

**SYNOPSIS FOR EAPM MEETING 2014**

<b>TIME</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>Time</b>
0800	Registration	Registration	Registration <b>WG and SIG morning sessions</b>	Registration <b>Parallel session 5</b>	0800 0830
0900	<b>Pre-conference meeting</b>	<b>Courses</b> <b>Executive Council meeting</b>	<b>PLENARY 3</b> (2 lectures)	<b>PLENARY 4</b> (2 lectures)	1015
1030	Break/exhibition	Break/exhibition	Break/exhibition		
1100	<b>Pre-conference meeting</b> continued	<b>Courses continued</b> <b>Joint Executive Council and</b> <b>Advisory Board meeting</b>	<b>Parallel sessions 2</b>		1125
1230			<b>WG and SIG lunch sessions</b> <b>JPR Board meeting</b>	<b>PLENARY 5</b> (2 lectures)	1145
1300		<b>Opening Address</b>			
1330	<b>Pre-conference meeting</b>	<b>PLENARY 1</b> (2 lectures)	<b>Parallel sessions 3</b>	<b>FINAL PLENARY:</b> <b>Poster Awards, Closing</b> <b>Ceremony</b>	1300
1400	continued				1400
1430				Snack and refreshments	1330
1500	Break/exhibition	Break/exhibition	Break/exhibition		1500
1530	<b>Pre-conference meeting</b>	<b>Parallel sessions 1</b>	<b>Poster session 2</b>	<b>Ev. cultural/historical</b> <b>program</b> (ticketed events)	1530
1600	continued				1600
1630			<b>Parallel sessions 4</b>		1630
1700	<b>Special lecture</b>	<b>Poster session 1</b>			1700
1730					1730
1800		<b>PLENARY 2: Award lecture</b> (Frits Huyse Award)			1800
1830		<b>Welcome reception (Ramada</b>			1830
1900		<b>Hotel)</b>			1900
1930		<b>EAPM General Assembly</b>	<b>Conference Dinner</b>		1930
2000			Hilton Sibiu Hotel		2000
2030			(ticketed event)		2030
2100					2100

<b>Wednesday 25<sup>th</sup> June</b>  Timeline	<b>General Topic</b>	<b>Atlas 1 Meeting Room up to 250 participants</b>	<b>Atlas 2 Meeting Room up to 250 participants</b>	<b>Gamma Meeting Room up to 50 participants</b>
<b>08:00</b>	<b>Registration (Foyer)</b>			
<b>09:00-10:30</b>	Pre-conference meeting 1	<b>Romanian Society of Psychosomatic Medicine Annual Meeting (part 1)</b> Speakers: Dan L. DUMITRASCU, Paul J. PORR, Ioan B. IAMANDESCU, Adriana BABAN, Ovidiu POPA  <i>Psyche versus Soma: about Body-Soul relationship in western culture an history of a paradigm shift</i>		
<b>10:30-11:00</b>	<b>Coffee-break</b>			
<b>11:00-12:30</b>	Pre-conference meeting 2	<b>Romanian Society of Psychosomatic Medicine Annual Meeting (part 2)</b> Speakers: Dan L. DUMITRASCU, Paul J. PORR, Ioan B. IAMANDESCU, Adriana BABAN, Ovidiu POPA		
<b>12:30-13:30</b>	<b>Lunch – break / Exhibition</b>			
<b>13:30-15:00</b>	Pre-conference meeting 3	Symposium 1: <b>Culture bound aspects and multidisciplinary approach of anxiety and depression</b> Chair: Ioana MICLUTIA, Diana DUDEA (Romania)	Symposium 2: <b>Psychiatric disorders and psychosomatic illness</b> Chair: Ovidiu POPA-VELEA (Romania) M.IORDACHE (Romania)	<b>Romanian Balint Association Annual Meeting (part 1)</b> What is Balintianism? Balint Fishbowl Speakers: Holger LUX (Romania), Eniko BUTYKA (Romania)
<b>15:00-15:30</b>	<b>Coffee-break</b>			
<b>15:30-17:00</b>	Pre-conference meeting 4	15:30-16:15 <b>Psychosomatic functioning of individuals in evolutionary perspective, new understanding of depression.</b> Bohdan WASILEWSKI (Poland) <i>(up to 50 participants)</i> 16:15-17:00 <b>The therapeutic function of dreams</b>	Symposium 3: <b>CEEPUS network on psychosomatic medicine: achievements and perspectives</b> Chair: Dan L. DUMITRASCU, Adriana BABAN (Romania)	<b>Romanian Balint Association Annual Meeting (part 2)</b> What is Balintianism? Balint Fishbowl Speakers: Holger LUX (Romania), Eniko BUTYKA (Romania)

		Théo LEYDENBACH (France)		
17:00-17:30	Special lecture	<b>The 7 illnesses of the spirit</b> Speaker: TBA		

<b>Thursday 26<sup>th</sup> June</b>	<b>General Topic</b>	<b>Atlas 1 Meeting Room up to 250 participants</b>	<b>Atlas 2 Meeting Room up to 250 participants</b>	<b>Hera – Amphitheater up to 175 participants</b>	<b>Alfa Meeting Room up to 70 participants</b>	<b>Beta Meeting Room up to 80 participants</b>	<b>Gama Meeting Room up to 50 participants</b>
<b>Timeline</b>							
<b>08:00</b>	<b>Registration (Foyer)</b>						
<b>09:00-10:30</b>	Courses/ /Workshops	<p>Symposium 4: 09:00-09:50 <b>Affect Regulation underpinnings of the Doctor-patient relationship</b> Ramiro VERISSIMO (Portugal) <i>(up to 50 participants)</i></p> <p>09:50-10:30 <b>Basic research in affective disorders</b> Aurel Popa (Romania) <i>(up to 50 participants)</i></p>	<p><b>Course 1 : Operationalized Psychodynamic Diagnostics</b> (part 1) Gudrun SCHNEIDER (Germany) <i>(up to 50 participants)</i></p>	<p><b>Course 2: Standardization of assessment in transplantation medicine</b> Frank VITINIUS (Germany)</p> <p><b>Addiction and Liver Transplantation-review of current evidence</b> Paula ZIMBREAN, (USA)</p> <p><b>Predictive value of the psychosocial assessment before liver transplantation</b> Gabor GAZDAG (Hungary) <i>(up to 50 participants)</i></p> <p>(part 1)</p>	<p><b>Course 3: Differential diagnosis of "Somatoform symptom disorder" (Somatization disorder) in C-L practice.</b> (part 1) Ulrik Fredrik MALT (Norway) <i>(up to 50 participants)</i></p>	<p><b>Course 4: 09:00-09:45 Overcoming difficulties in medical practice: the role of Balint conception</b> (part 1) Bohdan WASILEWSKI (Poland) Théo LEYDENBACH (France) <i>(up to 50 participants)</i> Program of the Workshop:</p> <p>09.45-10.30 <b>Overcoming difficulties in medical practice: the role of doctor-patient relation.</b> Moderators: B. Wasilewski, T. Leydenbach</p>	<b>Executive Council Meeting</b>
<b>10:30-11:00</b>	<b>Coffee-break</b>						
<b>11:00-12:30</b>	Courses/	<b>Free Paper Session</b>	<b>Course 1 :</b>	<b>Course 2:</b>	<b>Course 3:</b>	<b>Course 4:</b>	<b>EAPM Advisory</b>

	/Workshops	<b>I: PSYCHOSOMATIC ACROSS THE WORLD</b> Chair: Peter CSEPE (Hungary), Herbert MENZEL (Germany)	<b>Operationalized Psychodynamic Diagnostics</b> Gudrun SCHNEIDER (Germany) (part 2)	<b>Standardization of assessment in transplantation medicine</b> Frank VITINIUS (Germany)  <b>Addiction and Liver Transplantation- review of current evidence</b> Paula ZIMBREAN, (USA)  <b>Predictive value of the psychosocial assessment before liver transplantation</b> Gabor GAZDAG (Hungary)  (part 2)	<b>Differential diagnosis of "Somatoform symptom disorder" (Somatization disorder) in C-L practice.</b> (part 2) Ulrik Fredrik MALT (Norway)	11:00-11:45 <b>Overcoming difficulties in medical practice: the role of Balint conception</b> (part 2) Bohdan WASILEWSKI (Poland) Théo LEYDENBACH (France)  11.45-12.30 <b>The limits for the application of Balint groups as a tool for the support of medical practice and the practice of psychotherapy.</b> Moderator: B. Wasilewski	<b>Board Meeting</b>
<b>12:30-13:00</b>	<b>Lunch – break / Exhibition</b>						
<b>13:00-13:30</b>	<b>OPENING CEREMONY</b> Speakers: Wolfgang SOLLNER, Dan L. DUMITRASCU, Paul J. PORR, Local authorities						
<b>13:30- 15:00</b>	<b>Plenary Session 1</b> <b>Psychosomatics in the elderly population</b> Keynote speakers: Karl-Heinz LADWIG (Munich, Germany), Joris SLAETS (Groningen, The Netherlands)						
<b>15:00-15:30</b>	<b>Coffee-break</b>						
<b>15:30-17:00</b>	Parallel Session 1	Symposium 5: <b>Music therapy</b> Chair: Ioan. B. IAMANDESCU, Luiza AVRAM (Romania)	Course 1 : <b>Operationalized Psychodynamic Diagnostics</b> (part 3) Gudrun SCHNEIDER (Germany)	Symposium 6: <b>Clinical Guidelines for MUS / Bodily distress and somatoform disorders in Europe</b>	Symposium 7: <b>The implication of psychosomatic medicine in disease prevention programs</b> Chair: Irina BRUMBOIU,	Symposium 8: <b>Sociocultural and Family Influences in Eating Disorders</b> Chair: Oltea JOJA (Romania), Joern VON	<b>Free paper Session II: BASIC RESEARCH IN PSYCHOSOMATIC MEDICINE</b> Chair: Guillaume AIRAGNES

				Chair: Per Klausen Fink (Denmark), Peter HENNINGSEN (Germany)	Valentina TZANEVA, Ioan BOCSAN (Romania)	WIETERSHEIM (Germany)	(France), Dirk VON BOETTICHER (Germany)
17:00-18:00	Poster Session 1 (Foyer)						Symposium 9: Psychosomatics: an European challenge Chair: Thomas LOEW (Austria)
18:00-18:30	Plenary Session 2 FRITS HUYSE AWARD LECTURE						
18:30-19:30	Welcome reception: drinks and canapés (restaurant Ramada Hotel)						
19:30-21:00	EAPM General Assembly						

<b>Friday 27<sup>th</sup> June</b>  Timeline	<b>General Topic</b>	<b>Atlas 1 Meeting Room up to 250 participants</b>	<b>Atlas 2 Meeting Room up to 250 participants</b>	<b>Hera – Amphitheater up to 175 participants</b>	<b>Alfa Meeting Room up to 70 participants</b>	<b>Beta Meeting Room up to 80 participants</b>	<b>Gama Meeting Room up to 50 participants</b>
<b>08:00</b>	<b>Registration WG and SIG morning sessions</b>						
<b>09:00-10:30</b>	<b>Plenary Session 3</b>  <b>Brain-gut axis and the psychosomatics in gastroenterology</b> Keynote speakers: Douglas DROSSMAN (Chapel Hill, USA), Gabriele MOSER (Vienna, Austria)						
<b>10:30-11:00</b>	<b>Coffee-break</b>						
<b>11:00-12:30</b>	Parallel Session 2	<b>JOINT EAPM/ISBM SYMPOSIUM 10: Psychological symptoms, stress at work and in the family as a focus of interventions in coronary heart disease</b> Chair: Hans- Christian DETER (Germany) Adrienne STAUDER (Hungary) Kristina ORTH- GOMER (Sweden)	<b>Free Paper Session III: COMPREHENSIVE APPROACH OF PAIN</b> Chair: Anne – Francoise ALLAZ (Switzerland), Antonella CIARAMELLA (Italy)	Symposium 11: <b>Psychocardiolog y</b> Chair: Ioan. B. IAMANDESCU, Laurentiu NEDELCU (Romania)	Symposium 12: <b>Challenges in Transplant Psychiatry- the 2014 update</b> Chair: Paula ZIMBREAN (U.S.A.)	Symposium 13: <b>Clinical-based research on complexity: application of the INTERMED method</b> Chair: Silvia FERRARI (Italy), Annette BOENINK (The Netherlands),	<b>Free Paper Session IV: CARDIOLOGY</b> Chair: Christoph HERRMANN- LINGEN (Germany), Rui COSTA (Portugal)
<b>12:30- 13:30</b>	<b>WG and SIG Lunch Sessions / Exhibition</b>						
<b>13:30-15:00</b>	Parallel Session 3	<b>ISBM- CEESBM- EAPM JOINT SYMPOSIUM</b>	Symposium 15: <b>Psycho-neuro- allergology</b> Chair: Ioan B.	Symposium 16: <b>Team-oriented interventions in Consultation/Lia</b>	<b>Free Paper Session V HEALTH ANXIETY</b>	<b>JPR – Meet the Editor’s SESSION</b> Chair: Albert LEENTJENS	<b>Free Paper Session VI: CONSULTATIO N-LIAISON</b>

		<b>14: Psychosomatic symptoms and stress</b> Adrienne STAUDER (Hungary), Adriana BABAN (Romania)	IAMANDESCU, Liliana Veronica DIACONESCU (Romania)	<b>ision psychiatry to enhance patient-centered care</b> Chair: Monika KELLER (Germany), Josef JENEWEIN (Switzerland),	Chair: Roger Ho (Singapore), Anne WAND (Australia)		<b>WORK IN DIFFERENT CLINICAL FIELDS</b> Chair: Rebecca WOOD (Australia), Helene VULSER (France)
<b>15:00-15:30</b>	<b>Coffee-break</b>						
<b>15:30-16:30</b>	<b>Poster Session 2 (Foyer)</b>						
<b>16:30-18:00</b>	Parallel Session 4	Symposium 17: <b>Culturally Adapted Psychiatric and Psychosomatic Treatment Strategies- Experiments and Experiences</b> Chair: Nusrat HUSSAIN (United Kingdom), Ilaria TARRICONE (Italy)	Symposium 18:	Symposium 19: <b>Psychosocial aspects of transplantation medicine - body image, identity and symptoms</b> Chair: Frank VITINIUS (Germany), Kathy COFFMAN(USA )	<b>Free Paper Session VII:</b> <b>GASTROENTEROLOGY</b> Chair: Mladenka TKALCIC (Croatia), Roger HO (Singapore)	<b>Free Paper Session VIII:</b> <b>INTERVENTIONS IN THE FIELD OF C-L AND PSYCHOSOMATIC MEDICINE</b> Chair: Gregor LIEGL (Austria), Phillip TULLY (Australia)	<b>Free Paper Session IX:</b> <b>PSYCHIATRIC DISORDERS IN THE MEDICALLY ILL</b> Chair: Albert F.G. LEENTJENS (The Netherlands), Elspeth GUTHRIE (United Kingdom)
<b>19:30</b>	<b>Gala Dinner – Traditional Romanian Evening, Hilton Hotel</b>						

<b>Saturday 28<sup>th</sup> June</b>	<b>General Topic</b>	<b>Atlas 1 Meeting Room up to 250 participants</b>	<b>Atlas 2 Meeting Room up to 250 participants</b>	<b>Hera – Amphitheater up to 175 participants</b>	<b>Alfa Meeting Room up to 70 participants</b>	<b>Beta Meeting Room up to 80 participants</b>	<b>Gama Meeting Room up to 50 participants</b>
<b>Timeline</b>							
<b>08:00</b>	<b>Registration (Foyer)</b>						
<b>08:30-10:00</b>	Parallel Session 5	<b>Free Paper Session X: PSYCHOSOMAT IC DIAGNOSIS AND THERAPY</b> Chair: Bohdan WASILEWSKI (Poland), Olga ISACHENKOVA (Russia)	<b>Free Paper Session XI: SOMATOFORM DISORDERS</b> Chair: Gerhard SCHÜBLER (Austria), Francoise ALLAZ (Switzerland)	<b>Free Paper Session XII: TRANSPLANTAT ION</b> Chair: Gilbert LEMMENS (Belgium), Paula Zimbren (USA)	<b>Free Paper Session XIII: COMMUNICATI ON SKILLS TRAINING FOR MEDICAL STAFF</b> Chair: MONIKA KELLER (Germany), Cristina HOTOLEANU (Romania)	<b>Free Paper Session XIV: MISCELLANE OUS PART 1</b> Chair: Hsiao-Yu CHEN (Taiwan), Laurentiu NEDELUCU (Romania)	<b>Free Paper Session XV: MISCELLANE OUS PART 2</b> Chair: Thomas HYPHANTIS (Greece), Liliana ROGOZEA (Romania)
<b>10:15-11:25</b>	<b>JOINT EAPM-ICPM SESSION</b> How to approach patients with somatization effectively, Kyung BONG KOH (Korea) Psychiatric aspects of chronic pain that will be useful to the C-L psychiatrist, Jon STRELTZER (Hawaii, USA)						
<b>11:25-11:45</b>	<b>Coffee-break</b>						
<b>11:45-12:55</b>	<b>Plenary Session 4</b> <b>Psychosomatic Medicine and cultural change</b> Keynote speakers: Silvia FERRARI (Modena, Italy), Marta NOVAK (Budapest, Hungary/Toronto, Canada)						
<b>13:00-13:30</b>	<b>FINAL PLENARY</b> <b>Poster Award Ceremony, Closing Ceremony</b>						



## FREE PAPER PARALLEL SESSIONS EAPM 2014

**THURSDAY, 26<sup>th</sup> of June**

**Atlas 1 Room, 11:00-12:30**

### **1. PSYCHOSOMATIC ACROSS THE WORLD**

**Chair: Peter CSEPE, Herbert MENZEL**

127. Self-perception in dental esthetics - A study in two ethnic groups; Alexandru GRECU GRATIAN, Ioana CIUTRILA, Jean-Francois LASSERRE, Horatiu COLOSI, Bogdan CULIC, Diana DUDEA (Romania)

135. Depression and CVD-related risk factors in various Roma ethnic subgroups in Hungary; Peter CSEPE (Hungary)

127. Helsinki City Finland, Health and Social Department, Liaison psychiatry and substance abuse special services; Lea LAITANEN-JUSLIN (Finland)

90. The German model of Education in Psychosomatic Medicine a Psychotherapy - The role of Psychotherapy: what is the difference in Psychosomatic Medicine and Psychiatry; Herbert MENZEL (Germany)

N6. Accentuated personality traits in patients with functional dyspepsia, Svintsitsky, Anatoliy, Revenok Kateryna, Malyarov Sergiy, Korendovych, Iryna (Ukraine)

**Gamma Room, 15:30-17:00**

### **2. BASIC RESEARCH IN PSYCHOSOMATIC MEDICINE**

**Chair: Guillaume AIRAGNES, Dirk VON BOETTICHER**

48. Hostility influence depressive symptoms evolution after retirement; Guillaume AIRAGNES, C. LEMOGNE, F. LIMOSIN, M. ZINS, S. CONSOLI (France)

61. Attachment styles in patients with chronic skin diseases in Hungary; Csanád SZABÓ, Anita ALTMAYER, Lajos KEMENY, Florence DALGARD (Hungary)

23. Somatic and depressive symptoms in first generation (FG) Vietnamese and German outpatients with Depression; Tam Thi Minh TA (Germany)

87. Towards an anthropological conception of emotions in psychosomatic medicine; Dirk VON BOETTICHER (Germany)

99. On the use of conceptual research for psychosomatic medicine in a world of rapid cultural change; Dirk VON BOETTICHER (Germany)

N10. The benefits of using patient-reported outcomes in cancer treatment, Gerhard Rumpold (Austria)

**FRIDAY, 27<sup>th</sup> of June**

**Atlas 2 Room, 11:00-12:30**

**3. COMPREHENSIVE APPROACH OF PAIN**

**Chair: Anne – Françoise ALLAZ , Antonella CIARAMELLA**

37. Is pain-related perceived injustice a specific entity in chronic pain patients? Anne-Françoise ALLAZ (Switzerland)
91. Changes in Pain, Pain Identity, and Self-rated Health among Adults with Chronic Pain before and after Treatment with Spinal Cord Stimulation; Yael BENYAMINI (Israel)
42. The Structured Phenomenological Hypnotic Protocol (SPHP) for treatment of chronic pain. Case reports; Antonella CIARAMELLA, P. MICCO, M. ROSSI, S. ROSSI (Italy)
46. Role of expectations in experiencing pain and discomfort during colonoscopy; Cristina POJOGA (Romania)
28. Acceptance and Commitment Therapy (ACT) for severe chronic pain: a short-term multidisciplinary psycho educational group treatment; Kees Jan VAN DER BOOM (Netherlands)
100. Additional psychosomatic education reduces emotional stress of general practitioners during the treatment of patients with somatoform disorders; Markus BOECKLE (Austria)

**Gamma Room, 11:00-12:30**

**4. CARDIOLOGY**

**Chair: Christoph HERRMANN-LINGEN, Rui COSTA**

19. Interoceptive awareness and resting heart rate variability in women; Rui COSTA (Portugal)
70. Symptom dimensions of depression following myocardial infarction and cardiovascular prognosis: An individual patient data meta-analysis; Ricardo DE MIRANDA AZEVEDO (Netherlands)
16. Subjective well-being and hypertension: Effects of diagnostic labeling, antihypertensive medication and actual blood pressure; Christoph HERRMANN-LINGEN, Marvin OLEWINSKI, Alexandra BOESE, Frank EDELMANN, Thomas MEYER, Rolf WACHTER (Germany)
68. Heart rate variability and professional stress in physicians: gender differences; Laura Irina POANTA (Romania)
82. Mental health status in patient with Coronary heart disease; Reza SOLTANI SHAL (Iran)

**Alfa Room, 13:30-15:00**

**5. HEALTH ANXIETY**

**Chair: Roger HO, Anne WAND**

18. Anxiety Disorders, Sleep Quality and Quality of Life among HIV--infected patients; Sol DURAND (Mexico)
2. Prevalence of depressive and anxiety symptoms in patients with inflammatory bowel diseases: a systemic review, meta-analysis and meta-regression; Roger HO (Singapore)
69. Romanian culture specific expression and psychological impact of anxiety; Ioana MICLUTIA (Romania)
11. Premorbid and postmorbid onset panic disorder in treatment seeking heart failure patients: psychiatric comorbidity and subsequent hospital admission use; Phillip TULLY (Australia)
30. Outcome of cognitive behavior therapy for patients with severe health anxiety treated in groups. A RCT protocol (The CHAG-Trial); Mathias SKJERNOV, Brian FALLON, Per Fink DMsc, Ulf SOEGAARD, Erik SIMONSEN (Denmark)

**Gamma Room, 13:30-15:00**

**6. CONSULTATION-LIAISON WORK IN DIFFERENT CLINICAL FIELDS**

**Chair: Rebecca WOOD, H el ene VULSER**

149. The role of Liaison Psychiatry and Psychosomatic Units as an entry point to the treatment of addictions; Antonio CAMPAYO (Spain)
137. Study on the correlation between psychological disorders, clinical and biological parameters and the evolution of patients with Philadelphia negative - chronic myeloproliferative neoplasms (PnCMN); Romeo-Gabriel MIH AIL A (Romania)
53. What can we learn from the psychiatric consultations of violent suicide attempters? Roz alia TAK ACS (Hungary)
51. Psychiatric sequelae consecutive to intraoperative awareness under general anesthesia: about three cases; H el ene VULSER (France)
20. Timeliness of referral to Consultation Liaison Psychiatry and Length of Stay: A comparison according to age; Rebecca WOOD (Australia)

**Alfa Room, 16:00-17:30**

**7. GASTROENTEROLOGY**

**Chair: Mladenka TKALCIC, Paul PORR**

113. Functional dyspepsia assessment in patients from a single medical center from Oradea, ROMANIA; Ovidiu FRATILA (Romania)

106. Irritable Bowel Syndrome and Magnesium Supplementation-therapy; Paul Jurgen PORR (Romania)

125. Role of anger and coping mechanism in patients with irritable bowel syndrome; Mihaela FADGYAS STĂNCULETE (Romania)

52. Biological and psychological determinants of health related quality of life in irritable bowel syndrome patients; Mladenka TKALCIC (Croatia)

158. IBD patients' personality and Health-Related Quality-of-Life; Ramiro Verrisimo (Portugal)

**Beta Room, 16:00-17:30**

**8. INTERVENTIONS IN THE FIELD OF C-L AND PSYCHOSOMATIC MEDICINE**

**Chair: Gregor LIEGL, Philip TULLY**

22. Psychiatric and Psychosomatic Outpatient Interventions for Vietnamese Patients Living in Berlin/Germany; Ronald BURIAN (Germany)

143. Influence of depression, expectation of therapy effectiveness, and self-efficacy on the treatment outcome in patients with multiple somatic symptoms (MSS); Gregor LIEGL (Austria)

157. The treatment of resistant, chronic, headaches and facial pain patients in a comprehensive multidisciplinary, mind-body clinic; Amnon MOSEK, Ahron ALEXANDROVITZ, Andy AYLON, Hani BAUM, Marina DANO, Judy FARCHI, Evelin FARKASH, Yigal GLIKSMAN, Judith HEYD, Zippi HYBLOOM, Ynon LERNER, Israel LEVI, Roberto MITELPUNKT, Orly MIZRACHI, Nir SALAME, David YOEL (Israel)

12. A dynamic view of comorbid depression and generalized anxiety disorder symptom change in chronic heart failure: effects of cognitive behavioral therapy, exercise rehabilitation, and drug treatment; Phillip TULLY; (Australia)

159. Conversion Disorder, A Review Through the Prism of the Rational-Choice Theory of Neurosis; Jacov ROFE (Israel)

N20. Male cancer patients over 60 – do they accept and participate in psychooncological interventions and what are the results?, Gudrun SCHNEIDER, Birgit KROPFF, Sandra GZELLA, Michael UNRATH (Germany)

**Gamma Room, 16:00-17:30**

**9. PSYCHIATRIC DISORDERS IN THE MEDICALLY ILL**

**Chair: A.F.G. LEENTJENS, Elspeth GUTHRIE**

124. Predictors of depression and anxiety: a follow-up study of patients starting chemotherapy; Graça CARDOSO (Portugal)

94. The relationship between mental health and use of urgent care in patients with long term medical conditions; the findings from a 5 year program grant; Elspeth GUTHRIE (United Kingdom)
67. Predictors of response to antidepressant treatment in depressed patients with Parkinson's disease; A.F.G. LEENTJENS (Netherlands)
85. Poststroke depression: mechanisms, translation and therapy ; Aurel POPA-WAGNER (Germany)
17. The interactive effects of personality on the relationship between social support and depression in adults with hemodialysis; Shu-Chuan Jennifer YEH, Ying-Ying LO (Taiwan)
- N9. Temporal dynamics of emotional avoidance in patients with anorexia nervosa during inpatient treatment – results from a longitudinal diary study, Esther STROE-KUNOLD, Daniela WESCHE, Hans-Christoph FRIEDERICH, Wolfgang HERZOG, Beate WILD (Germany)

**SATURDAY, 28<sup>th</sup> of June**

**Atlas 1 Room, 10:00-11:30**

**10. PSYCHOSOMATIC DIAGNOSIS AND THERAPY**

**Chair: Bohdan WASILEWSKI, Olga ISACHENKOVA**

138. The role of TNF- inhibitors in psychiatric comorbidities in psoriasis: Literature review; Andreea Codruta BOTIS (Romania)
132. The impact of a cognitive-behavioral intervention on the relapse rate of type 2 diabetes depressive patients; Melina IORDACHE, Ioana CIOCA, Ovidiu POPA-VELEA (Romania)
25. On the problem of the efficacy of psychotherapy in diabetic foot ulcer patients; Olga ISACHENKOVA (Russia)
15. Making decisions for the treatment of anxiety and depression in the perinatal period; Anne P.F. WAND (Australia)
75. Psychosomatic functioning of individuals in evolutionary perspective; Bohdan WASILEWSKI (Poland)
- N17. Can specific health-related memories aid symptom management in Chronic Fatigue Syndrome/ME and Asthma? Iana ALEXEEVA, Maryanne MARTIN (Great Britain)

**Atlas 2 Room, 10:00-11:30**

**11. SOMATOFORM DISORDERS**

**Chair: Gerhard SCHÜBLER, Saskia VAN BROECKHUYSEN**

34. Do Medically Unexplained Symptoms increase risk of loss of labor market attachment? A 5 year prospective study with register based outcomes; Katja LOENGAARD (Denmark)
65. Somatic and cognitive symptoms as indicators of potential endophenotypes in bipolar spectrum disorders; Hans LÖVDAHL, Erlend BØEN, Eva MALT, Ulrik MALT (Norway)
81. Chronic pelvic Pain (men) chronic prostatitis Prostatodynia a meta-analysis; Gerhard SCHÜBLER (Austria)
45. Implicit and explicit negative affect and emotional awareness in patients with severe somatoform disorder; Saskia VAN BROECKHUUSEN (Netherlands)
- N7. Secrets that are hidden within the emotions and soul revealed via the body, Yigal GLIKSMAN (Israel)

**Hera Room, 10:00-11:30**

**12. TRANSPLANTATION**

**Chair: Gilbert LEMMENS, Paula ZIMBREAN**

66. Congenital Hepatitis C in the Transplant Setting: Challenges for Transplant Psychiatry; Orna ALPERT (US)
6. Facial transplantation in a blind patient: Psychological, marital and family outcomes at 15 months follow-up; Gilbert LEMMENS (Belgium)
89. Factors associated to complexity of patients evaluated for inclusion in orthotopic liver transplantation: a retrospective study; Silvia FERRARI, Chiara PIEMONTE (Italy)
133. Psychological adjustment after lung transplantation; Annina Julia SEILER (Switzerland)
44. Laxatives or diuretics misuse in liver transplant recipients; Paula ZIMBREAN (US)

**Alfa Room, 10:00-11:30**

**13. COMMUNICATION SKILLS TRAINING FOR MEDICAL STAFF**

**Chair: Monika KELLER, Cristina HOTOLEANU**

77. Negative Rumor Contagion of a Psychiatric Department; Robert BOTA (US)
29. Physicians communication skills from patient's perspective; Cristina HOTOLEANU (Romania)
153. The internet informed patient and his communication with physician; Ioan Bradu IAMANDESCU (Romania)
39. Development and evaluation of a Four-Habits-based communication training for German General Practitioners (CoTrain trial); Frank VITINIUS (Germany)

64. Primary biliary cirrhosis a stigmatizing diagnosis term? A qualitative study; Inka WAHL, Andreas FEIGE, Stefanie WILKE, Christina WEILER-NORMANN, Matthias ROSE, Ansgar W. LOHSE, Bernd LOWE, Christoph SCHRAMM (Germany)

**Beta Room, 10:00-11:30**

**14. MISCELLANEOUS PART 1**

**Chair: Hsiao-Yu CHEN, Laurentiu NEDELUCU**

24. Improving self-perception and self-efficacy in client with spinal cord injury: the efficacy of DVD-based instruction; Hsiao-Yu CHEN (Taiwan)

41. Panic spectrum and autonomic dysfunction in chronic pain patients: the impact on drug side effects; Antonella CIARAMELLA, P. POLI (Italy)

148. School - based weight - related problems prevention program in adolescents. Long-term effects on sedentary behaviors and physical activity; Paola ESPINOZA GUZMÁN (Spain)

27. First episode psychosis among migrants in Italy (PEP-Ita Study): preliminary results from Modena; Silvia FERRARI (Italy)

95. Assessment Methods of the Somatization Process Related to the Nurses with Risk of Developing Burnout Syndrome; Simona GRIGORESCU, Laurentiu NEDELUCU, Liliana ROGOZEA (ROMANIA)

N22. Placebo and hypnosis taken seriously! Joannes MERTENS, (The Netherlands)

**Gamma Room, 10:00-11:30**

**15. MISCELLANEOUS PART 2**

**Chair: Thomas HYPHANTIS, Liliana ROGOZEA**

26. The influence of the current recession on mental health and quality of life in people with chronic medical conditions seeking urgent care in Greek Accident and Emergency Departments; Thomas HYPHANTIS (Greece)

134. The benefit of self-help groups during and after inpatient psychosomatic treatment; Katharina LAUMEN, Michael LANGENBACH (Germany)

116. Insights on postpartum mood: why childbirth is associated with depression and mixed feelings? Anda MURESAN-MADAR (Romania), Adriana BABAN (Romania)

102. The Assessment of the Stress Level of the Medical Personnel from a Psychiatry Ward; Liliana ROGOZEA, Dan CONSTANTIN, Simona GRIGORESCU, Laurentiu NEDELUCU (Romania)

101. Impact of Collaborative Care on PCPs Confidence and Clinical Practice towards depression: a randomized controlled trial; Cecilia SIGHINOLFI (Italy)

N21. How do older patients' resources change in inpatient psychotherapy? , Gudrun SCHNEIDER, Alexandra KATI, Astrid STUMPF, Gereon HEUFT (Germany)

# SYMPOSIA PARALLEL SESSIONS EAPM 2014

WEDNESDAY, 25<sup>th</sup> of June

Atlas 1 Room, 13:30-15:00

## 1. CULTURE BOUND ASPECTS AND MULTIDISCIPLINARY APPROACH OF ANXIETY AND DEPRESSION

**Chairmen**

Prof. Dr. Ioana Miclutia- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

Prof Dr Diana Dudea- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

Associate Professor Dr. Maria Crsian- University Of Medicine And Pharmacy "Iuliu Hatieganu" Cluj-Napoca, Romania

**Purpose:** to emphasize culture specific and different approaches of anxiety and depression in some somatic diseases, who seem to be from diverse spectra, apparently without any obvious connection.

**Methodological procedures:** Anxiety and depression are investigated in the following somatic diseases: digestive disorders and some specific invasive procedures, breast cancer women, postmenopausal women, persons to whom a bronchoscopic procedure is performed, dermatological diseases which may be triggered by life events, and the most typically expression of anxiety symptoms in Romanian patients. Tools: psychometrical scales, which assess the severity and dynamic of anxiety (STAI-S, STAI-T) and depression (HAM-A, BDI) were applied as other scales exploring global functioning, quality of life.

**Results:** Although the domains of the recorded studies are diverse, the degree and type of anxious/depressive complaints and their dynamics may be a common link. Correlations between the severity of anxiety/depression and the gravity of the somatic disease as well as the personal impact of these comorbidities will be explored..

**Discussion:** Psychometric tools that assess anxiety and/or depression are quit simple to apply, do not require special training, are time sparing and offer also the opportunity for a more adequate multidisciplinary approach.

**Conclusion:** Psychological and psychotherapy management of some somatic diseases should not be overlooked, being considered as relevant and important. There is mandatory to outline the culture specific expression of anxiety and depression in diverse somatic disorders.



**Atlas 2 Room, 13:30-15:00**

## **2. PSYCHIATRIC DISORDERS AND PSYCHOSOMATIC ILLNESS**

**Chairman**

Dr. Ovidiu Popa – Velea- University Of Medicine And Pharmacy “Carol Davila” – Bucharest

- a) Psychosomatic diseases in academic settings: investigating coping strategies for the early detection of risk (L.Diaconescu et al.)
- b) Psychological variables correlated with the onset of psychosomatic disorders in youngsters (I.Cioca et al.)
- c) Psycho-socio-cultural and genetic predictors for the occurrence of somatoform complaints in children (C.Truțescu et al.)
- d) Early indicators of body image disorders in psychosomatic adolescent outpatients (O.Popa-Velea et al.)
- e) The impact of a cognitive-behavioral intervention on the relapse rate of type 2 diabetes depressive patients (M.Iordache et al.)
- f) Approach of medically unexplained somatic disorders in the pediatric population - experiences in a local community (M.Câmpean et al.)

**Atlas 2 Room, 15:30-17:00**

## **3. CEEPUS NETWORK ON PSYCHOSOMATIC MEDICINE: ACHIEVEMENTS AND PERSPECTIVES**

**Chairmen**

Dan L. Dumitrascu- Iuliu Hatieganu University of Medicine and Pharmacy Cluj-Napoca

Adriana Baban- Babes-Bolyai University, Cluj-Napoca

The CEEPUS network on psychosomatic medicine RO 0016 is the single international network on this topic in Central and East Europe. Linking Austria and postcommunist Balkan and East European countries, this is a mini ERASMUS project. It allows exchanges of teaching staff, PhD students and students between participating centers from Romania, Croatia, Hungary, Austria, Bulgaria, Moldavia, Poland, Albania, Bosnia.

As several partners of this project will meet by EAPM in Sibiu, we will offer the opportunity to discuss about achievements and future initiatives of this international regional network.

Discussants and lecturers will be beside the two chairpersons, Mladenka Tkalcic from Croatia, Valentina Tzaneva from Bulgaria, Laurentiu Nedelcu from Brasov and any other interested person.

**THURSDAY, 26<sup>th</sup> of June**

**Atlas 1 Room, 09:00-10:30**

#### **4. AFFECT REGULATION UNDERPINNINGS OF THE DOCTOR-PATIENT RELATIONSHIP**

Ramiro Verissimo<sup>(\*)</sup>

<sup>(\*)</sup> Medical Psychology — University of Porto Faculty of Medicine, Porto (Portugal)

Medical specialization, while an absolute need after the exponential growth of medical knowledge, came to hinder the holistic approach required to adequately deal with the psycho-behavioural aspects involved both in health and disease. And that is an aspect that lays stress on the absolute need of a 'psychosomatic approach'.

In other words, changes in health care delivery underscore the need for physicians, and primary care physicians in particular, to assume responsibility for prompt "global" diagnosis, for, at least, the initial treatment, as well as to ensure that patients have access to appropriate medical services in order to maximize the clinical outcome.

And this simply stresses the huge importance of training, not only on the affective dimension of the doctor-patient relationship, but also on the idiosyncrasies of the individual patient, in what concerns his affect regulation ability; in order to properly deal with its implications in terms of health and disease while conducting the clinical/therapeutic interview. In fact, logotherapy essentially relies upon the ability to communicate, and many difficulties that stand out during the clinical interventions arise precisely from the patient difficulty to communicate feelings. Thus the valuable significance of an update also involving the neural circuitry of affect regulation, since present time research comes to suggest different ways to approach intervention for vulnerable populations at-risk of faulty regulation.

## **5. MUSIC THERAPY SYMPOSIUM**

### **Chairmen**

I.B. IAMANDESCU- Carol Davila Medical Pharmacy University ,Bucharest

Luiza AVRAM- National Music University Bucharest

#### **a) Music diagnosis - A new useful method in psychotherapy for psychosomatic patients**

I.B. IAMANDESCU - Carol Davila Medical Pharmacy University ,Bucharest

#### **b) Psycho - somatic virtues of singing together (for Music therapy round table)**

Carmen Luize AVRAM- National Music University Bucharest

Piano Professor- National Music University Bucharest

#### **c) The antialgic effect of music in dental patients**

Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götaland, Sweden

#### **d) The influence of classic music on the glycemic level in type 2 diabetic patients**

Ioana CIOCA- University Of Medicine And Pharmacy "Carol Davila" Bucharest, Romania

#### **e) Somatic impact and neurovegetative effects of music**

Liliana Veronica DIACONESCU - University of Medicine and Pharmacy "Dr. Carol Davila" Bucharest

**Hera Room, 15:30-17:00**

**6. THE EAPM BODILY DISTRESS / MEDICALLY UNEXPLAINED SYMPTOMS INTEREST GROUP**

**TITLE: CLINICAL GUIDELINES FOR MUS / BODILY DISTRESS AND SOMATOFORM DISORDERS IN EUROPE**

**Chairmen: Per Fink & Peter Henningsen**

Peter Henningsen, DE: The German clinical guidelines for somatoform disorders.

Tim Olde Hartmann, NL: The Dutch clinical guidelines for MUS.

Per Fink, DK: The Danish clinical guidelines for functional symptoms and disorders.

Elsbeth Guthrie, UK: The English guidelines for MUS (she has not accepted yet, and I'm not sure if the guidelines will be ready at that time).

After the presentation we will have a discussion of the European implications of the guidelines – should we work for common guidelines or?

## **7. THE IMPLICATION OF PSYCHOSOMATIC MEDICINE IN DISEASES PREVENTION PROGRAMS**

### **Chairmen**

Associate Professor Irina Brumboiu- Iuliu Hatieganu University Of Medicine And Pharmacy Cluj-Napoca, Romania

Associate Professor Valentina Tzaneva- Iuliu Hatieganu University Of Medicine And Pharmacy Cluj-Napoca, Romania

Associate Professor Ioan Bocsan- Iuliu Hatieganu University Of Medicine And Pharmacy Cluj-Napoca, Romania

The health of a population can be ensured by application of prevention programs. For having efficiency in preventive programs, there are harmoniously combined the medical intervention with aspects regarding social relations, the cultural particularities, managerial capacities and technological availability.

For the preventive programs at populational level, the responsibility is huge because of great number of person subjected to the preventive measure and for moment we haven't medical intervention without any side effects. These issues compels to making efforts to select the programs with the higher benefits and without or the lowest possible risk.

Professor Ioan Bocsan will present the roll and importance of the epidemiology in utilization of the preventive programs and in the interdisciplinary relationship.

Assoc. prof. Dr. Valentina Tzaneva, having a practical activity centered on nosocomial infections surveillance, she will present aspects of psychosomatic medicine in the development and transmission of strains of bacteria with resistance to antibiotics.

Dr. Ioan Muresan, a family doctor describes the difficulties encountered in the practice of vaccination and aspects about vaccine acceptance by the population that he currently attends.

Dr. Radu Coman addresses issues concerning prostate cancer screening strategies and the complexity of interactions between factors that maximize the efficiency and reduce at minimum the risks.

Assoc. prof. Irina Brumboiu highlights the individual and populational impact of possible negative consequences of populational preventive programs and the importance of the results of the assessment in the coordination of public health interventions.

### **a) Is epidemiology a visible tool in preventive interdisciplinary interventions?**

Ioan Stelian Bocsan -The Iuliu Hatieganu University of Medicine and Pharmacy, Cluj-Napoca, Romania

### **b) The rising antimicrobial resistance in the intensive care unit and the psychologic aspects of this problem**

Valentina Tzaneva- Trakia University

H.Djeneva- Medical Faculty Stara Zagora Bulgaria

E.Kostadinova- University Hospital, Stara Zagora, Bulgaria

**c) Successes and failures in clinical practice of family physician**

Ioan Muresan - Family Medicine Clinic, Cluj Napoca

**d). Particularities of a prostate cancer screening**

Radu Coman- “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania

**e) The individual and community impact of the results of the assessment of the preventive program in the light of psychosomatic medicine**

Irina Brumboiu- Department of Epidemiology Iuliu Hatieganu, University of Medicine and Pharmacy, Cluj-Napoca, Romania

## 8. SOCIOCULTURAL AND FAMILY INFLUENCES IN EATING DISORDERS

Chairmen

Oltea Joja- C.I.Parhon National Institute Of Endocrinology, Titu Maiorescu University Bucharest  
Joern Von Wietersheim- Department Of Psychosomatic Medicine And Psychotherapy, Ulm University

Eating Disorders, such as Anorexia Nervosa (AN) and Bulimia Nervosa (BN), have become one of the leading causes of disability among adolescent and adult young women, showing increasing prevalence in countries which are progressively exposed to the Western ideal of thinness. Weight and shape concerns are now defining not only eating disorders but they also became part of a life-style program, particularly for female adolescents and young women. Cultural models for explaining eating disorders' pathogenesis consider as risk factor the exposure to the thin ideal and its internalization, correlated to weight and shape concerns, body dissatisfaction, and to discrepancies between the self and the ideal. Researchers focused upon body image distortions as a precursor and predictor for developing eating disorders, herein leading to extended studies on adolescent and young female population, as well as to cross-cultural comparisons.

The present symposium will highlight these preoccupations through some extended studies: the research of Kotic and Bulian is analyzing weight concerns, body dissatisfaction and social pressure among female students in Croatia; the study of Baban and Taut is exploring psycho-somatic symptoms correlated to weight and body image among Romanian adolescents, and the cross-cultural study of Raich et al. is contributing with data concerning body image in four countries: Chile, México, Portugal and Spain. The presentations on clinical research will focus upon Bulimia Nervosa patients, for an extended model of pathogenesis implying attachment patterns and family environments, with the German study of von Wietersheim et al., and a cross cultural comparison of eating attitudes in Romanian vs. German female students, differentiating specific traits of an underweight risk group, with Joja et al.

### a) Thinness and Eating Attitudes among Romanian Students in Comparison to German Students and Anorexia Nervosa Patients

Oltea Joja\*, Cristina Nanu\*\*, Jörn von Wietersheim\*\*

\* National Institute of Endocrinology C.I.Parhon, Bucharest,

\*\* Babes-Bolyai University, Cluj-Napoca

\*\*\*Department of Psychosomatic Medicine and Psychotherapy University of Ulm, Germany

### b) Body Image in adolescents of Chile, México, Portugal and Spain.

Raich, R.M.\*, Francisco, R.\*\*\*, Espinoza, P.\*, González, M.\*, Gutiérrez, T.\*, Mora, M.\*, Munguía, L.\*, Penelo, E.\*\*, Roses, R.\*

\*Departament de Psicologia Clínica i de la Salut. Universitat Autònoma de Barcelona. Spain.

\*\*Laboratori d'Estadística Aplicada. Departament de Psicobiologia i Metodologia de les Ciències de la Salut, Universitat Autònoma de Barcelona, Spain

\*\*\*Faculdade de Psicologia, Universidade de Lisboa. Portugal.

**c) Body mass index, social comparison, perception and body dissatisfaction as predictors of weight loss control in adolescent female**

Matea Mrakovčić Kosić, Alessandra Pokrajac-Bulian

Department of Psychology, Faculty of Humanities and Social Sciences, University of Rijeka, Croatia

**d) Attachment in Adult Attachment Projective Test episodes and family relations of patients with bulimia nervosa and healthy controls**

Jörn von Wietersheim, Kathrin Holzinger, Xiaorong Zhou, Dan Pokorny

Department of Psychosomatic Medicine and Psychotherapy, Ulm University

**e) Body image, unhealthy weight control and psycho-somatic symptoms among Romanian adolescents**

Adriana Baban, Diana Taut

Babes-Bolyai University, Cluj-Napoca

**Gamma Room, 17:00-18:00**

**9. PSYCHOSOMATICS: AN EUROPEAN CHALLENGE**

**Chairmen**

Prof.Thomas Loew, University of Regensburg, Germany and Doz. Dr.med.Christian Fazekas, Graz, Austria

with contributions from

Arturs Ancans

Riga Stradins University

University Clinic of Psychosomatic Medicine and Psychotherapy

Kapseļu iela 23

LV-1046 Riga

Latvia

Prof.Thomas Loew,



Prof. Dr. med. Thomas Loew  
Head of the Department of Psychosomatics at the  
University Clinic Regensburg and the  
Center of Psychosomatic Medicine and Psychotherapy, Donaustauf  
Franz-Joseph-Strauß-Allee 11  
D-93053 Regensburg  
Germany

Doz. Dr.med.Christian Fazekas,

University Clinic for Medical Psychology and Psychotherapy

Corporate Institution of clinical Psychosomatics  
Auenbruggerplatz 2/8  
8036 Graz  
Austria

Presenting 3 Papers:

### **Arturs Ancans**

Psychosomatic health – Challenge and Opportunity

Mental health is defined as a state of well-being in which: Every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, is able to make a contribution to her or his community. Mental health is central to human development (WHO) and better physical health: Higher educational achievement, enhanced productivity and earnings, improved interpersonal relationships, better parenting, closer social connections, improved quality of life, we have to see from new perspective, it is more than psychiatry, it determines physical health. It is time for a specialized Psychosomatic approach.

### **Thomas H. Loew and Laura Cojocar**

How much Psychosomatics needs Europe and what the AEPM could account for it

The internet presence of Psychosomatic Medicine in the OECD-countries is presented. Aspects of individual, interactive, interventional and institutional settings in the clinical field. The Bavarian situation as an example is referred. Anchor points are Curiosity, Medical Students Programs, Physician`s Basic Training, Inpatient-Concepts, Outpatient – Models, Guidelines / Science, Economical Models, Quality Assurance Programs, Specialist`s Training Concepts and Political Argumentations. Conclusions: Physicians must learn psychosomatic skills. We need Psychosomatic Medicine in inpatient and outpatient-treatment, day-clinics and special settings.

### **Christian Fazekas**

The AEPM Curriculum of basic Psychosomatic medicine theory

Based on the PsyDiploma Concept of Austrian Medical Chamber and the German Psychosomatic Basic Care Model a 40 units theory curriculum is presented: Biopsychosocial concept of illness. Somatization. Formation of symptoms. Doctor – patient relationship. Basics of doctor patient communication and consultation. Transference. Contr – transference. Psychosomatic as „difficult” patient. Functional psychosomatic disturbances (vegetative distony. Cardiac neuroses. Syndrome of hyperventilation. Functional disturbances of the gastro – intestinal tract). Biographic case history. Basics in mental health. Life span development and crises. Crisis intervention and crisis care in the doctor’s office. It is combined with Balint group experience of 30 and refelected practice and patient-doctor-interaction of 10 units.

**FRIDAY, 27<sup>th</sup> of June**

**Atlas 1 Room, 11:00-12:30**

**10. JOINT EAPM/ISBM SYMPOSIUM: PSYCHOLOGICAL SYMPTOMS, STRESS AT WORK AND IN THE FAMILY AS A FOCUS OF INTERVENTIONS IN CORONARY HEART DISEASE**

**Chairmen**

Hans-Christian Deter- Charité Berlin

Adrienne Stauder- Institute of Behavioral Sciences, Semmelweis University Budapest

Kristina Orth-Gomér- Stockholm

This symposium will summarize new developments in the field of cardiovascular psychosomatic and behavioural medicine. We will report on the effect on psycho social intervention in depressed or anxious patients from Germany, Lithuania and Sweden. C Albus will present first results of the SPIRR-CAD study, M.Beresnavaite will summarize results of the Lithuanian intervention study, H.C. Deter will summarize gender effects in the Berlin Anxiety Trial and K. Orth-Gomér will discuss the results of interventions, their usefulness and implementation. We will discuss these kind of studies according to different mechanism and different factors of influence.

- a) C.Albus, Cologne: **A stepwise psychotherapy intervention to reduce risk in coronary artery disease (SPIRR-CAD)- A randomised controlled multicentre trial**
- b) M.Beresnavaite, Kaunas: **Stress intervention peculiarities during the economical crisis years in CHD patients**
- c) M.Beresnavaite, Benetis Ra, Rasinskiene Sb: **The factors associated with improving of quality of life in psychological rehabilitation and usual care groups of patients after cardiac surgery**
- d) P.Balog, Budapest: **Stress in CHD-patients in Eastern Europe**

- e) H.C.Deter, Berlin: **Do women fare better than men in a psychosocial interventions for patients with Coronary Heart Disease – the Berlin Anxiety Trial (BAT)?**
- f) K.Orth-Gomér, Stockholm: **What makes the clinical intervention trial succesful?**
- g) Purebl György, Budapest: **Changing concepts of CHD's psychological correlates. Old wines in new bottles or new wines in the old ones?**

**Hera Room, 11:00-12:30**

## **11. PSYCHOCARDIOLOGY**

I.B. IAMANDESCU- Medical Pharmacy University Carol Davila ,Bucharest

Laurentiu NEDELCU-

### **a) New trends in psychocardiology**

MD, Phd, Psychol. Ioan Bradu IAMANDESCU Medical Pharmacy University Carol Davila, Bucharest

### **b) New direction of Psychosomatic Research in Hypertension**

Laurentiu Nedelcu- Transilvania University Brasov

Liliana Rogozea- Transilvania University Brasov

### **c) Anger-in and hostility in myocardial infarction patients**

Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götaland, Sweden

### **d) The adherence to treatment of cardiovascular patients**

Ioana Cioca- University of Medicine and Pharmacy “Carol Davila”, Bucharest, Romania

### **e) Physician and patient relationship in cardiology particular aspects**

LILIANA VERONICA DIACONESCU- UNIVERSITY OF MEDICINE AND PHARMACY "Dr. CAROL DAVILA" BUCHAREST

**12. CHALLENGES IN TRANSPLANT PSYCHIATRY- THE 2014 UPDATE**

**Chairman**

Paula Zimbreaan- Yale University, USA

Objectives: At the end of this symposium the attendees will be able to describe:

1. The components of the psychiatric evaluation of high risk transplant candidates
2. The ethical challenges of evaluation altruistic organ donors
3. The risks and benefits of using lithium for in the transplantation setting
4. The psychiatric aspects of congenital liver diseases in children and adolescents

Presentations:

**a) When your gut says “no” and the tests say “yes”.**

Silvia Hafliger, M.D. Assistant Clinical Professor, Columbia University College of Physicians and Surgeons, New York, USA

**b) Altruistic kidney donation-new challenges for the psychiatrist in the Internet era**

Swapna Vaidya , M.D. Director Psychosomatic Fellowship Program St Luke’s –Roosevelt Hospital, (Member of Mount Sinai Health System), Assistant Professor Psychiatry , Icahn School of Medicine, New York, USA

**c) The use of Lithium the organ transplantation setting: from mood stabilization to bone marrow stimulation**

Paula Zimbreaan, M.D. Assistant Professor Yale University, Director Transplant Psychiatry, Yale New Haven Hospital, New Haven, CT USA

**d) Psychiatric aspects of congenital liver disease in children and adolescents: pre and post liver transplant management.**

Orna Alpert, MD.-Children Hospital of Philadelphia (CHOP), Clinical Instructor Yale University; Paula Zimbreaan, M.D. Assistant Professor Yale University, New Haven, USA

### **13. CLINICAL-BASED RESEARCH ON COMPLEXITY: APPLICATION OF THE INTERMED METHOD**

#### **Chairmen**

Silvia Ferrari- University Of Modena & Reggio Emilia, Modena, Italy

Annette Boenink- Free University Medical Centre Amsterdam, The Netherlands

INTERMED is a method to assess biopsychosocial case complexity and a screening instrument to identify patients with multiple care needs. It is based on an interview, brief and easy to use, that can be conducted by different health care professionals. Various studies in the last 12 years have confirmed its face-validity and reliability as a clinimetric tool. It can be used for clinical aims, to support integrated care, but also for training and research scopes, especially within CLP contexts, since it contributes to inter-disciplinary communication and has a pragmatic, clear-cut structure.

Its structure, possible applications, limitations and strengths will be described in the presentation. The symposium will then offer examples of clinical application of the INTERMED method: one is the ongoing study on the self-assessment version of the instrument, IMSA; preliminary results of this multicentric international study will be presented and discussed; a contribution about how to deal with complex patients, and potentialities of the INTERMED method in this, will be also offered; and finally applications of the use of INTERMED in dealing with transplant patients will be reported, as result of another multicentric research project promoted by the INTERMED working group.

Participants to the symposium are expected to learn about the theory and clinical-research applications of the INTERMED method.

- a) What is INTERMED? (introduction to the symposium Clinical-based research on complexity: application of the INTERMED method), MD, Phd Annette BOENINK- Vumc University Medical Centre Amsterdam
- b) Progress with the INTERMED Self-Assessment (IMSA) Study: from European to international; Steven FRANKEL, J. BOURGEOIS, A. GHIDONI, C. PIEMONTE, S. PADERNI, S. FERRARI (San Francisco, USA/ Modena, Italy)
- c) The use of the INTERMED in the evaluation of organ transplant patients; Wolfgang SOELLNER (Department of Psychosomatic Medicine and Psychotherapy, General Hospital Nuremberg, and Tumor-centre Erlangen-Nuremberg,, Germany), Elena LOBO Germany (Department of Preventive Medicine and Public Health, Zaragoza University and Biomedical Research Network on Mental Health (CIBERSAM), Zaragoza, Spain), Gundula LUDWIG, Fritz STIEFEL (both Department of Liaison Psychiatry, Lausanne University Hospital, Lausanne, Switzerland)
- d) The INTERMED Self-Assessment Study: Europe; Silvia FERRARI, Modena, Italy

#### 14. PSYCHOSOMATIC SYMPTOMS AND STRESS. ISBM-CEESBM-EAPM JOINT SYMPOSIUM

##### Chairmen

Adrienne Stauder- Institute Of Behavioral Sciences, Semmelweis University Budapest

Adriana Baban- Babeş-Bolyai University, Cluj-Napoca, Romania

Stress is a state of complex psychophysiological activation that serves the adaptation of the organism to various situations and challenges.

Chronic stress can result in psychological and somatic symptoms that are at the beginning „functional”. People turning to the health care system with “functional symptoms” still very often don’t get the necessary help, although these symptoms might turn to psychiatric (depression, anxiety disorders, addiction or eating disorders), neurological (headache, vertigo), musculoskeletal (chr. back pain), cardiovascular (hypertonia, coronaria disease) or other “somatic” disorders.

C-L psychiatry and psychosomatic medicine meet behavioral medicine to fill this gap in the care of clients suffering from stress-related symptoms. To prevent the chronicisation and the aggravation of these symptoms the identification of the problem, the psychoeducation of the clients, and interventions improving their coping strategies are essentials. The framework for the implementation of these interventions is still not clearly defined and needs further development.

In the present symposium we discuss some key elements of this problem. The presentations will clarify the connection between psychosomatic symptoms and the major sources of stress: work, family, dysfunctional communication and maladaptive coping strategies. The presenters from the Central and Eastern European region will discuss the manifestation of these problems at different levels: international, national, professional, family and intrapsychic level; and effective interventions will also be suggested.

We invite the participants of the symposium to discuss the current tasks in this field and the possibilities for more extensive implementation of the stress management interventions.

The length of each presentation would be 10-12 minutes, to leave time for interactive discussion at the end of the symposium.

##### **a) Burnout and its correlates in health professionals**

Adriana Baban<sup>1</sup>, Florina Spanu<sup>1</sup>, Dan L. Dumitrascu<sup>2</sup>,

<sup>1</sup>Babeş-Bolyai University, Cluj-Napoca, Romania

<sup>2</sup>University of Medicine and Pharmacy “Iuliu Hatieganu”, Cluj-Napoca, Romania

**b) Work stress and psychosomatic symptoms in a Hungarian representative survey**

Adrienne Stauder, Gyöngyvér Salavec

Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

**c) Professional stress and cardiovascular risk**

Laura Poanta, Dan Lucian Dumitrascu

Second Departement of Internal Medicine, UMF Iuliu Hatieganu, Cluj Napoca, Romania

**d) Alexithymia, perceived stress, perceived social support and burnout at physicians attending end-of-life cases: the impact of Balint work.**

Ovidiu Popa-Velea, University of Medicine and Pharmacy „Carol Davila”, Bucharest

Faculty of Medicine, Department of Medical Psychology

**e) Family stress and family therapy in eating disorders**

Ferenc Túry, Gábor Szényei

Institute of Behavioural Sciences, Semmelweis University, Budapest, Hungary

**f) Distorted attachment organizations and the marital crisis in Hungary in the frame of developmental psychosomatics**

Imre Lázár, Szilvia Csóka - Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Discussion: Opportunities and difficulties in the management of stress related psychosomatic symptoms.

The new journal of the Central East-European Society of Behavioral Medicine (CEESBM):

“Central and East European Journal of Medical Humanities” will be also introduced at the symposium.

## 15. PSYCHO-NEURO-ALLERGOLOGY

### Chairmen

I.B. IAMANDESCU- Carol Davila Medical Pharmacy University ,Bucharest

Liliana Veronica Diaconescu- Carol Davila Medical Pharmacy University ,Bucharest

#### **a) Urticaria and angioedema with psychogenic triggers.**

Ioan Bradu IAMANDESCU- Carol Davila Medical Pharmacy University ,Bucharest

#### **b) Drug allergic reactions and distress vulnerability**

LILIANA VERONICA DIACONESCU- UNIVERSITY OF MEDICINE AND PHARMACY "Dr. CAROL DAVILA" BUCHAREST

#### **c) The psychosomatic implications of allergic rhinitis**

Ioana Cioca- University of Medicine and Pharmacy "Carol Davila" Bucharest, Romania

Ioan Bradu Iamandescu- University of Medicine and Pharmacy "Carol Davila" Bucharest, Romania

#### **d) Psychosomatic aspects for anaphylactic shock**

Drd. Alexandru Chiu- PhD student, psychiatry resident doctor and psychologist, Hospital NÄL, Departament of psychiatry, Trollhättan, Västra Götaland, Sweden

#### **e) Psychiatric comorbidities in bronchial asthma**

Psych Maria NICOARA, Dr. Gh. Preda Psychiatry Hospital, Sibiu



## 16. TEAM-ORIENTED INTERVENTIONS IN CONSULTATION-LIAISON PSYCHIATRY TO ENHANCE PATIENT-CENTRED CARE

### Chairmen

Monika Keller- Dept. of General Internal Medicine and Psychosomatic Medicine; University Hospital Heidelberg, Germany

Josef Jenewein- Dept. of Psychosocial Medicine; University Hospital Zurich, Switzerland

Wolfgang Söllner- Dept. of Psychosomatic Medicine and Psychotherapy; General Hospital Nuremberg, Germany

Barbara Stein- Dept. of Psychosomatic Medicine and Psychotherapy; General Hospital Nuremberg, Germany

Frank Vitinius- Dept. of Psychosomatic Medicine; University Hospital Cologne, Germany

**Objective Team**-oriented interventions in Consultation/Liaison (CL) psychiatry, targeting all health care professionals (HCP) involved in patient care are key elements when aiming to ascertain patient-centred care, both within the Liaison and the Integrated Care approach.

Generally speaking, team-oriented interventions (TOI) aim to enhance HCP's professional and interpersonal skills, agency and self-efficacy. TOI cover a wide range of measures; from education, teaching/training, multidisciplinary case discussions and ward rounds, to case discussion, supervision, coaching (individual and group format) and providing support to HCP.

As to the applicability and appropriateness of these various measures, the particular structure and organisational framework (e.g. hospital, home care) need to be considered, as are heterogeneous requirements according to medical specialty (e.g. transplant-, burn, emergency and intensive care unit, radiation treatment), to the particular setting (In-patient care, out-patient facilities) and to the emotional patient-centred challenges posed on HCP.

**Methods**/content used in the Symposium: In this symposium, short input lectures from different perspectives will present an overview on the current state of research and on clinical experience, followed by an interactive goal-oriented discussion, based on case examples and authors' experience while including participants' requests, thus enabling participants to integrate TOI in their CL practice adequate to their specific conditions.

**17. CULTURALLY ADAPTED PSYCHIATRIC AND PSYCHOSOMATIC TREATMENT STRATEGIES- EXPERIMENTS AND EXPERIENCES**

**Chairmen**

Dr. Nusrat Hussain- University of Manchester, United Kingdom

Dr. Iliaria Tarricone- University of Bologna, Italy

People with migrational backgrounds are known have reduced access to psychiatric and psychosomatic care. This is a global problem of increasing importance in times globalization. Worldwide there are a lot of attempts to address this issue. The following symposium of the EAPM Special Interest Group "Cultural CL Psychiatry and Psychosomatics" aims to feature European projects and developments on this important field of mental health care.

- a) Silvia Ferrari/ Iliaria Tarricone (ITA): "Psychotic migrants: challenges for the CL psychiatrist"
- b) Valjbona Preljevic (NOR): "Cross cultural collaboration for better global mental health: strategies and experiences from a Norwegian- Nepalese collaborative project"
- c) Javier Garcia Campayo (ESP): "Computer-assisted psychotherapies: a cross-cultural perspective"
- d) Ronald Burian/ Thi Minh Tam Ta/ Eric Hahn/ Albert Diefenbacher (GER): "Outpatient Psychiatric and Psychosomatic Interventions for Vietnamese Patients Living in Berlin/Germany"

**18. Psychonephrology: enhancing well-being and improving quality of life of patients with chronic kidney disease**

**Chairmen**

Prof. Dr. Marta Novak, MD, PhD. Associate Professor, University of Toronto, Toronto, Canada and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

**Objectives:**

1. To provide an overview of quality of life and psychosocial issues of patients with chronic kidney disease (CKD);
2. To identify potentially modifiable factors to improve quality of life and enhance well-being of patients with CKD, including sleep and psychotherapies to facilitate coping;
3. To present exercise and rehabilitation programs developed for patients with CKD.

Chronic kidney disease is a progressive, life-threatening illness that imposes a significant disease burden and impairs quality of life. When CKD progresses to end-stage renal disease, renal replacement therapies (dialysis or transplantation) are needed for the survival of the patient. Kidney transplantation also presents unique psychological and social challenges.

In the symposium, we will be discussing mental health related and psychosocial issues, which impact well-being and quality of life of patients with CKD. We will also review how various mental health interventions could contribute to improve quality of life and decrease illness intrusiveness of CKD and dialysis/transplantation. The symposium will also provide a brief review of research in the field of exercise rehabilitation of individuals with CKD, a historical review of various initiatives of clinical assessment of physical activity as well as the implementation of counseling and exercise programs. We will also include a presentation of the successful KEEP (Kidney Exercise and Education Program) in Calgary.

**Presenters:**

Istvan Mucsi, MD, PhD. Associate Professor  
University of Toronto, Toronto, Canada  
and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Marta Novak, MD, PhD. Associate Professor, University of Toronto, Toronto, Canada and Institute of Behavioral Sciences, Semmelweis University Budapest, Hungary

Stefan Mustata, MD Assistant Professor, University of Calgary, Canada, Rockyview General Hospital, Calgary, Canada

**19. PSYCHOSOCIAL ASPECTS OF TRANSPLANTATION MEDICINE - BODY IMAGE, IDENTITY AND SYMPTOMS**

**Chairmen**

Frank Vitinius- Department Of Psychosomatics And Psychotherapy, University Hospital Of Cologne, Germany

Kathy Coffman- Department Of Psychosomatics And Psychotherapy, University Hospital Of Cleveland, USA

**a) Body Image issues in organ donors and transplant organ recipients- a review of current evidence**

Paula Zimbrea, M.D. Assistant Professor of Psychiatry, Yale University, New Haven, USA

**b) “How do I do normal, when I don’t know what normal is?” Patient anxiety and identity confusion post pancreatic transplantation.**

Sue Jackson- University of the West of England, Bristol

Kate Gleeson- University of the West of England, Bristol

Richard M Smith- Richard Bright Renal Unit, North Bristol NHS Trust, Bristol

**c) Psychosocial strain and adherence in allogeneic hematopoietic stem cell transplantation (HSCT) – cross-sectional data from a prospective study**

Frank Vitinius, Simon Scherer, Christoph Scheid, Michael von Bergwelt-Baildon, Mareike Romünder, Birgitt Hein-Nau, Christian Albus

**d) Evaluation for Renal Auto-transplantation for Multiple Renal Calculi or Loin Pain Hematuria Syndrome**

Dr. Kathy COFFMAN- Cleveland Clinic, USA