

THURSDAY 4th July

08.00-9.00 Marquee/Lawn **Pre-conference registration**

09.00-12.00 Drawing Room **EAPM Board Meeting**

09.00-12.00 **Pre-Conference Short Courses**

09.00-12.00 Scientific Lecture Theatre **WORKSHOP A – Somatization Masterclass**

An approach to treating somatization in primary care: This course will provide information on the epidemiology and treatment of somatization within primary care systems.

Professor Wayne Katon MD, Professor, Vice-Chair, Director of Division of Health Services and Psychiatric Epidemiology, University of Washington Medical School, Seattle, USA

Dr Katon will describe three types of somatization including stress induced somatization, somatization secondary to anxiety and depressive disorders and chronic somatization often presenting as chronic pain. Approaches to each type of patient will be described based on clinical experience and randomized trials.

09.00-12.00 Paston Brown **WORKSHOP B – Psychotherapy in medically ill patients short course**

Sanjeev Sockalingam, MD, FRCPC, Director, Bariatric Surgery Psychosocial Program Psychiatry Postgraduate, Coordinator

University Health Network Director of IMG Training Assistant, Professor, University of Toronto

09.00-
12.00 Alison Shrubsole

WORKSHOP C – Psychopharmacology in the medically ill

James L Levenson, MD, Professor of Psychiatry, Medicine, and Surgery, Virginia Commonwealth University School of Medicine, USA

In this clinically-oriented course, we will first review basic principles of psychopharmacology in the medically ill, including drug absorption, metabolism, excretion, and interactions with other drugs, followed by addressing a variety of questions such as:

What are the psychotropic alternatives for a patient who is unable to take drugs orally?

How much chronic renal risk does lithium carry?

Should psychiatric drugs be stopped before elective surgery?

Which medical drugs have been shown to increase suicidality?

How should psychiatric drug dosing be modified in patients who have had gastric bypass surgery?

How should psychosis be treated in Parkinson disease?

09.00-
12.00 Bamford/Skillicorn

WORKSHOP D – Cardiology/neurology short course CANCELLED

THIS COURSE IS
CANCELLED

Dr Zaheer Yousef (Cardiff and Vale UHB – Cardiothoracica and Dr Robin Corkill (Cardiff and Vale UHB – Neurosciences)

09.00-
12.00 Horobin

WORKSHOP E – Using Delirium Management Guidelines in General

Hospitals By the end of this module we hope you will have gained an understanding of the core principles and processes designing guidelines for management of delirium, be able to note the evidence base for screening for delirium and have a knowledge of the evidence base for treatment of delirium

Dr Tayyeb Tahir, Consultant Liaison Psychiatrist, Honorary Senior Lecturer, Dept. of Liaison Psychiatry, University Hospital of Wales, Cardiff

12.00-13.00 Marquee/Lawn

Lunch and exhibition

12.00-13.00 Bamford/Skillicorn

“EARLY CAREER” informal group meeting for delegates 40

years and under

13.00-15.00 Auditorium

Opening address of inaugural EAPM Scientific Meeting

Professor Wolfgang Soellner

13.15-15.00 Auditorium

PLENARY 1 Neuroimaging and Consultant Liaison Psychiatry/

Psychosomatic Medicine

CHAIR: Dr Emma Weisblatt

13.15-13.40 Auditorium

Normal brain development and its abnormalities in the

[Click for Abstract](#)

developmental delay disorder of ADHD

Katya Rubia, Professor of Cognitive Neuroscience, Section Developmental Neuroimaging, Department of Child Psychiatry/SGDP, Institute of Psychiatry, King's College London

13.40-14.15 Auditorium

Imaging Pain and Relief in the Human Brain

[Click for Abstract](#)

Irene Tracey, Nuffield Professor Anaesthetic Science & Director FMRIB Centre, Oxford Centre for Functional Magnetic Resonance Imaging of the Brain (FMRIB) & Nuffield Division Anaesthetics, Nuffield Department Clinical Neurosciences, University of Oxford, England UK.

14.15-15.00 Auditorium/Main

Neuroimaging (and beyond) in Conversion Disorder.

Dr Mark J Edwards, Senior Lecturer and Honorary Consultant Neurologist, UCL Institute of Neurology and National Hospital for Neurology and Neurosurgery

15.00-15.30 Marquee

Refreshment break

15.30-17.00 Auditorium
15.30-17.00

Parallel sessions Somatization and affective disorders

CHAIRS: Professor Wayne Katon and Gerhard Schuessler

[Click for Abstract](#)

Emotion and stress regulation in patients with somatoform and anxiety disorders – A RCT of mindfulness-based interventions

Andreas Remmel

[Click for Abstract](#)

Predicting therapeutic outcome of patients with mental and psychosomatic disorders

Andreas Remmel

[Click for Abstract](#)

Recognition of facial expression in somatoform patients : “mission impossible”?

Gerhard Schuessler, Thomas Beck

[Click for Abstract](#)

Italian study on a collaborative care program for primary care attenders with depressive disorders

Marco Menchetti, Cecilia Sighinolfi, Claudia Nespeca, Vittorio Di Michele, Paolo Peloso, Paolo Levantesi,

Micaela Savorani, Domenico Berardi

**15.30- Scientific Lecture
17.00 Theatre**

[Click for Abstract](#)

**Symposium: Case Complexity: the Intermed
method**

CHAIRS: Frederic Stiefel and Silvia Ferrari

What is INTERMD

Frederic Stiefel

**Complexity-Based Integrated Case Management
to Augment Psychosomatic Medicine Outcomes**

Roger Kathol, Cheri Lattimer, RN, BSN

The use of IM in research: the IM-SA Study

Sara Paderni, Gianmarco Corradini, Andrea Ghidoni,
Chiara

Piemonte, Angela Gentile, Silvia Ferrari

[Click for Abstract](#)

[Click for Abstract](#)

**15.30- Paston Brown
17.00**

**Symposium: Treatment of Chronic Fatigue
Syndrome**

CHAIRS: Peter D White and Michael Sharpe

**Recovery from chronic fatigue syndrome after
treatments**

given in the PACE trial

Peter D White

**Cost-effectiveness and cost-utility of treatments
given in the PACE trial for chronic fatigue
syndrome**

Paul McCrone

**Mechanisms of change underlying the efficacy of
cognitive**

**behaviour therapy for chronic fatigue syndrome:
a mediation
analysis**

Trudie Chalder

**What are the lessons for psychological medicine
from the PACE
trial?**

Michael Sharpe

[Click for Abstract](#)

[Click for Abstract](#)

[Click for Abstract](#)

[Click for Abstract](#)

**15.30- Alison Shrubsole
17.00**

Symposium: Obesity

CHAIRS: Sanjeev Sockalingam and Marta Novak

**Predicting adherence to follow-up appointments:
the role of attachment style in severe obesity
management**

Sanjeev Sockalingam, Stephanie Cassin, Raed
Hawa, Attia Khan, Susan Wnuk, Allan Okrainec

**Psychological treatment of obesity – telephone-
based CBT for obesity: feasibility and helpful
aspects of therapy**

[Click for Abstract](#)

[Click for Abstract](#)

Chau Du, Stephanie Cassin, Raed Hawa, Sarah Royal, Rachel Strimas, Sanjeev Sockalingam, Susan Wnuk

[Click for Abstract](#)

Bariatric surgery as one solution for obesity: psychosocial considerations

Susan Wnuk

[Click for Abstract](#)

A review of obesity and sleep disorders

Raed Hawa, Sanjeev Sockalingam

[Click for Abstract](#)

The impact of laparoscopic adjustable gastric banding on body image disturbance, self-esteem and psychological well-being: an Italian follow-up study

Antonios Dakanalis

15.30-17.00 **Horobin**

Symposium: Psychosomatics in Gastroenterology and Hepatology CHAIRS:

Gabrielle Moser and Dan L. Dumitrascu

[Click for Abstract](#)

Psychosomatic medicine and inflammatory bowel disease: a new integrated model of care

Antonina Mikocka-Walus

[Click for Abstract](#)

Brief report about the new European evidence-based consensus on the diagnosis and management of ulcerative colitis

Gabriele Moser

[Click for Abstract](#)

The art of communication in gastrointestinal disorders

Peter Whorwell

[Click for Abstract](#)

Psychosocial aspects of chronic viral hepatitis C

Winfried Häuser

[Click for Abstract](#)

Expressive writing is useful in the management of IBS Dan L. Dumitrascu, Alisia Muresan, Adriana Baban

15.30-17.00 **Drawing Room**

Mental Health issues in medical illness

[Click for Abstract](#)

CHAIRS: Alexandre Berney

Mental disorders in HIV positive patients with cognitive impairments

Alexandre Berney, Giorgio Maccaferri, Samanta Simioni, Pascale Pecoud, Deolinda Alves, Mathias Cavassini, Renaud Du Pasquier

[Click for Abstract](#)

Personality traits, defence mechanisms and hostility features associated with somatic symptom severity in health and disease

Thomas Hyphantis, Panagiota Goulia, Andre F Carvalho

	Click for Abstract	Affective temperaments and ego defence mechanisms associated with somatic symptom severity in a large sample Thomas Hyphantis, Tauiy Claussen D' Escragnolle Taunay, Danielle Silveira Macêdo, Luísa Weber Bisol, Diogo Rizzato Lara, Andre F Carvalho
	Click for Abstract	Mental disorders in patients with organic and somatoform subtypes of vertigo and dizziness Gabriele Schmid, Peter Henningsen, Marianne Dieterich, Claas Lahmann
15.30-17.00	Bamford	Symposium: One size fits all CHAIRS: Ilana Tarricone and Nasim Chaudhry
	Click for Abstract	Working with migrants presenting to emergency departments in the North West of the UK: report for a study across Europe Yad Singh, Ranjit Thomas
	Click for Abstract	A brief psychological intervention for prevention of self-harm: RCT from Pakistan Imran Bashir Chaudhry, Nusrat Husain, Salahuddin Afsar, Hina Fayyaz, Meher Husain, Munir Hamirani, Jamal Ara, Nasim Chaudhry
	Click for Abstract	The effectiveness of medical and psychiatric treatment at a medical-psychiatric unit Annette Boenink, Adriaan Honig, Hannah Heller, IJsbrand Visser
15.30-17.00	Skillicorn	Symposium: Depression versus distress in medicine – two sides of the same coin or a sterling versus a euro?! CHAIR: Khalida Ishmail
	Click for Abstract	Screening and case finding for depression: asking the right questions about whether this is a sensible policy Simon Gilbody
	Click for Abstract	Are baseline physical symptoms characteristic of severe depression or a poor prognostic factor?; secondary analysis of the GenPod trial. Amy Green, Andrew Crawford, Glyn Lewis, Nicola Wiles, Tim Peters, David Nutt
	Click for Abstract	Depression versus distress – is the distinction worth making? Matthew Hotopf
17.30-18.30	Marquee	Psychological distress in diabetes Khalida Ismail Poster session 1

18.30-
20.00 Auditorium

General Assembly of EAPM

GUEST LECTURE

The concept of symptom in Psychosomatic Medicine

20.00-
20.30

Emeritus Professor German Berrios, Chair of the epistemology of psychiatry, University of Cambridge, UK

20.30- Marquee and
22.00 Lawns

WELCOME DRINKS RECEPTION

Open to all delegates, speakers, exhibitors, guests and partners

FRIDAY 5th July 2013

08.00 Marquee Registration/information desk open

08.30-
10.00 Auditorium **PLENARY 2 – Self-harm and suicide**

08.30-
09.00

CHAIR: Dr Peter Hindley

Hospital management of self-harm: where are we now and where

do we need to go?

Dr Nav Kapur, Professor of Psychiatry and Population Health, Centre for Suicide Prevention, Centre for Mental Health and Risk, University of Manchester, UK

09.00-
09.30

Body integrity and self-mutilation in socially vulnerable populations

[Click for Abstract](#)

Dr Paolo Cianconi Psychiatrist, anthropologist. District Prison “Regina Coeli”, Rome, Italy

09.30-
10.00

Randomised Controlled Trial of Therapeutic Assessment vs Usual

Assessment in Adolescents with Self-harm: 2 year follow-up.

[Click for Abstract](#)

Dr Dennis Ougrin, Consultant Child and Adolescent Psychiatrist, Visiting Lecturer Child and Adolescent Psychiatry, Institute of Psychiatry, UK

10.00-10.30 **Marquee** **Refreshment break**

10.30-12.00 **Parallel sessions**

10.30-12.00 **Auditorium** **Mental health and somatic medicine**

CHAIRS:

Carsten Leue and Christina van der Feltz-Cornelis

[Click for Abstract](#)

E health interventions for depression in diabetes: risks and benefits

Christina van der Feltz-Cornelis
Joanna Rymaszewska

[Click for Abstract](#)

Emotion regulation strategies in patients with psoriasis

Chiara Vari, Patrizia Velotti, Giulio Cesare Zavattini, Antonio Giovanni Richetta, Stefano Calvieri

[Click for Abstract](#)

Continuous distillation: Refining the systems of Psychiatric care in an emergency room

Annegret Dreher, Ronald Burian, Rotraut Asche,

Albert Diefenbacher

10.30-12.00 **Scientific Lecture Theatre**

Symposium : Ethical issues in transplant psychiatry

CHAIRS: Paula Marcus and Marta Novak

[Click for Abstract](#)

The impact of psychotic disorders upon transplant eligibility and outcomes

Paula Zimbreaan

[Click for Abstract](#)

Ethical dilemma in evaluation of patients with fulminant liver failure – “when time is of the essence”

Swapna Vaidya

[Click for Abstract](#)

Therapist vs Gatekeeper – The complex role of the psychiatrist in the transplant clinic

Paula Marcus

[Click for Abstract](#)

The impact of cognitive impairment upon heart transplant eligibility in children

Orna Alpert

**10.30- Paston
12.00 Brown**

**Symposium: Complex Childhood Trauma
CHAIRS: Torsten Lucas and Peter Hindley**

[Click for Abstract](#)

Is Developmental trauma disorder a helpful concept for DSM V and ICD 11?

Andreas Krüger, Torsten Lucas

[Click for Abstract](#)

How specific are trauma symptoms in children? Implications for diagnoses and therapy

Torsten Lucas

[Click for Abstract](#)

Psychotherapeutic work in a non residential therapeutic community with child and adolescent refugees forced by organised violence to become perpetrators, victims, bystanders, collaborators and rescuers and subsequently asylum seekers in the UK

Sheila Melzak

[Click for Abstract](#)

Acute anorexia nervosa inpatient treatment in a medical versus psychosomatic setting

Torsten André Lucas, Marta Konaszewska

10.30- Alison

Self-harm and suicide

12.00 Shrubsole

CHAIRS: Nav Kapur and Anne Sauvaget

[Click for Abstract](#)

The role of body shame and body image avoidant behaviours in deliberate self-harm

Antonios Dakanalis

[Click for Abstract](#)

Consultation-liaison psychiatry interventions for suicide attempt by self-immolation: prevalence and clinical profile in a department of burn care and plastic surgery

Marie Guitteny-Collas, Anne Sauvaget, Samuel Bulteau, Jean-François Arnould, Ronan Le Floch, Nicolas Mauduit, Franck Duteille, Jean-Marie Vanelle

[Click for Abstract](#)

Consultation-liaison psychiatry interventions for the assessment of inpatients with suicidal behaviour: a prospective study in general hospital

Anne Sauvaget, Marie Guitteny, Samuel Bulteau, Nathalie Cornet-Lemoine, Marie-Laure Bossis, Sandrine Giffaud, Jean-Marie Vanelle

[Click for Abstract](#)

Trusting someone again in a present moment and mindfulness-based animal-assisted therapy (MB-AAT) for patients with BPD and PTSD

Andreas Remmel, Doris Gilli

10.30- Horobin
12.00

Collaborative care child and family

CHAIRS:

Charlotte Rask and Emma Weisblatt

[Click for Abstract](#)

Home-based medical treatments: helping families to keep illness in its place

Gwynneth Down, Claire Dempster

[Click for Abstract](#)

Changing Minds, Bodies, Hearts and Paradigms: the Sick at Heart Project and attachment-based formulation

Loyola Mary McLean, Vicki Maddison, Christopher Tennant, Geoffrey Tofler

[Click for Abstract](#)

The Collaborative Mental Health Network: Bringing Family Physicians and Psychiatrists together

Jon Hunter, Patricia Rockman, Ty Turner

10.30-12.00 Drawing Room

Symposium: Psychocardiology

[Click for Abstract](#)

Oxidative stress and psychological function in non-psychiatric patients with metabolic syndrome

Vasiliki Mimoglou, Demetrios Kouretas, Georgios Leon, Kontantino Petsios, Clairy Syndinou

[Click for Abstract](#)

Recent advances in psychocardiology: update 2013: Mental health in patients with atrial fibrillation – an urgent call for consideration

Alexander von Eisenhart Rothe, Andreas Goette, Paulus Kirchhof, Karl Heinz Ladwig

[Click for Abstract](#)

Recent progress in understanding the clinical concept of Type D Nina Kupper, Dionne Kessing, Johan Denollet

10.30-12.00 Bamford

Symposium: Psychological treatment for medically unexplained

symptoms/bodily distress – lessons learned from recent trials and meta-analyses

CHAIRS: Andreas Schroder and Hans Knoop

[Click for Abstract](#)

Cognitive-behavioural group treatment for a range of functional somatic syndromes: lessons learned from the STreSS-1 trial

Andreas Schröder

[Click for Abstract](#)

A treatment model for cognitive-behavioural interventions for chronic fatigue syndrome: work in progress

Hans Knoop, Marianne Heins, Lotte Bloot, Jan Wiborg

[Click for Abstract](#)

Psychotherapy for medically unexplained physical symptoms (MUPS): the state of the art

Maria Kleinstäuber

[Click for Abstract](#)

Somatisation and traumatic life events: the relevance of dysfunction of autobiographical memory

Antonella Ciaramella, Paola Micco, Liliana Brandolesi, Mery Paroli, Stefano Rossi

10.30-12.00 **Skillicorn**

Anxiety and depression in somatic illness

CHAIRS: Albert F.G. Leentjens and Frank Vitinius

[Click for Abstract](#)

Efficacy and predictors of outcome of short-term psychodynamic psychotherapy (STPP) in depressed breast cancer patients – a randomized controlled trial

Katja Leuteritz, Elmar Brähler, Gregor Weißflog, Yvette Barthel, Susanne Kuhnt, Rüdiger Zwerenz, Barbara Imruck, Jörg Wiltink, Antje Haselbacher, Christian Ruckes, Manfred Beutel

Development of a common metric for depression severity: cross-walking established self-report depression measures

Inka Wahl, Bernd Löwe, Jakob B. Bjorner, Felix Fischer, Gernot Langs, Ulrich Voderholzer, Stephen A. Aita, Elmar Brähler, Matthias Rose

Psychosocial strain and therapeutic approaches of hereditary neurological diseases: a systematic review

Dr Frank Vitinius

[Click for Abstract](#) **The etiology of depression in Parkinson's disease (PD): the relative contribution of PD-related and PD-unrelated factors**

Albert F.G. Leentjens, Anja J.H. Moonen, Sebastiaan Koehler

**12.00-
13.00** **Marquee** **Lunch**

Meetings of Special Interest and Working Groups held over lunch

**12.00-
13.00** **Paston
Brown** **Inauguration of the EAPM Cardio-vascular working group on guidelines for prevention**

Professor Kristina Orth-Gomér

**12.00-
13.00** **Alison
Shrubsole** **Psychosomatics in Gastroenterology**

Professor Gabriele Moser

**12.00-
13.00** **Horobin** **Transplantation Special Interest Group**

Dr Frank Vitinius

**12.00-
13.00** **Drawing
Room** **Child and adolescent Special Interest Group**

Charlotte Rask and Torsten Lucas

**12.00-
13.00** Bamford **Cultural CL Special Interest Group**

**12.00-
13.00** Skillicorn **Meeting 6**

**13.00-
14.30** Auditorium **Plenary 3 – Collaborative and integrated care**

Chair: Dr Peter White

**13.00-
13.30** Auditorium **Mechanisms linking depression with cardiovascular disease: implications for integrated care**

Professor Andrew Steptoe MA, DPhil, DSc, FMedSci,
Director, Institute of Epidemiology and Health Care,
University College London, British Heart Foundation
Professor of Psychology, Department of Epidemiology
and Public Health, UK

**13.30-
14.00** **Integrated care in coronary artery disease – lessons from**

intervention research

Professor Christoph Herrmann-Lingen, Dept of
Psychosomatic Medicine and Psychotherapy, University
of Goettingen Medical Centre, Germany

**14.00-
14.30** **Implementing collaborative care**

Professor Jurgen Unutzer MD, MPH, MA, Professor and
Vice Chair, Psychiatry and Behavioral Sciences,
Director, Division of Integrated Care and Public Health,
Director, UW AIMS Center, Director, IMPACT
Implementation Program, Seattle, USA

**14.30-
15.00** Marquee **Break**

15.00-
16.30

Parallel session 3

15.00-
16.30

Symposium – Somatization: affect-regulation, attachment strategies and mentalization

CHAIR: Jaap Spaans and Martina Bühring

[Click for Abstract](#)

Attachment Strategies and Level of Personality Organization are Associated with Cognitive and Affective Alexithymia in Patients with Somatoform Disorders

Jurriijn A Koelen, Frauke Stuke, Liesbeth HM Eurelings-Bontekoe, Patrick Luyten

[Click for Abstract](#)

Dysfunctional self and affect regulation in patients with medically insufficiently explained symptoms

A.van Dijke, Ph.D. Delta Psychiatric Hospital, The Netherlands

[Click for Abstract](#)

Body focused Mentalization Based Therapy (B-MBT) for somatoform disorders as a way to address affect regulation and attachment problems

Jaap Spaans, Martina Bühring

[Click for Abstract](#)

The clinical effectiveness of a long-term multidisciplinary integrative psychological treatment with a focus on body-related mentalization for patients with severe somatoform disorder

Jan Houtveen, Lotte. Lintmeijer, Saskiavan Broeckhuysen

15.00-
16.30

**Scientific
Lecture
Theatre**

Symposium: Transplantation medicine II – new media, state of the

art in CL services and evaluation of donors and recipients

CHAIR: Sheila G Jowsey and Frank Vitinius

[Click for Abstract](#)

Like. Share. Comment. Give Kidney: Altruistic kidney donation in the Facebook age

Stephen Potts

[Click for Abstract](#)

Strategies for psychiatric-psychosomatic evaluation of organ donors and recipients – the US experience

Sheila G Jowsey

[Click for Abstract](#)

Strategies for psychiatric-psychosomatic evaluation of organ donors and recipients – the European experience

Christina Papachristou

[Click for Abstract](#)

State of the art in CL face transplant evaluation

Kathy Coffman

**15.00- Paston
16.30 Brown**

Symposium: Cognitive and perceptual processes in

somatoform disorders and physical reporting

CHAIR: Richard Brown

[Click for Abstract](#)

Physical symptom reporting may be associated with general deficit in attention rather than excessive body-focus

Anna Chapman, Ellen Poliakoff, Carolyn Chew-Graham, Richard Emsley, Richard J Brown

[Click for Abstract](#)

A tendency to experience distortions in Somatosensory awareness correlates with physical symptom reporting in primary care patients

Anna Chapman, Ellen Poliakoff, Carolyn Chew-Graham, Richard Emsley, Richard J Brown

[Click for Abstract](#)

Alterations in somatosensory information processing in patients with hypochondriasis and polysymptomatic medically unexplained symptoms

Michael Witthöft, Maribel Kölpin, Wolfgang Hiller, Alexander L Gerlach

[Click for Abstract](#)

Unravelling the relationship between trait negativity and habitual symptom reporting

Omer Van den Bergh, Katleen Bogaerts, Thomas Janssens

15.00-16.30 Alison Shrubsole

Children and stress
CHAIR: Loyola Mary McLean

[Click for Abstract](#)

Psychobiological consequences of prenatal stress for mothers and their children

Ulrike Ehlert

[Click for Abstract](#)

Biological embedding of child stress through inflammation

Andrea Danese

[Click for Abstract](#)

Functional somatic symptoms at the age of 5-7 years: a general population study of factors linked to medical consultation

Charlotte Ulrikka Rask, Eva Ørnbøl, Per Klausen Fink, Anne Mette Skovgaard

[Click for Abstract](#)

New Conversations on Conversion

Loyola Mary McLean, Kasia Kozłowska

15.00-16.30 Horobin

Symposium: Challenges in creating integrated care programs

[Click for Abstract](#)

throughout the world

CHAIRS: Roger Kathol and Carsten Leue

Japan

Yasuhiro Kishi, M.D., PhD Professor, Psychiatry,
Nippon Medical School Musashikosugi Hospital,
Kawasaki, Japan

Saudi Arabia

Dr. Abdulqader Al Jarad, Consultant, psychosomatic
psychiatry, Clinical Assistant Professor , King Saud
University, King Khalid University hospital, Riyadh,
Saudi Arabia

Netherlands

Dr. Carsten Leue, psychiatrist, Maastricht University
Medical Centre, The Netherlands

USA

Dr. Roger Kathol, Adjunct Professor, Internal Medicine
and Psychiatry, University of Minnesota, Minneapolis,
Minnesota USA

**15.00- Drawing
16.30 Room**

**Symposium: Recent insights from a European
initiative to prevent**

railway suicides (RESTRAIL)

CHAIR: Karl-Heinz Ladwig and Karoline Lukaschek

[Click for
Abstract](#)

**An international approach to soft measures against
railway suicides – results from the RESTRAIL
project**

Karoline Lukaschek

[Click for
Abstract](#)

**Is suicide prevention in the real world a realistic
perspective? Findings from the German Railway
Suicide Project**

Karl-Heinz Ladwig, Karoline Lukaschek, Natalia Erazo,

Jens Baumert

[Click for Abstract](#)

Predictors of railway suicide frequency

Cornelis A.J. van Houwelingen, Jens Baumert, Domien G.M. Beersma, Karl-Heinz Ladwig, Ad J.F.M. Kerkhof

[Click for Abstract](#)

Methodological challenges for the evaluation of preventative measures for railway suicide in RESTRAIL

Brendan Ryan

**15.00-
16.30**

Bamford

Psychocardiology 2

[Click for Abstract](#)

How psychocardiology became scientifically integrated. The introduction of psychosocial factors into clinical guidelines Hans-Christian Deter, Kristina Orth-Gomér

[Click for Abstract](#)

Psychosocial and behavioural aspects in cardiovascular disease prevention guidelines of the European Society of Cardiology Professor Christian Albus

[Click for Abstract](#)

Is cognitive behaviour therapy effective for older cardiac surgery patients?

Beresnevaitė M, Beneti R, Rasinkiene S, Stankus A

[Click for Abstract](#)

Gender, psychosocial risk and health care use – baseline findings from the SPIRR-CAD trial

Hans-Christian Deter, Cora Weber, Christian Krauth Krauth, Alexandra Boese, Jana Jünger, Christian Albus, Christoph Herrmann-Lingen, Kristina Orth-Gomér

[Click for Abstract](#)

Psychocardioimmunology: conceptualising the interrelation between psychosocial impact, inflammatory burden and coronary pathophysiology

Joram Ronel, Roland Schmidt, Karl-Heinz Ladwig

15.00-
16.30

Skillicorn

**Symposium: How to understand the
psychodynamic aspects**

[Click for
Abstract](#)

of the consultation (203)

CHAIRS: Wolfgang Söllner and Kemuel Philbrick
Kristin Somers, Frederic Stiefel

16.30-
17.30

Marquee

Poster session 2

17.30-
18.30

Auditorium One case, many perspectives

19.30

Marquee

Pre-dinner drinks on the lawn/marquee if wet

20.00

Great Hall

FORMAL DINNER

22.00

**Buttery
Bar**

Disco/licensed cash bar

01.30

**Buttery
Bar**

Bar closes

Saturday 6th July

08.30-
10.00

**Scientific
Lecture
Theatre**

**Symposium: Joint hyperlaxity and psychiatry: a 25-
year evidence**

**of the association between joint laxity and
psychopathology**

CHAIRS: Hugo Critchley and Antoni Bulbena-Vilarrasa

[Click for
Abstract](#)

**Joint hyperlaxity and psychopathology: a 25 year
perspective**

Antoni Bulbena-Vilarrasa

[Click for Abstract](#)

Depressive and anxiety symptoms and illness perceptions associated with physical health related quality of life in Rheumatologic disorders

Thomas Hyphantis, Konstantinos Kotsis, Niki Tsifetaki, Francis Creed, Alexandros A Drosos, André F Carvalho, Paraskevi V Voulgari

[Click for Abstract](#)

The domestic dog as a naturalistic model to explore biological factors of anxiety-related disorders in human beings

Prof. Jaume Fatjo, J E. Bowen, A Martorell, P Calvo, and A Bulbena.

[Click for Abstract](#)

Neurobiological basis of the association between joint laxity and anxiety

Hugo Critchley

**08.30- Paston
10.00 Brown**

**Transplant and psychonephrology
CHAIRS: Istvan Mucsi and Marta Novak**

[Click for Abstract](#)

Reconstructive transplantation: where are we in 2013 and what is our role in this emerging field?

Sheila G Jowsey

[Click for Abstract](#)

Distress screening in patients with chronic kidney disease

Marta Novak

Psychosocial and behavioral aspects of kidney transplantation

Istvan Mucsi

Mindfulness in patients with kidney disease

S Abbey

[Click for Abstract](#)

Lung Transplant Patients and Childhood Abuse: A Preliminary Report

Adeel Zubair, Sheila Jowsey, Tamara Dolenc, Terry Schneekloth

**08.30-
10.00 Alison
Shrubsole**

Neurobiology of CL psychiatry and psychosomatic medicine

[Click for Abstract](#)

Psychopharmacology of psychosomatic disorders

Ulrik Fredrik Malt

[Click for Abstract](#)

Who cares for the (psycho) somatic problems of schizophrenic patients

Dirk von Boetticher

[Click for Abstract](#)

The metabolic consequences of depression and sleep-disorders in patients with Type-2 Diabetes (MOVED TO FRIDAY SESSION)

Marijke BremMer

[Click for Abstract](#)

Strategies to prevent the neuropsychiatric side effects of corticosteroids: a case report and review

Stephen West, Chris Kenedi

**08.30-
10.00 Horobin**

Symposium: A multidimensional approach to understand the

etiology and consequences of depression and anxiety

[Click for Abstract](#)

Dual Trajectory growth mixture modelling to describe symptom and course heterogeneity of depression

Klaas J Wardenaar, Annelieke Roest, Peter de Jonge

[Click for Abstract](#)

Symptom dimension of depression in patients with coronary heart disease and the association with cardiac prognosis – a systematic review and meta-analysis

Ricardo Moreira da Rocha de Miranda Azevedo, Annelieke M. Roest, Peter de Jonge

[Click for Abstract](#)

Cognitive vulnerability differentially predicts symptom dimensions of depression

Sascha Y Struys, Nynke A Groenewold*, Richard C Oude Voshaar, Peter de Jonge

[Click for Abstract](#)

Association of symptom dimensions of anxiety following myocardial infarction with prognosis: different from depression?

Annelieke Roest*, Anne Heideveld, Elisabeth Martends, Peter de Jonge, Johan Denollet

**08.30- Drawing
10.00 Room**

Chronic Pain

[Click for Abstract](#)

A simulation-based course for pain management: improving skills in the utilisation of bio-psychosocial formulation in non-psychiatrists

Sharmila Khot, Sonia Flory, Tayyeb Tahir

[Click for Abstract](#)

Association between perceived injustice and patients' views about chronic pain disappearance

Denis Rentsch, V. Piguet, C. Cedraschi, M. Besson, M Kossovsky, AF Allaz

[Click for Abstract](#)

Assessing the traumatic load in the narratives of women suffering fibromyalgia: when the researchers' perspective meets the women's perceptions

Elodie Girard*, Christine Cedraschi, Christophe Luthy, Jules Desmeules, Anne-Françoise Allaz

[Click for Abstract](#) **Impact of childhood trauma on psychological symptoms in chronic fatigue syndrome** Filip Van Den Eede, Tess Haccuria, Kristien Wouters, Tine Vertommen, Greta Mookens, Bernard G.C Sabbe

08.30-10.00

Bamford Collaborative and transmural care

[Click for Abstract](#) **A transmural care pathway for the psychosocial care of cancer patients**

Paul Vanlimbergen, Jozef De Bie, Paul Bulens

[Click for Abstract](#) **Nurses and dieticians seem to have a more patient-centred attitude than physicians towards people with diabetes: French data from the DAWN2 study**

Gérard Reach, Silla M Consoli, Serge Halimi, Pierre Fontaine, Martine Duclos, Claude Colas, Caroline Martineau, Carole Avril, Pierre-Yves Traynard, Catherine Tourette-Turgis

[Click for Abstract](#) **An expanded outpatient role for psychosomatic medicine**

Steven Frankel

[Click for Abstract](#) **A medication treatment algorithm for chronic pain with comorbid depression or anxiety disorder, based on the WHO pain ladder**

Christina van der Feltz-Cornelis, Eric De Heer, Jonna Van Eck van der Sluijs

[Click for Abstract](#) **Factors reducing interest in conducting a psychosomatically-oriented family physician practice in Poland**

Bohdan Wasilewski

**08.30-
10.00 Auditorium**

[Click for
Abstract](#)

**Clinical assessment of patients with MUS/BDS
(EAPM working groups on MUS/BDS) -WORKSHOP**

Chairs and presenter: Per Fink; Peter D White
Presenter – Judith Rosmalen

**08.30-
10.00 Skillicorn Medically unexplained symptoms**

[Click for
Abstract](#)

**A new national German guideline on non-specific,
functional and somatoform bodily complaints**

Joram Ronel, Constanze Hausteiner-Wiehle, Rainer
Schaefer, Heribert Sattel, Winfried Häuser, Markus
Herrmann, Peter Henningsen

[Click for
Abstract](#)

**Bipolar spectrum disorders disguised as medically
unexplained somatic symptoms** Ulrik Fredrik Malt

[Click for Abstract](#) **Abnormal Parietal activation in medically
unexplained paralysis** Marije van Beilen, Bauke M De Jong, Esther W
Gieteling, Remco Renken, Klaus Leenders

**10.00-
10.30 Marquee Break**

**10.30-
12.00 Auditorium Plenary 4 Psychological and Psychiatric aspects of
organ**

transplantation

Chair: Dr Cathy Walsh and Dr Marta Novak

**10.30-
11.00 Auditorium An overview of transplantation psychiatry**

[Click for Abstract](#)

Dr Andrea Di Martini, Associate Professor of Psychiatry,

University of Pittsburgh Medical Centre, USA

11.00-11.30 Auditorium Ethics of Transplantation

Dr Alexander Gimson, Consultant Physician and Hepatologist, Director, Division of Medicine, Liver Transplantation Unit, Cambridge University Hospitals Foundation NHS Trust

11.30-12.00 Auditorium Psychological and behavioral aspects of paediatric transplantation

[Click for Abstract](#) Professor Fabienne Dobbels, University of Leuven, Belgium

12.00-13.00 Auditorium The poster awards ceremony

Presentation of EAPM 2014 and 2015

Closing ceremony

Wednesday 3rd July 2013

International perspectives on integrated and collaborative care.

Implementing combined physical and psychiatric care

08.00-
08.30

Ibberson
Building

APM/ EAPM Delegate
registration

08.30-
09.00

Scientific
Lecture
Theatre

Joint APM/ EAPM Meeting
Opens

09.00-
10.00

TEAMcare. a multicondition
collaborative care
intervention

that meets the Triple Aim of
Health Reform

Comorbid depression occurs in up to 20% of patients with type 2 diabetes and is associated with poor self-care (adherence to diet, exercise and following medication regimens), increased medical symptom burden and functional impairment, higher medical costs and increased risk of macrovascular and microvascular complications, dementia and mortality. This lecture will describe a multi-condition collaborative care intervention that was compared to usual care in a randomized controlled trial aimed at treating patients with co-morbid depression and poorly controlled diabetes and/or heart disease (HbA1c of at least 8.5%, SBP >140, LDL >130). The intervention included a medically supervised nurse who provided increased education, support, behavioural activation, tracked adherence, lab tests and PHQ-9 scores, and based on physician supervision made recommendations to primary care doctors regarding intensification of of both antidepressants and diabetes/heart disease control medications. Compared to Usual Care, the intervention was associated with significant

improvements in depression, HbA1c, SBP and LDL as well as improved quality of life, less functional impairment and higher satisfaction with care. Cost effectiveness analysis found intervention patients had approximately 3 to 4 months more depression free days over 24 months with approximately \$600 total outpatient cost savings over this same time period.

Wayne Katon MD, Professor and Vice Chair, Director of Division of Health Services and Psychiatric Epidemiology, Department of Psychiatry and Behavioral Sciences, University of Washington Medical School. USA

**10.00-
10.30**

Refreshment break

**10.30-
12.00**

Implementing collaborative care

Jürgen Unützer, MD, MPH, MA, Professor and Vice Chair, Psychiatry and Behavioral Sciences, Director, Division of Integrated Care and Public Health. Director,

Integrating collaborative care. General Hospital cost-perspectives from a 'transitional' collaborative care program in multi-conditional complex patients – the Med Psych Center-Approach

Objective. Collaborative care services providing care at the interface of medical and psychiatric comorbidity in the general hospital are still widely organized by using specific disease management models. Previous work suggests that psychosomatic care may gain in effectiveness by merging different disease related approaches to joined collaborative care solutions. However, evidence regarding (cost-) effectiveness is scarce and divergent.

Method. A 'transitional' form of merged collaborative care, the Medical Psychiatric Center (MPC) was created between a tertiary care University Medical Center (hereafter. UMC) and a primary care Community Mental Health Center (hereafter. CMHC) with a view to treat somatic and psychiatric multimorbidity initially

inside and, if acceptable, subsequently outside the hospital, bridging the gap to General Practitioners. A record linkage study was conducted, linking cost data of hospital medical service use, length of stay (LOS) and 'transitional' mental health care interventions in patients referred to the MPC over a two-year period. Analyses quantified pre-post cost changes around MPC referral.

Results. Referral rates were highest for somatoform disorders (28%), anxiety disorders (34%) and mood disorders (44%) in different comorbid somatic conditions. Comparisons revealed lower costs of medical service use ($p < 0.001$) and LOS ($p < 0.01$) after referral to the MPC. Conversely, cost of 'transitional' psychiatric interventions was higher after MPC referral ($p < 0.001$) as was cost of psychological interventions ($p < 0.001$). Overall, total costs were lower after MPC referral (- € 84.5; 95%CI – € 143.3 to – € 25.8; p -value < 0.001) and could not be explained by general cost developments in the hospital over the period of investigation. Thus, the hospital related annual cost saving was approximately

1000, – Euro per patient.

Conclusion. A novel ‘transitional’ collaborative care approach towards treatment of common somatoform or affective disorders in different somatic conditions, guiding patients from inside the hospital to accept primary mental health care, is acceptable and cost-effective.

Dr Carsten Leue, Psychiatrist,
Maastricht University Medical
Centre, the Netherlands

**12.00-
13.00**

Ibberson foyer

Lunch break

**13.00-
15.00**

**Scientific
Lecture
Theatre**

**Lessons learned from trials
of collaborative care for**

**depression in UK NHS
cancer services**

Cancer is becoming a chronic disease and major depression complicates the post-acute treatment phase for about ten percent of patients. Two trials of a collaborative care for such comorbid major depression (SMaRT oncology 1 and 2) conducted in the UK NHS will be described. These illustrate (1) the poor outcome with usual care (2) The substantial effect of a collaborative care approach. Lessons include. (1) the value of screening for depression, (2) the need to educate patients on the nature of depression and its treatment, (3) the benefit of an intensive treatment to target approach. The challenges of implementation of this approach to the treatment of depression comorbid with chronic disease in the UK NHS will be discussed.

Michael Sharpe MA MD
FRCP FRCPsych, Professor
of Psychological Medicine &
Fellow of Saint Cross College,
University of Oxford., UK

**Implementing integrated
care for patients with heart
disease – models and
experiences**

Integrated care for patients with heart disease covers a wide range from basic psychosomatic care and medical psychotherapy to collaborative care and specialized hospital settings for psychocardiology. It can be provided by individual general practitioners and increasingly also by specially trained cardiologists or psychotherapists. Team-based programmes of collaborative outpatient care as well as interdisciplinary treatments offered during outpatient and inpatient cardiac rehabilitation have been developed. In some acute care hospitals, classical psychosomatic or psychiatric consultation-liaison services for cardiac patients have been complemented with closer liaison services and even specialized interdisciplinary psychocardiology wards. Ideally, these different offers are integrated into an overarching system of integrated care, covering the whole range of problems, stages and settings involved in the treatment of patients with heart disease. Different models of implementation will be described and experiences – both own ones and those reported in

the literature – will be reported.

Professor Christoph Herrmann-Lingen, Department of Psychosomatic Medicine and Psychotherapy, University of Goettingen Medical Centre, Germany

15.00-15.30

Refreshment break

15.30-16.15

What we know and what we need to know

Professor Simon Gilbody

16.15-17.00

Question and answer session

Michael Sharpe MA MD FRCP FRCPsych, Professor of Psychological Medicine & Fellow of Saint Cross College, University of Oxford., UK

18.30-22.00

Social event (ticketed) – Cambridge Punting and

Barbeque