THURSDAY 4th July

08.00-9.00  Marquee/Lawn  Pre-conference registration

09.00-12.00  Drawing Room  EAPM Board Meeting

09.00-12.00  Pre-Conference Short Courses

09.00-12.00  Scientific Lecture Theatre  WORKSHOP A – Somatization Masterclass

An approach to treating somatization in primary care:
This course will provide information on the epidemiology and treatment of somatization within primary care systems.

Professor Wayne Katon MD, Professor, Vice-Chair, Director of Division of Health Services and Psychiatric Epidemiology, University of Washington Medical School, Seattle, USA

Dr Katon will describe three types of somatization including stress induced somatization, somatization secondary to anxiety and depressive disorders and chronic somatization often presenting as chronic pain. Approaches to each type of patient will be described based on clinical experience and randomized trials.

09.00-12.00  Paston Brown  WORKSHOP B – Psychotherapy in medically ill patients short course

Sanjeev Sockalingam, MD, FRCPC, Director, Bariatric Surgery Psychosocial Program Psychiatry Postgraduate, Coordinator

University Health Network Director of IMG Training Assistant, Professor, University of Toronto
In this clinically-oriented course, we will first review basic principles of psychopharmacology in the medically ill, including drug absorption, metabolism, excretion, and interactions with other drugs, followed by addressing a variety of questions such as:

What are the psychotropic alternatives for a patient who is unable to take drugs orally?

How much chronic renal risk does lithium carry?

Should psychiatric drugs be stopped before elective surgery?

Which medical drugs have been shown to increase suicidality?

How should psychiatric drug dosing be modified in patients who have had gastric bypass surgery?

How should psychosis be treated in Parkinson disease?

Dr Zaheer Yousef (Cardiff and Vale UHB – Cardiothoracica and Dr Robin Corkill (Cardiff and Vale UHB – Neurosciences)
By the end of this module we hope you will have gained an understanding of the core principles and processes designing guidelines for management of delirium, be able to note the evidence base for screening for delirium and have a knowledge of the evidence base for treatment of delirium.

Dr Tayyeb Tahir, Consultant Liaison Psychiatrist, Honorary Senior Lecturer, Dept. of Liaison Psychiatry, University Hospital of Wales, Cardiff

12.00-13.00 Marquee/Lawn Lunch and exhibition

12.00-13.00 Bamford/Skillicorn “EARLY CAREER” informal group meeting for delegates 40 years and under

13.00-15.00 Auditorium Opening address of inaugural EAPM Scientific Meeting

Professor Wolfgang Soellner

13.15-15.00 Auditorium PLENARY 1 Neuroimaging and Consultant Liaison Psychiatry/

Psychosomatic Medicine CHAIR: Dr Emma Weisblatt

13.15-13.40 Auditorium Normal brain development and its abnormalities in the developmental delay disorder of ADHD

Katya Rubia, Professor of Cognitive Neuroscience, Section Developmental Neuroimaging, Department of Child Psychiatry/SGDP, Institute of Psychiatry, King’s College London

13.40-14.15 Auditorium Imaging Pain and Relief in the Human Brain
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<tr>
<td>14.15-15.00</td>
<td>Auditorium/Main</td>
<td><strong>Neuroimaging (and beyond) in Conversion Disorder.</strong> Dr Mark J Edwards, Senior Lecturer and Honorary Consultant Neurologist, UCL Institute of Neurology and National Hospital for Neurology and Neurosurgery</td>
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<tr>
<td>15.00-15.30</td>
<td>Marquee</td>
<td>Refreshment break</td>
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<tr>
<td>15.30-17.00</td>
<td>Auditorium</td>
<td><strong>Parallel sessions</strong>&lt;br&gt;<strong>Somatization and affective disorders</strong>&lt;br&gt;<strong>CHAIRS:</strong> Professor Wayne Katon and Gerhard Schuessler&lt;br&gt;&lt;br&gt;<strong>Emotion and stress regulation in patients with somatoform and anxiety disorders – A RCT of mindfulness-based interventions</strong>&lt;br&gt;Andreas Remmel&lt;br&gt;&lt;br&gt;<strong>Predicting therapeutic outcome of patients with mental and psychosomatic disorders</strong>&lt;br&gt;Andreas Remmel&lt;br&gt;&lt;br&gt;<strong>Recognition of facial expression in somatoform patients: “mission impossible”?</strong>&lt;br&gt;Gerhard Schuessler, Thomas Beck&lt;br&gt;&lt;br&gt;<strong>Italian study on a collaborative care program for primary care attenders with depressive disorders</strong>&lt;br&gt;Marco Menchetti, Cecilia Sighinolfi, Claudia Nespeca, Vittorio Di Michele, Paolo Pelosi, Paolo Levantesi,</td>
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</tbody>
</table>
Symposium: Case Complexity: the Intermed method
CHAIRS: Frederic Stiefel and Silvia Ferrari
What is INTERMD
Frederic Stiefel
Complexity-Based Integrated Case Management to Augment Psychosomatic Medicine Outcomes
Roger Kathol, Cheri Lattimer, RN, BSN
The use of IM in research: the IM-SA Study
Sara Paderni, Gianmarco Corradini, Andrea Ghidoni, Chiara Piemonte, Angela Gentile, Silvia Ferrari
Symposium: Treatment of Chronic Fatigue Syndrome
CHAIRS: Peter D White and Michael Sharpe
Recovery from chronic fatigue syndrome after treatments given in the PACE trial
Peter D White
Cost-effectiveness and cost-utility of treatments given in the PACE trial for chronic fatigue syndrome
Paul McCrone
Mechanisms of change underlying the efficacy of cognitive behaviour therapy for chronic fatigue syndrome: a mediation analysis
Trudie Chalder
What are the lessons for psychological medicine from the PACE trial?
Michael Sharpe
Symposium: Obesity
CHAIRS: Sanjeev Sockalingam and Marta Novak
Predicting adherence to follow-up appointments: the role of attachment style in severe obesity management
Sanjeev Sockalingam, Stephanie Cassin, Raed Hawa, Attia Khan, Susan Wnuk, Allan Okrainec
Psychological treatment of obesity – telephone-based CBT for obesity: feasibility and helpful aspects of therapy
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<td>15.30-17.00</td>
<td>Horobin</td>
<td><strong>Symposium: Psychosomatics in Gastroenterology and Hepatology</strong></td>
<td><strong>CHAIRS:</strong> Gabrielle Moser and Dan L. Dumitrascu</td>
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<td><strong>Psychosomatic medicine and inflammatory bowel disease: a new integrated model of care</strong></td>
<td><strong>Antonina Mikocka-Walus</strong></td>
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<td><strong>Brief report about the new European evidence-based consensus on the diagnosis and management of ulcerative colitis</strong></td>
<td><strong>Gabriele Moser</strong></td>
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<td>15.30-17.00</td>
<td>Drawing Room</td>
<td><strong>Mental Health issues in medical illness</strong></td>
<td><strong>CHAIRS:</strong> Alexandre Berney</td>
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<td><strong>Mental disorders in HIV positive patients with cognitive impairments</strong></td>
<td><strong>Alexandre Berney, Giorgio Maccaferri, Samanta Simioni, Pascale Pecoud, Deolinda Alves, Mathias Cavassini, Renaud Du Pasquier</strong></td>
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<td><strong>Personality traits, defence mechanisms and hostility features associated with somatic symptom severity in health and disease</strong></td>
<td><strong>Thomas Hyphantis, Panagiota Goulia, Andre F Carvalho</strong></td>
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<td>15.30-17.00</td>
<td>Bamford</td>
<td>Symposium: One size fits all</td>
<td>Ilana Tarricone and Nasim Chaudhry</td>
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<td>Working with migrants presenting to emergency departments in the North West of the UK: report for a study across Europe</td>
<td>Yad Singh, Ranjit Thomas</td>
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<td>A brief psychological intervention for prevention of self-harm: RCT from Pakistan</td>
<td>Imran Bashir Chaudhry, Nusrat Husain, Salahuddin Afsar, Hina Fayyaz, Meher Husain, Munir Hamirani, Jamal Ara, Nasim Chaudhry</td>
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<td>The effectiveness of medical and psychiatric treatment at a medical-psychiatric unit</td>
<td>Annette Boenink, Adriaan Honig, Hannah Heller, IJsbrand Visser</td>
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<td>15.30-17.00</td>
<td>Skillicorn</td>
<td>Symposium: Depression versus distress in medicine – two sides of the same coin or a sterling versus a euro?!</td>
<td>Khalida Ishmail</td>
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<td>Screening and case finding for depression: asking the right questions about whether this is a sensible policy</td>
<td>Simon Gilbody</td>
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<td>Are baseline physical symptoms characteristic of severe depression or a poor prognostic factor?; secondary analysis of the GenPod trial.</td>
<td>Amy Green, Andrew Crawford, Glyn Lewis, Nicola Wiles, Tim Peters, David Nutt</td>
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<td>Depression versus distress – is the distinction worth making?</td>
<td>Matthew Hotopf</td>
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<td>17.30-18.30</td>
<td>Marquee</td>
<td>Psychological distress in diabetes</td>
<td>Khalida Ismail</td>
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18.30- 20.00 Auditorium  General Assembly of EAPM

20.00- 20.30 Auditorium  GUEST LECTURE
The concept of symptom in Psychosomatic Medicine
Emeritus Professor German Berrios, Chair of the epistemology of psychiatry, University of Cambridge, UK

20.30- Marquee and 22.00 Lawns WELCOME DRINKS RECEPTION
Open to all delegates, speakers, exhibitors, guests and partners

FRIDAY 5th July 2013

08.00 Marquee  Registration/information desk open

08.30-10.00 Auditorium  PLENARY 2 – Self-harm and suicide

08.30-09.00 CHAIR: Dr Peter Hindley
Hospital management of self-harm: where are we now and where do we need to go?
Dr Nav Kapur, Professor of Psychiatry and Population Health, Centre for Suicide Prevention, Centre for Mental Health and Risk, University of Manchester, UK

09.00-09.30 Body integrity and self-mutilation in socially vulnerable populations
Dr Paolo Cianconci Psychiatrist, anthropologist. District Prison “Regina Coeli”, Rome, Italy

09.30-10.00 Randomised Controlled Trial of Therapeutic Assessment vs Usual Assessment in Adolescents with Self-harm: 2 year follow-up.
Dr Dennis Ougrin, Consultant Child and Adolescent Psychiatrist, Visiting Lecturer Child and Adolescent Psychiatry, Institute of Psychiatry, UK

10.00-10.30 Marquee
Refreshment break

10.30-12.00 Parallel sessions

10.30-12.00 Auditorium
Mental health and somatic medicine

CHAIRS:
Carsten Leue and Christina van der Feltz-Cornelis

E health interventions for depression in diabetes: risks and benefits
Christina van der Feltz-Cornelis
Joanna Rymaszewska

Emotion regulation strategies in patients with psoriasis
Chiara Vari, Patrizia Velotti, Giulio Cesare Zavattini, Antonio Giovanni Richetta, Stefano Calvieri

Continuous distillation: Refining the systems of Psychiatric care in an emergency room
Annegret Dreher, Ronald Burian,
Rotraut Asche,
Albert Diefenbacher

10.30-12.00 Scientific Lecture Theatre
Symposium: Ethical issues in transplant psychiatry
CHAIRS: Paula Marcus and Marta Novak

The impact of psychotic disorders upon transplant eligibility and outcomes
Paula Zimbrean

Ethical dilemma in evaluation of patients with fulminant liver failure – “when time is of the essence”

Swapna Vaidya

Click for Abstract

Therapist vs Gatekeeper – The complex role of the psychiatrist in the transplant clinic

Paula Marcus

Click for Abstract

The impact of cognitive impairment upon heart transplant eligibility in children

Orna Alpert

Click for Abstract

10.30-12.00 Paston Brown

Symposium: Complex Childhood Trauma

CHAIRS: Torsten Lucas and Peter Hindley

Click for Abstract

Is Developmental trauma disorder a helpful concept for DSM V and ICD 11?

Andreas Krüger, Torsten Lucas

Click for Abstract

How specific are trauma symptoms in children? Implications for diagnoses and therapy

Torsten Lucas

Psychotherapeutic work in a non residential therapeutic community with child and adolescent refugees forced by organised violence to become perpetrators, victims, bystanders, collaborators and rescuers and subsequently asylum seekers in the UK

Sheila Melzak

Click for Abstract

Acute anorexia nervosa inpatient treatment in a medical versus psychosomatic setting
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<th>Time</th>
<th>Speaker</th>
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<tr>
<td>10.30-12.00</td>
<td>Alison Shrubsole</td>
<td><strong>Self-harm and suicide</strong></td>
<td>Nav Kapur and Anne Sauvaget</td>
<td>The role of body shame and body image avoidant behaviours in deliberate self-harm</td>
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<td>Antonios Dakanalis</td>
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<td><strong>Consultation-liaison psychiatry interventions for suicide attempt by self-immolation: prevalence and clinical profile in a department of burn care and plastic surgery</strong></td>
<td>Marie Guitteny-Collas, Anne Sauvaget, Samuel Bulteau, Jean-François Arnould, Ronan Le Floch, Nicolas Mauduit, Franck Duteille, Jean-Marie Vanelle</td>
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<td><strong>Consultation-liaison psychiatry interventions for the assessment of inpatients with suicidal behaviour: a prospective study in general hospital</strong></td>
<td>Anne Sauvaget, Marie Guitteny, Samuel Bulteau, Nathalie Cornet-Lemoine, Marie-Laure Bossis, Sandrine Giffaud, Jean-Marie Vanelle</td>
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<td>10.30-12.00</td>
<td>Horobin</td>
<td><strong>Collaborative care child and family</strong></td>
<td>Charlotte Rask and Emma Weisblatt</td>
<td>Trusting someone again in a present moment and mindfulness-based animal-assisted therapy (MB-AAT) for patients with BPD and PTSD</td>
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<td>Andreas Remmel, Doris Gilli</td>
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<td><strong>Home-based medical treatments: helping families to keep illness in its place</strong></td>
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<td>10.30-12.00</td>
<td>Drawing Room</td>
<td>Symposium: Psychocardiology</td>
<td>Vasiliki Mimoglou, Demetrios Kouretas, Georgios Leon, Kontantino Petsios, Clairy Syndinou</td>
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<td>10.30-12.00</td>
<td>Drawing Room</td>
<td>Oxidative stress and psychological function in non-psychiatric patients with metabolic syndrome</td>
<td>Vasiliki Mimoglou, Demetrios Kouretas, Georgios Leon, Kontantino Petsios, Clairy Syndinou</td>
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<td>10.30-12.00</td>
<td>Bamford</td>
<td>Recent advances in psychocardiology: update 2013: Mental health in patients with atrial fibrillation – an urgent call for consideration</td>
<td>Alexander von Eisenhart Rothe, Andreas Goette, Paulus Kirchhof, Karl Heinz Ladwig</td>
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<td>Recent progress in understanding the clinical concept of Type D</td>
<td>Nina Kupper, Dionne Kessing, Johan Denollet</td>
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<td>Symposium: Psychological treatment for medically unexplained symptoms/bodily distress – lessons learned from recent trials and meta-analyses</td>
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Gwynneth Down, Claire Dempster

Changing Minds, Bodies, Hearts and Paradigms: the Sick at Heart Project and attachment-based formulation

Loyola Mary McLean, Vicki Maddison, Christopher Tennant, Geoffrey Tofler

The Collaborative Mental Health Network: Bringing Family Physicians and Psychiatrists together

Jon Hunter, Patricia Rockman, Ty Turner
CHAIRS: Andreas Schroder and Hans Knoop

Cognitive-behavioural group treatment for a range of functional somatic syndromes: lessons learned from the STreSS-1 trial

Andreas Schröder

A treatment model for cognitive-behavioural interventions for chronic fatigue syndrome: work in progress

Hans Knoop, Marianne Heins, Lotte Bloot, Jan Wiborg

Psychotherapy for medically unexplained physical symptoms (MUPS): the state of the art

Maria Kleinstäuber

Somatisation and traumatic life events: the relevance of dysfunction of autobiographical memory

Antonella Ciaramella, Paola Micco, Liliana Brandolesi, Mery Paroli, Stefano Rossi

10.30-12.00 Skillicorn

CHAIRS: Albert F.G. Leentjens and Frank Vitinius

Anxiety and depression in somatic illness

Efficacy and predictors of outcome of short-term psychodynamic psychotherapy (STPP) in depressed breast cancer patients – a randomized controlled trial

Katja Leuteritz, Elmar Brähler, Gregor Weißflog, Yvette Barthel, Susanne Kuhnt, Rüdiger Zwerenz, Barbara Imruck, Jörg Wiltink, Antje Haselbacher, Christian Ruckes, Manfred Beutel

Development of a common metric for depression severity: cross-walking established self-report depression measures
Inka Wahl, Bernd Löwe, Jakob B. Bjorner, Felix Fischer, Gernot Langs, Ulrich Voderholzer, Stephen A. Aita, Elmar Brähler, Matthias Rose

Psychosocial strain and therapeutic approaches of hereditary neurological diseases: a systematic review

Dr Frank Vitinius

The etiology of depression in Parkinson’s disease (PD): the relative contribution of PD-related and PD-unrelated factors

Albert F.G. Leentjens, Anja J.H. Moonen, Sebastiaan Koehler

12.00-13.00 Marquee  Lunch
Meetings of Special Interest and Working Groups held over lunch

12.00-13.00 Paston Brown  Inauguration of the EAPM Cardio-vascular working group on guidelines for prevention
Professor Kristina Orth-Gomér

12.00-13.00 Alison Shrubsole  Psychosomatics in Gastroenterology
Professor Gabriele Moser

12.00-13.00 Horobin  Transplantation Special Interest Group
Dr Frank Vitinius

12.00-13.00 Drawing Room  Child and adolescent Special Interest Group
12.00-13.00  Bamford  Cultural CL Special Interest Group

12.00-13.00  Skillicorn  Meeting 6

13.00-14.30  Auditorium  Plenary 3 – Collaborative and integrated care

   Chair: Dr Peter White

13.30-13.30  Auditorium  Mechanisms linking depression with cardiovascular disease: implications for integrated care

   Professor Andrew Steptoe MA, DPhil, DSc, FMedSci, Director, Institute of Epidemiology and Health Care, University College London, British Heart Foundation Professor of Psychology, Department of Epidemiology and Public Health, UK

13.30-14.00  Integrated care in coronary artery disease – lessons from intervention research

   Professor Christoph Herrmann-Lingen, Dept of Psychosomatic Medicine and Psychotherapy, University of Goettingen Medical Centre, Germany

14.00-14.30  Implementing collaborative care

   Professor Jurgen Unutzer MD, MPH, MA, Professor and Vice Chair, Psychiatry and Behavioral Sciences, Director, Division of Integrated Care and Public Health, Director, UW AIMS Center, Director, IMPACT Implementation Program, Seattle, USA

14.30-15.00  Marquee  Break
15.00-16.30 **Parallel session 3**

15.00-16.30 **Symposium – Somatization: affect-regulation, attachment strategies and mentalization**

**CHAIR:** Jaap Spaans and Martina Bühring

**Attachment Strategies and Level of Personality Organization are Associated with Cognitive and Affective Alexithymia in Patients with Somatoform Disorders**

Jurrijn A Koelen, Frauke Stuke, Liesbeth HM Eurelings-Bontekoe, Patrick Luyten

**Dysfunctional self and affect regulation in patients with medically insufficiently explained symptoms**

A.van Dijke, Ph.D. Delta Psychiatric Hospital, The Netherlands

**Body focused Mentalization Based Therapy (B-MBT) for somatoform disorders as a way to address affect regulation and attachment problems**

Jaap Spaans, Martina Bühring

**The clinical effectiveness of a long-term multidisciplinary integrative psychological treatment with a focus on body-related mentalization for patients with severe somatoform disorder**

Jan Houtveen, Lotte. Lintmeijer, Sasakiavan Broeckhuysen

15.00-16.30 **Scientific Lecture Theatre**

**Symposium: Transplantation medicine II – new media, state of the art in CL services and evaluation of donors and recipients**

**CHAIR:** Sheila G Jowsey and Frank Vitinius
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<th>Like. Share. Comment. Give Kidney: Altruistic kidney donation in the Facebook age</th>
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<td>Stephen Potts</td>
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<td>Click for Abstract</td>
<td>Strategies for psychiatric-psychosomatic evaluation of organ donors and recipients – the US experience</td>
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<td>Sheila G Jowsey</td>
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<td>Christina Papachristou</td>
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<td>Click for Abstract</td>
<td>State of the art in CL face transplant evaluation</td>
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<td>Kathy Coffman</td>
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<td>15.00-16.30 Paston</td>
<td>Symposium: Cognitive and perceptual processes in somatoform disorders and physical reporting</td>
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<td>Brown</td>
<td>CHAIR: Richard Brown</td>
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<tr>
<td>Click for Abstract</td>
<td>Physical symptom reporting may be associated with general deficit in attention rather than excessive body-focus</td>
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<td>Anna Chapman, Ellen Poliakoff, Carolyn Chew-Graham, Richard Emsley, Richard J Brown</td>
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<td>Click for Abstract</td>
<td>A tendency to experience distortions in Somatosensory awareness correlates with physical symptom reporting in primary care patients</td>
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<td>Anna Chapman, Ellen Poliakoff, Carolyn Chew-Graham, Richard Emsley, Richard J Brown</td>
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Alterations in somatosensory information processing in patients with hypochondriasis and polysymptomatic medically unexplained symptoms

Michael Witthöft, Maribel Kölpin, Wolfgang Hiller, Alexander L Gerlach

Unravelling the relationship between trait negativity and habitual symptom reporting

Omer Van den Bergh, Katleen Bogaerts, Thomas Janssens

Children and stress

CHAIR: Loyola Mary McLean

Psychobiological consequences of prenatal stress for mothers and their children

Ulrike Ehler

Biological embedding of child stress through inflammation

Andrea Danese

Functional somatic symptoms at the age of 5-7 years: a general population study of factors linked to medical consultation

Charlotte Ulrikka Rask, Eva Ørnbøl, Per Klausen Fink, Anne Mette Skovgaard

New Conversations on Conversion

Loyola Mary McLean, Kasia Kozlowska

Symposium: Challenges in creating integrated care programs

throughout the world
CHAIRS: Roger Kathol and Carsten Leue

Japan

Yasuhiro Kishi, M.D., PhD Professor, Psychiatry, Nippon Medical School Musashikosugi Hospital, Kawasaki, Japan

Saudi Arabia

Dr. Abdulqader Al Jarad, Consultant, psychosomatic psychiatry, Clinical Assistant Professor, King Saud University, King Khalid University hospital, Riyadh, Saudi Arabia

Netherlands

Dr. Carsten Leue, psychiatrist, Maastricht University Medical Centre, The Netherlands

USA

Dr. Roger Kathol, Adjunct Professor, Internal Medicine and Psychiatry, University of Minnesota, Minneapolis, Minnesota USA

15.00 - 16.30 Drawing Room

Symposium: Recent insights from a European initiative to prevent railway suicides (RESTRAIL)
CHAIR: Karl-Heinz Ladvig and Karoline Lukaschek

railway suicides (RESTRAIL)
An international approach to soft measures against railway suicides – results from the RESTRAIL project
Karoline Lukaschek

Is suicide prevention in the real world a realistic perspective? Findings from the German Railway Suicide Project
Karl-Heinz Ladwig, Karoline Lukaschek, Natalia Erazo,
Jens Baumert

Predictors of railway suicide frequency

Cornelis A.J. van Houwelingen, Jens Baumert, Domien G.M. Beersma, Karl-Heinz Ladwig, Ad J.F.M. Kerkhof

Methodological challenges for the evaluation of preventative measures for railway suicide in RESTRAIL

Brendan Ryan

15.00-16.30

Bamford

Psychocardiology 2

How psychocardiology became scientifically integrated. The introduction of psychosocial factors into clinical guidelines

Hans-Christian Deter, Kristina Orth-Gomér

Psychosocial and behavioural aspects in cardiovascular disease prevention guidelines of the European Society of Cardiology

Professor Christian Albus

Is cognitive behaviour therapy effective for older cardiac surgery patients?

Beresnevaité M, Beneti R, Rasinkiene S, Stankus A

Gender, psychosocial risk and health care use – baseline findings from the SPIRR-CAD trial


Psychocardioimmunology: conceptualising the interrelation between psychosocial impact, inflammatory burden and coronary pathophysiology
Joram Ronel, Roland Schmidt, Karl-Heinz Ladwig

15.00-16.30 Skillicorn Symposium: How to understand the psychodynamic aspects

Click for Abstract

of the consultation (203)

CHAIRS: Wolfgang Söllner and Kemuel Philbrick Kristin Somers, Frederic Stiefel

16.30-17.30 Marquee Poster session 2

17.30-18.30 Auditorium One case, many perspectives

19.30 Marquee Pre-dinner drinks on the lawn/marquee if wet

20.00 Great Hall FORMAL DINNER

22.00 Buttery Bar Disco/licensed cash bar

01.30 Buttery Bar Bar closes

Saturday 6th July

08.30-10.00 Scientific Lecture Theatre Symposium: Joint hyperlaxity and psychiatry: a 25-year evidence

of the association between joint laxity and psychopathology

CHAIRS: Hugo Critchley and Antoni Bulbena-Vilarrasa

Click for Abstract

Joint hyperlaxity and psychopathology: a 25 year perspective
Antoni Bulbena-Vilarrasa

**Depressive and anxiety symptoms and illness perceptions associated with physical health related quality of life in Rheumatologic disorders**

Thomas Hyphantis, Konstantinos Kotsis, Niki Tsifetaki, Francis Creed, Alexandros A Drosos, André F Carvalho, Paraskevi V Voulgari

**The domestic dog as a naturalistic model to explore biological factors of anxiety-related disorders in human beings**

Prof. Jaume Fatjo, J E. Bowen, A Martorell, P Calvo, and A Bulbena.

**Neurobiological basis of the association between joint laxity and anxiety**

Hugo Critchley

08.30- Paston 10.00 Brown

**Transplant and psychonephrology**

CHAIRS: Istvan Mucsi and Marta Novak

**Reconstructive transplantation: where are we in 2013 and what is our role in this emerging field?**

Sheila G Jowsey

**Distress screening in patients with chronic kidney disease**

Marta Novak

**Psychosocial and behavioral aspects of kidney transplantation**

Istvan Mucsi

**Mindfulness in patients with kidney disease**
Lung Transplant Patients and Childhood Abuse: A Preliminary Report

Adeel Zubair, Sheila Jowsey, Tamara Dolenc, Terry Schneekloth

Neurobiology of CL psychiatry and psychosomatic medicine

Psychopharmacology of psychosomatic disorders

Ulrik Fredrik Malt

Who cares for the (psycho) somatic problems of schizophrenic patients

Dirk von Boetticher

The metabolic consequences of depression and sleep-disorders in patients with Type-2 Diabetes (MOVED TO FRIDAY SESSION)

Marijke BremMer

Strategies to prevent the neuropsychiatric side effects of corticosteroids: a case report and review

Stephen West, Chris Kenedi

Symposium: A multidimensional approach to understand the etiology and consequences of depression and anxiety

Dual Trajectory growth mixture modelling to describe symptom and course heterogeneity of depression
Klaas J Wardenaar, Annelieke Roest, Peter de Jonge

Symptom dimension of depression in patients with coronary heart disease and the association with cardiac prognosis – a systematic review and meta-analysis

Ricardo Moreira da Rocha de Miranda Azevedo, Annelieke M. Roest, Peter de Jonge

Cognitive vulnerability differentially predicts symptom dimensions of depression

Sascha Y Struys, Nynke A Groenewold*, Richard C Oude Voshaar, Peter de Jonge

Association of symptom dimensions of anxiety following myocardial infarction with prognosis: different from depression?

Annelieke Roest*, Anne Heideveld, Elisabeth Martends, Peter de Jonge, Johan Denollet

08.30-10.00 Drawing Room

Chronic Pain

A simulation-based course for pain management: improving skills in the utilisation of biopsychosocial formulation in non-psychiatrists

Sharmila Khot, Sonia Flory, Tayyeb Tahir

Association between perceived injustice and patients’ views about chronic pain disappearance

Denis Rentsch, V. Piguet, C. Cedraschi, M. Besson, M Kossovsky, AF Allaz

Assessing the traumatic load in the narratives of women suffering fibromyalgia: when the researchers’ perspective meets the women’s perceptions
Elodie Girard*, Christine Cedraschi, Christophe Luthy, Jules Desmeules, Anne-Françoise Allaz

Impact of childhood trauma on psychological symptoms in chronic fatigue syndrome Filip Van Den Eede, Tess Haccuria, Kristien Wouters, Tine Vertommen, Greta Mookens, Bernard G.C Sabbe

08.30-10.00 Bamford Collaborative and transmural care

A transmural care pathway for the psychosocial care of cancer patients Paul Vanlimbergen, Jozef De Bie, Paul Bulens

Nurses and dieticians seem to have a more patient-centred attitude than physicians towards people with diabetes: French data from the DAWN2 study Gérard Reach, Silla M Consoli, Serge Halimi, Pierre Fontaine, Martine Duclos, Claude Colas, Caroline Martineau, Carole Avril, Pierre-Yves Traynard, Catherine Tourette-Turgis

An expanded outpatient role for psychosomatic medicine Steven Frankel

A medication treatment algorithm for chronic pain with comorbid depression or anxiety disorder, based on the WHO pain ladder Christina van der Feltz-Cornelis, Eric De Heer, Jonna Van Eck van der Sluijs

Factors reducing interest in conducting a psychosomatically-oriented family physician practice in Poland Bohdan Wasilewski
**08.30-10.00**  Auditorium

**Clinical assessment of patients with MUS/BDS (EAPM working groups on MUS/BDS) - WORKSHOP**

Chairs and presenter: Per Fink; Peter D White
Presenter – Judith Rosmalen

**08.30-10.00**  Skillicorn

**Medically unexplained symptoms**

**A new national German guideline on non-specific, functional and somatoform bodily complaints**

Joram Ronel, Constanze Hausteiner-Wiehle, Rainer Schaefert, Heribert Sattel, Winfried Häuser, Markus Herrmann, Peter Henningsen

**Bipolar spectrum disorders disguised as medically unexplained somatic symptoms** Ulrik Fredrik Malt

**Abnormal Parietal activation in medically unexplained paralysis** Marije van Beilen, Bauke M De Jong, Esther W Gieteling, Remco Renken, Klaus Leenders

**10.00-10.30**  Marquee

**Break**

**10.30-12.00**  Auditorium

**Plenary 4 Psychological and Psychiatric aspects of organ transplantation**

**Chair:** Dr Cathy Walsh and Dr Marta Novak

**10.30-11.00**  Auditorium

**An overview of transplantation psychiatry**

Click for Abstract
Dr Andrea Di Martini, Associate Professor of Psychiatry,
11.00-11.30 Auditorium Ethics of Transplantation

Dr Alexander Gimson, Consultant Physician and Hepatologist, Director, Division of Medicine, Liver Transplantation Unit, Cambridge University Hospitals Foundation NHS Trust

11.30-12.00 Auditorium Psychological and behavioral aspects of paediatric transplantation

Professor Fabienne Dobbels, University of Leuven, Belgium

12.00-13.00 Auditorium The poster awards ceremony

Presentation of EAPM 2014 and 2015

Closing ceremony
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<td>08.00-08.30</td>
<td>APM/ EAPM Delegate registration</td>
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<td>Joint APM/ EAPM Meeting Opens</td>
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<td>09.00-10.00</td>
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International perspectives on integrated and collaborative care.

Implementing combined physical and psychiatric care

Wednesday 3rd July 2013
Comorbid depression occurs in up to 20% of patients with type 2 diabetes and is associated with poor self-care (adherence to diet, exercise and following medication regiments), increased medical symptom burden and functional impairment, higher medical costs and increased risk of macrovascular and microvascular complications, dementia and mortality. This lecture will describe a multi-condition collaborative care intervention that was compared to usual care in a randomized controlled trial aimed at treating patients with co-morbid depression and poorly controlled diabetes and/or heart disease (HbA1c of at least 8.5%, SBP >140, LDL >130). The intervention included a medically supervised nurse who provided increased education, support, behavioural activation, tracked adherence, lab tests and PHQ-9 scores, and based on physician supervision made recommendations to primary care doctors regarding intensification of of both antidepressants and diabetes/heart disease control medications. Compared to Usual Care, the intervention was associated with significant
improvements in depression, HbA1c, SBP and LDL as well as improved quality of life, less functional impairment and higher satisfaction with care. Cost effectiveness analysis found intervention patients had approximately 3 to 4 months more depression free days over 24 months with approximately $600 total outpatient cost savings over this same time period.

Wayne Katon MD, Professor and Vice Chair, Director of Division of Health Services and Psychiatric Epidemiology, Department of Psychiatry and Behavioral Sciences, University of Washington Medical School. USA

10.00-10.30
Refreshment break

10.30-12.00
Implementing collaborative care

Jürgen Unützer, MD, MPH, MA, Professor and Vice Chair, Psychiatry and Behavioral Sciences, Director, Division of Integrated Care and Public Health. Director,
Integrating collaborative care. General Hospital cost-perspectives from a ‘transitional’ collaborative care program in multi-conditional complex patients – the Med Psych Center-Approach

Objective. Collaborative care services providing care at the interface of medical and psychiatric comorbidity in the general hospital are still widely organized by using specific disease management models. Previous work suggests that psychosomatic care may gain in effectiveness by merging different disease related approaches to joined collaborative care solutions. However, evidence regarding (cost-) effectiveness is scarce and divergent.

Method. A ‘transitional’ form of merged collaborative care, the Medical Psychiatric Center (MPC) was created between a tertiary care University Medical Center (hereafter. UMC) and a primary care Community Mental Health Center (hereafter. CMHC) with a view to treat somatic and psychiatric multimorbidity initially
inside and, if acceptable, subsequently outside the hospital, bridging the gap to General Practitioners. A record linkage study was conducted, linking cost data of hospital medical service use, length of stay (LOS) and ‘transitional’ mental health care interventions in patients referred to the MPC over a two-year period. Analyses quantified pre-post cost changes around MPC referral.

Results. Referral rates were highest for somatoform disorders (28%), anxiety disorders (34%) and mood disorders (44%) in different comorbid somatic conditions. Comparisons revealed lower costs of medical service use (p < 0.001) and LOS (p < 0.01) after referral to the MPC. Conversely, cost of ‘transitional’ psychiatric interventions was higher after MPC referral (p < 0.001) as was cost of psychological interventions (p < 0.001). Overall, total costs were lower after MPC referral (- € 84.5; 95%CI – € 143.3 to – € 25.8; p-value < 0.001) and could not be explained by general cost developments in the hospital over the period of investigation. Thus, the hospital related annual cost saving was approximately
Conclusion. A novel ‘transitional’ collaborative care approach towards treatment of common somatoform or affective disorders in different somatic conditions, guiding patients from inside the hospital to accept primary mental health care, is acceptable and cost-effective.

Dr Carsten Leue, Psychiatrist, Maastricht University Medical Centre, the Netherlands

12.00-13.00 Ibberson foyer

13.00-15.00 Scientific Lecture Theatre

Lunch break

Lessons learned from trials of collaborative care for depression in UK NHS cancer services
Cancer is becoming a chronic disease and major depression complicates the post-acute treatment phase for about ten percent of patients. Two trial of a collaborative care for such comorbid major depression (SMaRT oncology 1 and 2) conducted in the UK NHS will be described. These illustrate (1) the poor outcome with usual care (2) The substantial effect of a collaborative care approach. Lessons include. (1) the value of screening for depression, (2) the need to educate patients on the nature of depression and its treatment, (3) the benefit of an intensive treat to target approach. The challenges of implementation of this approach to the treatment of depression comorbid with chronic disease in the UK NHS will be discussed.

Michael Sharpe MA MD FRCP FRCPsych, Professor of Psychological Medicine & Fellow of Saint Cross College, University of Oxford, UK

Implementing integrated care for patients with heart disease – models and experiences
Integrated care for patients with heart disease covers a wide range from basic psychosomatic care and medical psychotherapy to collaborative care and specialized hospital settings for psychocardiology. It can be provided by individual general practitioners and increasingly also by specially trained cardiologists or psychotherapists. Team-based programmes of collaborative outpatient care as well as interdisciplinary treatments offered during outpatient and inpatient cardiac rehabilitation have been developed. In some acute care hospitals, classical psychosomatic or psychiatric consultation-liaison services for cardiac patients have been complemented with closer liaison services and even specialized interdisciplinary psychocardiology wards. Ideally, these different offers are integrated into an overarching system of integrated care, covering the whole range of problems, stages and settings involved in the treatment of patients with heart disease. Different models of implementation will be described and experiences – both own ones and those reported in
the literature – will be reported.

Professor Christoph Herrmann-Lingen, Department of Psychosomatic Medicine and Psychotherapy, University of Goettingen Medical Centre, Germany

15.00-15.30 Refreshment break

15.30-16.15 What we know and what we need to know

Professor Simon Gilbody

16.15-17.00 Question and answer session

Michael Sharpe MA MD FRCP FRCPsych, Professor of Psychological Medicine & Fellow of Saint Cross College, University of Oxford, UK

18.30-22.00 Social event (ticketed) – Cambridge Punting and
Barbeque