and psychosocial issues, which impact well-being and quality of life of patients with CKD. We will also review how various mental health interventions could contribute to improve quality of life and decrease illness intrusiveness of CKD and dialysis/transplantation. The symposium will also provide a brief review of research in the field of exercise rehabilitation of individuals with CKD, a historical review of various initiatives of clinical assessment of physical activity as well as the implementation of counseling and exercise programs. We will also include a presentation of the successful KEEP (Kidney Exercise and Education Program) in Calgary.

Presenters:
Istvan Mucsi, MD, PhD. Associate Professor
University of Toronto, Toronto, Canada
and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Marta Novak, MD, PhD. Associate Professor, University of Toronto, Toronto, Canada and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Stefan Mustata, MD Assistant Professor, University of Calgary, Canada, Rockyview General Hospital, Calgary, Canada
19. PSYCHOSOCIAL ASPECTS OF TRANSPLANTATION MEDICINE - BODY IMAGE, IDENTITY AND SYMPTOMS

Chairmen

Frank Vitinius- Department Of Psychosomatics And Psychotherapy, University Hospital Of Cologne, Germany
Kathy Coffman- Department Of Psychosomatics And Psychotherapy, University Hospital Of Cleveland, USA

a) Body Image issues in organ donors and transplant organ recipients- a review of current evidence
Paula Zimbrenan, M.D. Assistant Professor of Psychiatry, Yale University, New Haven, USA

b) “How do I do normal, when I don’t know what normal is?” Patient anxiety and identity confusion post pancreatic transplantation.
Sue Jackson- University of the West of England, Bristol
Kate Gleeson- University of the West of England, Bristol
Richard M Smith- Richard Bright Renal Unit, North Bristol NHS Trust, Bristol

c) Psychosocial strain and adherence in allogeneic hematopoietic stem cell transplantation (HSCT) – cross-sectional data from a prospective study
Frank Vitinius, Simon Scherer, Christoph Scheid, Michael von Bergwelt-Baildon, Mareike Romünder, Birgitt Hein-Nau, Christian Albus

d) Evaluation for Renal Auto-transplantation for Multiple Renal Calculi or Loin Pain Hematuria Syndrome
Dr. Kathy COFFMAN- Cleveland Clinic, USA