

7th annual scientific conference of the European Association of Psychosomatic Medicine • EAPM •

# Integrating psychosomatic care across medical settings and specialties

Rotterdam (The Netherlands), 19 - 22 juni 2019
Postillion Convention Centre WTC Rotterdam





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### **Committees**

#### **President of EAPM**

Wolfgang Söllner

Paracelsus Medical University of Nuremberg (Germany)

#### President of EAPM 2019 Conference

Carsten Leue

Department of Psychiatry and Psychology, Maastricht University Medical Centre (The Netherlands)

#### **Program Committees EAPM 2019**

#### **Local Organizing Committee**

- Leonieke Kranenburg, Erasmus MC, Rotterdam
- Carsten Leue, Maastricht University Medical Centre, Maastricht
- Albert Leentjens, Maastricht University Medical Centre, Maastricht
- Joost Mertens, Tergooi Hospital Hilversum / Antonius Hospital Sneek / De Velse Mental Health Care Velserbroek
- Barbara Portier, OLVG, Amsterdam
- Maarten van Schijndel, Rijnstate Hospital, Arnhem / Erasmus MC Rotterdam

#### **International Program Committee**

- Jordi Blanch, University of Barcelona, Spain
- Dan Dumitrascu, Iuliu Hatieganu University of Medicine and Pharmacy, Cluj, Romania
- Silvia Ferrari, University of Modena and Reggio Emilia, Italy
- Franziska Geiser, Bonn University, Germany
- Bernd Löwe, University Medical Centre Hamburg-Eppendorf, Germany
- Marta Novak, University Health Network, Toronto, Canada
- Christoph Pieh, Donau-Universität Krems, Krems, Austria
- James Rundell, University of Minnesota, Minneapolis, USA
- Michael Sharpe, University of Oxford, UK
- Wolfgang Söllner, Paracelsus Medical University, Nuremberg, Germany
- Ursula Werneke, Umeå University, Sweden



#### **International Scientific Committee**

Anne-Francoise Allaz, Marie Bendix, Margarita Beresnevaité, Alexandre Berney, Manfred Beutel, Annette Boenink, Bob Boland, Rebecca Brendel, Antoni Bulbena, Ronald Burian, Martina Büring, Chris Burton, Graca Cardoso, Antonella Ciaramella, Marie Guitteny-Collas, Silla Consoli, Martina de Zwaan, Hans-Christian Deter, Frank Doyle, Oivind Ekeberg, Yesim Erim, Per Fink, Lone Fjorback, Steve Frankel, Javier Garcia-Campayo, Gábor Gazdag, Uwe Gieler, Luigi Grassi, Elspeth Guthrie, Peter Henningsen, Christoph Herrmann-Lingen, Roger Ho, Thomas Hyphantis, Josef Jenewein, Roger Kathol, Monika Keller, Liisa Keltikangas-Järvinen, Alexandra Kutuzova, Karl-Heinz Ladwig, Wolf Langewitz, Gilbert Lemmens, Cedric Lemogne, Antonio Lobo, Jose Maldonado, Ulrik Malt, Gabriele Moser, Istvan Mucsi, Sedat Özkan, Charlotte Rask, Marianne Rosendahl, Judith Rosmalen, Mirella Ruggeri, Joanna Rymanewska, Andreas Schröder, Christian Schubert, Gerhard Schüssler, Barbara Stein, Fritz Stiefel, Markos Syngelakis, Ilaria Tarricone, Lucia Tomas-Aragones, Ramiro Verissimo, Frank Vitinius, Christiane Waller, Thomas Wise, Paula Zimbrean, Stephan Zipfel .

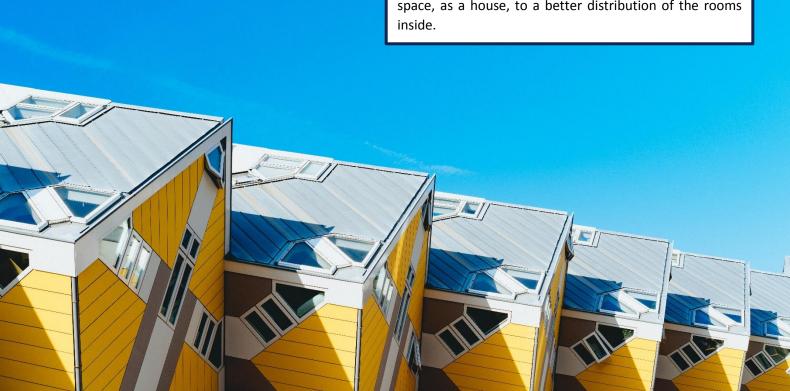
## **EAPM 2019 Award winners**

Allison Creed Award - Else Guthrie, Leeds (UK)

Frits Huyse Award - Fritz Stiefel, Lausanne (CH)

Young Investigators Award - Liu Jianlin, Singapore (SNG)

**Cube houses** are a set of innovative houses built in Rotterdam, designed by architect Piet Blom and based on the concept of "living as an urban roof": high density housing with sufficient space on the ground level, since its main purpose is to optimize the space inside. Blom tilted the cube of a conventional house 45 degrees, and rested it upon a hexagon-shaped pylon. The central idea of the cube houses around the world is mainly optimizing the space, as a house, to a better distribution of the rooms inside



## Welcome address

#### Welcome to EAPM 2019

On behalf of the European Association of Psychosomatic Medicine and the Dutch Association of Psychiatry (NVvP), we are very happy to welcome you to EAPM 2019 in Rotterdam, the Netherlands. Diverse clinical disciplines are involved in our efforts to understand the pathways in psychosomatic conditions and to advocate multi-disciplinary management. However, integration of care still remains a difficult process. Whereas the aspiration to integrated medical and mental health care is widespread, integrated care services are yet hard to find. This is the reason why we have chosen the conference theme of *Integrating psychosomatic care across medical settings and specialties*.

The 2019 EAPM annual conference provides lectures, symposium, workshops and master classes starting from different medical specialty perspectives on the pathophysiology and treatment of psychosomatic syndromes. In order to inform the field on current etiologic concepts another special focus is on symptom formation and what constitutes to psychosomatic complexity. Furthermore, clinical efforts will be presented on when and where integrated care could start.

Like no other cities in the Netherlands, Rotterdam is the perfect place to advocate integrated care. Drawing on different ethnic groups, integration is one of the main aspects that characterize daily life in this city. Moreover, as Europe's largest harbour, Rotterdam has been bridging peoples' destiny across the ocean for centuries. Today, we have received scientific contributions from all over the world, and the attendees from overseas may especially enjoy our joined preconference on pathophysiological considerations in psychosomatic medicine, together with the Academy of Consultation-Psychiatry (ACLP).

#### Have a good time in Rotterdam!

**Wolfgang Söllner** *President of the EAPM* 

Rebecca Weintraub Brendel President of the ACLP

**Carsten Leue** 

Chair of the EAPM 2019 Conference



# **Program Overall View**

Joint ACLP - EAPM Preconference on pathophysiological considerations in psychosomatic medicine		
Wednesday, June 19th 2019		
Time Frame	Activities	Rooms
09.00 - 10.30	Pre-conference, session 1	van Oldenbarneveld Room
10.30 - 10.45	Break	Lloyd's lobby
10.45 - 12.15	Pre-conference, session 2	van Oldenbarneveld Room
12.15 - 13.15	Lunch	Lloyd's lobby
13.15 - 14.45	Pre-conference, session 3	van Oldenbarneveld Room
14.45 - 15.00	Break	Lloyd's lobby
15.00 - 16.30	Pre-conference, session 4	van Oldenbarneveld Room
16.30 - 17.00	General discussion	van Oldenbarneveld Room
17.15 - 18.15	EAPM Executive Council Meeting	Captain's Lounge
18.15 - 19.15	EAPM Advisory Board Meeting	Captain's Lounge
19.15 - 20.00	Special lecture - Art in a city of ruins	van Oldenbarneveld Room
20.00 - 21.00	Welcome reception	Shipping/Exchange Hall



EAPM Main Con	ference on integrated psychosomatic care across med	dical settings and specialties
Thursday, June 20th 2019		
Time Frame	Activities	Rooms
08.30 - 10.00	Masterclass Registration	Shipping/Exchange Hall
10.00 - 12.00	Carus Master Classes 1-5	Rotterdam Hall
		Mees Auditorium
		Penn Room II
		Leeuwen Room I & II
		Goudriaan Room I & II
12.00 - 13.00	Conference Registrations	Shipping/Exchange Hall
12.00 - 13.00	Lunch participants Masterclass	Lloyd's lobby
12.15 - 13.00	Special Interest Groups Program	Rotterdam Hall
		Mees Auditorium
		Penn Room I & II
		Leeuwen Room I & II
		Goudriaan Room I & II
		Diamond Room II
13.00 - 13.15	Opening ceremony	Rotterdam Hall
13.15 - 14.45	Plenary session	Rotterdam Hall
14.45 - 15.15	Break	Shipping/Exchange Hall
15.15 - 16.45	Parallel sessions 1	Rotterdam Hall
		Mees Auditorium
		Penn Room I & II
		Leeuwen Room I & II
		Goudriaan Room I & II
		Diamond Room II
15.15 - 16.45	Euronet SOMA Panel Meeting	Van Oldebarnevelt Room
16.45 – 17.45	Break, Poster session 1 & Poster Slam	Shipping/Exchange Hall
17.45 – 19.15	Parallel sessions 2	Rotterdam Hall
		Mees Auditorium
		Penn Room I & II
		Leeuwen Room I & II
		Goudriaan Room I & II
		Diamond Room II
		Van Oldebarnevelt Room
19.15 – 20.30	EAPM general Assembly	van Oldenbarneveld Room



EAPM Main C	onference on integrated psychosomatic care across	medical settings and specialties
Friday, June 21th 2019		
Time Frame	Activities	Rooms
07.30 - 18.45	Conference registration	Shipping/Exchange Hall
08.30 - 10.00	Plenary session	Rotterdam Hall
10.00 - 10.30	Break	Shipping/Exchange Hall
10.30 - 12.00	Parallel sessions 3	Rotterdam Hall Mees Auditorium Penn Room I & II Leeuwen Room I & II Goudriaan Room I & II Diamond Room I & II J.F. Staal Room
12.00 - 13.00	Lunch Break	Shipping/Exchange Hall
13.00 - 14.30	Plenary session	Rotterdam Hall
13.00 - 14.30	Editorial Board Meeting Elsevier JPR	Van de Werff Studio
14.30 - 15.30	Break, Poster session 2 & Poster Slam	Shipping/Exchange Hall
15.30 - 17.00	Parallel sessions 4	Rotterdam Hall
		Mees Auditorium Penn Room I & II Leeuwen Room I & II Goudriaan Room I & II Diamond Room I & II J.F. Staal Room
17.00 - 17.15	Transfer time	Penn Room I & II Leeuwen Room I & II Goudriaan Room I & II Diamond Room I & II
17.00 - 17.15 17.15 - 18.45	Transfer time Parallel sessions 5	Penn Room I & II Leeuwen Room I & II Goudriaan Room I & II Diamond Room I & II



EAPM Main Confer	ence on integrated psychosomatic care across me	dical settings and specialties
	Saturday, June 22th 2019	
Time Frame	Activities	Rooms
07.00 - 14.00	Conference registration	Shipping/Exchange Hall
08.00 - 09.30	Parallel sessions 6	Rotterdam Hall
		Mees Auditorium
		Penn Room I & II
		Leeuwen Room I & II
		Goudriaan Room I & II
		Diamond Room I & II
		J.F. Staal Room
09.30 - 09.45	Transfer time	
09.45 - 10.15	Plenary session	Rotterdam Hall
10.15 - 10.30	Transfer Time	
10.30 - 12.00	Parallel sessions 7	Rotterdam Hall
		Mees Auditorium
		Leeuwen Room I & II
		Goudriaan Room I & II
		Diamond Room I & II
		J.F. Staal Room
12.00 - 12.15	Transfer time	
12.15 - 14.00	Plenary session	Rotterdam Hall

Erasmusbridge is a combined cable-stayed and bascule bridge in the centre of Rotterdam, connecting the north and south parts of this city. The bridge was named after Desiderius Erasmus, a prominent Christian renaissance humanist also known as Erasmus of Rotterdam.

The 802-metre-long) bridge across the New Meuse was designed by Ben van Berkel and completed in 1996. The cable-stayed bridge section has a single 139-metre-high Swan".



# **Parallel Sessions - overall view**

	THU 20 JUNE 15.15 - 16.45	THU 20 JUNE 17.45 - 19.15	FRY 21 JUNE 10.30 - 12.00
1	Rotterdam Hall Issues in women's mental health in the perinatal period	Rotterdam Hall Characteristics, diagnosis and treatment options for Somatic Symptom Disorders	Rotterdam Hall American Psychiatric Emergency Services: Integrating Emergency Care with Community Resources
2	Mees Auditorium Psychiatric Emergency Services (1): The American Response to Mental Health Integration in the Emergency Department	Mees Auditorium Ethical and legal issues in consultation liaison psychiatry and psychosomatic medicine	Mees Auditorium Pathological Skin Picking: Foundations and treatment of a neglected phenomenon in psychosomatic medicine
3	Penn Room I&II Unusual psychotherapeutic approaches in liaison psychiatry	Penn Room I&II Exploring new dimensions and treatment approaches for health anxiety	Penn Room I&II Case management and coordination of care across different settings: Using the Intermed and the Intermed Self Assessment (IMSA)
4	Leeuwen Room I&II Complexity Intervention Units: The wave of the future?	Leeuwen Room I&II Biopsychosocial assessment and quality of life of kidney living donors	Leeuwen Room I&II Somatic aspects of depressive disorders: Pivots of understanding symptoms and improving treatments
5	Goudriaan Room I&II The importance of symptom validity testing for the clinic	Goudriaan Room I&II Behavioral and psychosomatic progress in Psycho-Cardiology	Goudriaan Room I&II Unraveling symptom formation in Irritable Bowel Syndrome by momentary assessment
6	Diamond Room II Addressing psychosomatic complaints in vestibular patients	Diamond Room II  Medically Unexplained Symptoms (MUS) and functioning: The view of patients and physicians about functioning, and the effect of problem- solving therapy to improve functioning	Diamond Room I Clinical characteristics and treatment of psychogenic nonepileptic seizures across the age span
7	van Oldenbarneveld Room Euronet Soma Panel Meeting	van Oldenbarneveld Room Patients' Experiences, Expectations and Decisions	Diamond Room II  Novel Approaches to  Patients with Complex  Medical Illnesses
8			J.F. Staal Room Workshop: Measuring health outcomes with the Experience Sampling Method



	Parallel Sessions - overall view			
	FRY 21 JUNE 15.30 - 17.00	FRY 21 JUNE 17.15 - 18.45	SAT 22 JUNE 08.00 - 09.30	SAT 22 JUNE 10.30 - 12.00
1	Rotterdam Hall Mindfulness-based Cognitive Therapy (MBCT) for distressed cancer patients	Rotterdam Hall Maternal mental health and development of the offspring	Rotterdam Hall Mental health and psychosomatic complaints in refugees and migrants	Rotterdam Hall Communication about medically unexplained symptoms: Insights and tools from five different fields of research
2	Mees Auditorium Persistent post-concussion symptoms after mild traumatic brain injury, early predictors and early intervention	Mees Auditorium Organ transplant ethics symposium	Mees Auditorium Raw Rotterdam Rarities	Mees Auditorium Psychosomatic Care in the General Hospital
3	Penn Room I&II  Momentary Assessment and m-Health in Urine Incontinence or Overactive Bladder	Penn Room I&II Clinical implications of the brain-gut dysfunctions	Penn Room I&II International symposium on psycho-cardiology	Leeuwen Room I&II Conceptual approaches in psychosomatic medicine
4	Leeuwen Room I&II Psychological trauma in the onset and maintenance of chronic pain	Leeuwen Room I&II Update in Neuropsychiatry for the C-L psychiatrist: Impulsivity in Parkinson's disease, CAR-T therapy, sarcoidosis, and Gamma- Hydroxybutyric acid (GHB) intoxication	Leeuwen Room I&II What contributes to Medically Unexplained Symptoms (MUS)?	Goudriaan Room I&II Chronic pain, Chronic Fatigue and Psychiatric Comorbidities
5	Goudriaan Room I&II Mental health issues in diabetes mellitus and metabolic diseases: Update 2019	Goudriaan Room I&II Dilemmas in the Care of Persons with HIV: Risk behaviour and substance use	Goudriaan Room I&II Unraveling the relation of depression with somatic conditions	Diamond Room I Stepped Care in Complex Patients
6	Diamond Room I Update on Irritable Bowel Syndrome	Diamond Room I Psycho-neuro-immunology and global health	Diamond Room I Psychosocial distress and affective complaints in kidney disease	Diamond Room II  Air, Breath and Psychopulmonology
7	Diamond Room II Pediatric Psychosomatic Medicine	Diamond Room II  How to get your paper published: The editor and publisher's perspective	Diamond Room II  More from Mother and Child	J.F. Staal Room Psycho-oncology, Aging
8	J.F. Staal Room Young researchers mentoring session	J.F. Staal Room Workshop: Crossing borders by e-health: The Patient and Partner/caregiver self- management Education Program for ALL people with a chronic disease and their caregivers (PEP4ALL)	J.F. Staal Room Workshop on psycho- oncology: New therapeutic challenges in Oncology - immunomodulators and the need for a multidisciplinary approach	



# **Preconference Program**

#### Wednesday, June 19th 2019

08:00 - 20:15 Preconference Registration - Shipping/Exchange Hall

#### Joint ACLP-EAPM preconference on

#### pathophysiological considerations in psychosomatics

Moderator: Michael Sharpe van Oldenbarneveld Room

09:00 - 10:30 Session 1: Psychological pathways in psychosomatic medicine

Van Oldebarnevelt room

Richard Lane (Tucson, USA)

Emotional awareness and affective agnosia

J. Rosmalen (Groningen, The Netherlands)

Functional somatic symptoms: what do we think and what do we know?

10.30 - 10:45 Break at Lloyd's lobby

10:45 -12:15 Session 2: Physiological pathways in psychosomatic medicine

Van Oldebarnevelt room

J. Fiedorowicz (Iowa City, USA)

Neuroinflammation in psychosomatics

A. Pieper (Cleveland, USA)

Role of the neurovascular unit in neurodegeneration

B. Rutten (Maastricht, The Netherlands):

Epigenetics of differential susceptibility to traumatic stress: a perspective

for psychosomatic medicine?

12:15 - 13:15 Lunch at Lloyd's lobby

13:15 - 14:45 Session 3: Integrated mechanisms in behavioral neurotology

Van Oldebarnevelt room

A. Bisdorff (Esch-sur-Alzette, Luxembourg ) Update on structural vestibular disorders

S. Eggers (Rochester, USA)

Update on syndromal vestibular disorders

J. Staab (Rochester, USA)

Functional and psychiatric causes of vestibular symptoms

14:45 - 15:00 Break at Lloyd's lobby



#### 15:00 - 16:30 Session 4: Pathways along the body-brain axis - Van Oldebarnevelt room

L. van Rossum (Rotterdam, The Netherlands)

Functional somatic symptoms: what do we think and what do we know?

K. Ladwig (München, Germany)

Common soil of maladaptive stress-reactivity in diabetes mellitus

and cardiovascular disease

J. Tack (Leuven, Belgium)

The gut-brain interaction

#### 16:30 - 17:00 General discussion - Van Oldebarnevelt room

Discussion leader: M. Sharpe (Oxford, United Kingdom)

Proposed themes/questions:
Assessment of body-brain crosstalk
cross-sensitisation at the body-brain axis
treatment along the body-brain axis

#### **Meetings**

17:15 - 18:15	EAPM Executive Council Meeting - Captain's Lounge
18:15 - 19:15	EAPM Advisory Board Meeting - Captain's Lounge

#### Registration

17:15 - 20:15 Start Conference registration - Shipping/ Exchange Hall

#### **Special Lecture & Welcome Reception**

19:15 - 20:00 Sandra Smets, Msc. Special lecture - Art in a city of ruin -

Van Oldebarnevelt room

20:00 - 21:00 Welcome Reception - Shipping Hall

#### Thursday, June 20th 2019

#### **EAPM Main Conference**

#### on integrated psychosomatic care across medical settings and specialties

08.30 - 10.00 Masterclass Registration - Shipping / Exchange Hall

**10.00 – 12.00 Carus Master Classes** 

#### Masterclass 1 - Rotterdam Hall

Allison Creed Award Winner Else Guthrie (Leeds, UK)

Design of randomised controlled trials of interventions for people with persistent physical symptoms.

#### Masterclass 2 - Mees Auditorium

J. Tack (Leuven, Belgium), D. Dumitrascu (Cluij, Romania), L. van Oudenhove (Leuven, Belgium)

Integrated care in functional gastro-intestinal disorders



#### Masterclass 3 - Penn Room I & II

J. Rosmalen, (Groningen, The Netherlands), L. Tak (Deventer, The Netherlands)
To say or not to say, that's the question! How (not) to communicate with patients with functional symptoms: a video-based workshop

#### Masterclass 4 - Leeuwen Room I & II

K. Ladwig (München, Germany)

Integrated care in patients with diabetes mellitus or cardiovascular disease and comorbid mental health impairments

#### Masterclass 5 - Goudriaan Room I & II

U. Malt (Oslo, Norway), B. Bürker (Oslo, Norway) *Pharmacotherapy in psychosomatic conditions* 

#### 12.00 - 13.00 Conference Registrations & Lunch participants Masterclass

- Shipping / Exchange hall

#### 12.15 - 13.00 Special Interest Groups Program

Chronic Pain
Integrated Care and Management of Complexity
Primary Care
Penn Room I & II
The Child and Adolescent Working Party
Penn Room I & II
Transplantation Medicine
Young Researchers
Rotterdam Hall
Mees Auditorium
Penn Room I & II
Leeuwen Room I & II
Diamond Room II

#### 13.00 – 14:45 Opening ceremony - Rotterdam Hall

13.00 – 13.15 Carsten Leue, Chair EAPM 2019 congress
Wolfgang Söllner, EAPM president
Sven de Langen, City of Rotterdam Alderman

#### 13.15 - 13.45 Keynote lecture 1 – Rotterdam Hall

M. Sharpe (Oxford, UK)

The psychosomatic dream of integrated mental and physical care: only a dream?

#### 13.45 – 14.45 Plenary session 1 - Somatic symptom disorder or persistent somatic symptoms?

Moderators: Carsten Leue & Wolfgang Söllner

A. Schröder (Aarhus, Denmark)

Persistent physical symptoms: descriptive or etiologically-oriented classification? Implications for treatment

R. Lane (Tucson, USA)

Biased competition for physical over emotional pain in the context of early adversity

#### 14.45 - 15.15 **Break - Shipping / Exchange Hall**



#### 15.15 - 16.45 **Parallel sessions 1**

#### 15.15 - 16.45 Scientific Symposium 1 –Rotterdam Hall

Issues in women's mental health in the perinatal period

S. Lehto: Who are at risk of perinatal depression? Findings from national and birth cohort samples

R. Castro: Maternal and paternal postpartum mood: Associations with early interactions with the baby

A. Collins: Postpartum depressive symptoms of husbands and wives as related to their sense of coherence, personality traits and quality of dyadic relationship

S. Tschudin: Early detection and interdisciplinary care of perinatal depression

#### 15.15 - 16.45 Scientific Symposium 2 - Mees Auditorium

Psychiatric Emergency Services (1): The American Response to Mental Health Integration in the Emergency Department

V. Stiebel, H. DuBois: The Use of Telepsychiatry in Acute Crisis Centers

S. Zeller: The Alameda Model: Evolving the Concept of Psychiatric Emergency Services in the USA

S. Shah: Psychiatric Emergency Services: The American Response to Mental Health Integration in the Emergency Department

E. Himadi: Crisis Stabilization Unit Decreases Inpatient Psychiatric Admissions. `Lessons Learned and Ongoing Challenges

#### 15.15 - 16.45 Scientific Symposium 3 – Penn Room I & II

Unusual psychotherapeutic approaches in liaison psychiatry

C. Delli Noci: Involuntary movements, "anarchic movements": The role of music as a regulator of somato-psychic cleavage

A. Berney: Joint somatic and brief psychotherapeutic intervention in functional neurological disorders

F. Stiefel: The role of phenomenological analysis of the bodily illness experience in the psychotherapy of the medically ill

W. Söllner: Creative therapies may reduce anxiety and enhance the expression of emotions in severely ill patients

A. Landa: Columbia Stages of BioPsychoSocial Awareness (CS-BPSA): A conceptual model and a tool for clinical practice and research



#### 15.15 - 16.45 Scientific Symposium 4 - Leeuwen Room I & II

Complexity Intervention Units: The wave of the future?

R. Kathol: From Medical Psychiatry Units to Complexity Intervention Units: 1980 to 2020, 30 years of complexity care

P. Caarls, et al.: Factors influencing the admission decision for Complexity Intervention Units: A concept mapping approach

M. van Schijndel, et al.: *Identifying value-based quality indicators for general hospital psychiatry* 

L. Jansen, et al.: Costs versus effects on a Complexity Intervention Unit (CIU)

D. Coira, et al.: Integrated Medical Psychiatric Units are cost effective and improve quality of care

#### 15.15 - 16.45 Scientific Symposium 5 - Goudriaan Room I & II

The importance of symptom validity testing for the clinic

J. Roor, R. Ponds: Feedback on Underperformance in Patients with Chronic Fatigue Syndrome: Relevant Patient Characteristics and Clinical Impact

M. van Leeuwen, et al.: On Aggravating Depressive Symptomatology: A study using the Assessment of Depression Inventory (ADI)

S. Meyer, R. Ponds: *The Visual Association Test – Extended: Detecting non-credible memory performance* 

R. Ponds, J. Roor: The Residual Effect of Intentional Feigning on Symptom Reporting and Memory Performance

T. Schoemaker, et al.: Genuine and deceitful symptom reporting in psychosomatic patients: A study in a medico-legal or disability claim setting

#### 15.15 - 16.45 Scientific Symposium 6 - Diamond Room II

The importance of addressing psychosomatic complaints in vestibular patients

J. Widdershoven, et al.: *Psychosomatic comorbidity in children with vestibular complaints* 

E. Martin, et al.: An app-based diary for Vestibular Disorders: The DizzyQuest

J. Staab: Functional Vestibular Disorders: Findings from Neuro-Imaging StudieS

J. Wolf, et al..: How illness perceptions influence handicap in patients with vertigo and dizziness

N. Lehnen, et al.: Patients with functional dizziness shut down vestibular input: Evidence for erroneous sensory processing in persistent physical symptoms

#### 15.15 - 16.45 **Euronet SOMA Panel Meeting- van Oldebarnevelt Room**

16.45 - 17.45 Break, Poster session 1 & Poster Slam - Shipping / Exchange Hall



#### 17.45 - 19.15 **Parallel sessions 2**

#### 17.45 - 19.15 Scientific Symposium 9 - Mees Auditorium

Ethical and legal issues in consultation liaison psychiatry and psychosomatic medicine

- A. Calcedo, et al.: Competency evaluation in the medically ill
- R. Brendel, et al.: Legal issues in Psychosomatic Medicine
- J. Hovens: Euthanasia in psychiatric patients in the Netherlands state of the art
- R. Houtepen: Euthanasia in cases with a psychiatric or psychosomatic profile

#### 17.45 - 19.15 Scientific Symposium 10 - Rotterdam Hall

Characteristics, diagnosis and treatment options for Somatic Symptom Disorders

- J. van Eck van der Sluijs, et al.: *Predictors of persistent Medically Unexplained physical Symptoms: Findings from a general population stud*
- W. Kop, et al.: Somatic Symptom Disorder and Health Care Utilization in the General Population
- Ch. van der Feltz-Cornelis, et al.: *Biomarkers in Somatic Symptom Disorders: A cross-sectional clinical study*
- A. Toussaint, et al.: Diagnosing Somatic Symptom Disorder: How important are the psychological criteria?
- M. Lipovsky, et al.: How to explain Somatic Symptom Disorder?
- I. Elfeddali, et al.: A blended eHealth Shared Decision Making program for patients with somatic symptom disorders

#### 17.45 - 19.15 Scientific Symposium 11 - Penn Room I & II

Exploring new dimensions and treatment approaches for health anxiety

- M. Rimvall, et al.: Do Functional Somatic Symptoms and Health Anxiety play a role in Psychosis Development?
- T. Gehrt, et al.: Autobiographical memory and episodic future thinking in severe health anxiety: A comparison with obsessive-compulsive disorder
- D. Hoffmann, et al.: Internet-delivered psychological treatment for patients with health anxiety: Results from a randomized controlled trial
- K. Ingeman Beck, et al.: Excessive parental worries for children's health: Development and validation of a new measure



#### 17.45 - 19.15

#### Scientific Symposium 12 - Leeuwen Room I & II

Biopsychosocial assessment and quality of life of living kidney donors

F. Vitinius, et al.: Influence of hand-assisted retro-perito neoscopic donor nephrectomy (HARP) on health related quality of life after living donation: First results of the QoLid-Study

T. Schneekloth, et al.: Outcomes at one year in kidney donors with substance use disorders

Sh. Niazi, et al.: Undiagnosed Hypertension in potential kidney donors and case for comprehensive medical and psychosocial assessment

Y. Erim, K. Schieber: Common Pitfalls in the Psychosomatic Evaluation and Selection of Living Organ Donors

I. Mucsi: Monitoring patient reported outcome measures in living kidney and liver donors using the Patient Reported Outcome Measurement Information System (PROMIS) computer adaptive testing (CAT) item banks

#### 17.45 - 19.15

#### Scientific Symposium 13 - Goudriaan Room I & II

Behavioral and psychosomatic progress in Psycho-Cardiology

H-Ch. Deter, et al.: Health promotion in Usual Care: Lessons to be learned from Randomized Controlled Trial's in Coronary Heart Disease (CAD)

K. Orth-Gomér, H-Ch. Deter: Mortality predictors and Survival: Results from the Stockholm Female Coronary Risk study

Ch. Herrmann-Lingen: Sex differences in the association between N-terminal pro B-Type natriuretic peptide (NT-proBNP) and anxiety in patients with heart failure and preserved ejection fraction

Ch. Albus: Updating the European Guidelines on cardiovascular disease prevention in clinical practice: New evidence and unsolved problems regarding the management of psychosocial risk factors

#### 17.45 - 19.15

#### Scientific Symposium 14 - Diamond Room II

Medically Unexplained Symptoms (MUS) and functioning: The view of patients and physicians about functioning, and the effect of problem-solving therapy to improve functioning

K. Weerdesteijn, et al.: Does self-perceived health correlate with physician-assessed functional limitations in medical work disability assessments?

H. Kalisvaart, et al.: Development of the Body-Relatedness Observation Scale: A feasibility study

K. Sitnikova, et al.: Effectiveness of Problem Solving Treatment for patients with undifferentiated somatoform disorder: A cluster randomized controlled trial in primary care

H. Barends, et al.: Patients on the course of their symptoms and functional health in persistent physical symptoms (PPS): A qualitative exploration



17.45 - 19.15 Scientific Symposium 50 - van Oldebarnevelt Patients' Experiences, Expectations and Decisions

J. Manders: Affective symptoms in patients with endometriosis: A systematic review and meta-analysis

E. van Barneveld: Experience Sampling Method for patients with endometriosis

M. Shedden-Mora: The Treatment Expectation Questionnaire (TEX-Q): A generic multidimensional scale measuring patients' treatment expectations

F. Vitinius: Evaluation of a decision coaching program for structured decision support in preference sensitive decisions of risk-adapted prevention for BRCA1/2 (BReast CAncer) gene carriers: Study protocol of a German Multicentre Study

D. Schoormans: Having a co-morbid CVD at time of cancer diagnosis severely impacts HRQoL:results from the profiles registry

19.15 - 20.30 **EAPM general Assembly - van Oldebarnevelt** 

**EAPM members get-together - Lloyd's Lobby** 

20.30 Young researchers get together: Dudoc Rotterdam

#### Friday, June 21st 2019

#### **EAPM Main Conference**

#### on integrated psychosomatic care across medical settings and specialties

07:30 – 18.45 Conference Registration at Shipping / Exchange hall

08.30 - 10.00 Plenary session 2; Patient centred care - Rotterdam Hall

Moderators: Carla Hagestein and Carsten Leue

T. van der Weijden (Maastricht, The Netherlands)

Shared Decision Making: a relevant model in psychosomatics?

C. Burton (Sheffield, UK)

Reassurance and explanation in primary care management of somatic symptoms

10.00 – 10.30 Keynote lecture 2; Value based health care – Rotterdam Hall

J. van Os (Utrecht, The Netherlands)

Incorporating mental states in the somatic symptom mix: Experience sampling in the era of value-based' medicine



#### 10.30 - 12.00 Parallel sessions 3

#### 10.30 – 12.00 Scientific Symposium 17 - Rotterdam Hall

American Psychiatric Emergency Services (II): Integrating Emergency Care with Community Resources

- D. Kroll: The Longitudinal Urgent Care Psychiatry (LUCY) model is associated with reduced emergency department visits
- V. Stiebel, et al: Integrating Psychiatric Care Planning into the Emergency Department
- J. Berlin: Psychiatric Emergency Services and Solutions to Boarding of Psychiatric Patients in Emergency Departments
- V. Stiebel: The Impact of Psychiatric Boarding on Emergency Medical Practice

#### 10.30 – 12.00 Scientific Symposium 18 - Mees Auditorium

Pathological Skin Picking: Foundations and treatment of a neglected phenomenon in psychosomatic medicine

Ch. Gallinat, et al.: SaveMySkin: A pilot study about an Internet-based self-help intervention for skin picking

- A. Wabnegger, et al.: Neural activations to the scratching and caressing of one's own skin in individuals with pathological skin picking
- J. Vöhringer, et al.: Contributions of impulsivity, obsessive-compulsive and body dysmorphic symptoms to different aspects of skin picking
- J. Schmidt, et al.: Subjective and neurophysiological cue reactivity to skin irregularities in pathological skin picking

#### 10.30 - 12.00 Scientific Symposium 19 - Penn Room I & II

Case management and coordination of care across different settings: Using the Intermed and the Intermed Self Assessment (IMSA)

- S. Verheesen, et al.: Complex health needs of Intoxicated Persons with Challenging Behaviour. A pilot study of short-term hospital based diagnosis and intervention
- R. Kathol: Improving Outcomes for Complex Adults Using Integrated Medical and Behavioral Health Case Management
- S. Frankel, et al.: The San Francisco IMSA Validation Project
- M. Kromkamp, T. van Nesselrooij: *The mobile medical-psychiatric unit pilot: Treating comorbidity by moving the team not the patient*
- E. Gallay: The use of the IMSA in Swiss general practices: a study on feasibility, acceptability and stratification of patient's complexity needs



#### 10.30 - 12.00

#### Scientific Symposium 20 – Leeuwen Room I & II

Somatic aspects of depressive disorders: Pivots of understanding symptoms and improving treatments

- S. Fischer, et al.: Hypothalamic-pituitary-gonadal (HPG) axis functioning in male depressive disorder: Systematic review and meta-analysis
- J. Doerr, et al.: Associations between stress and fatigue in depression and somatic symptom disorder
- R. Strawbridge, et al.: Response to anti-glucocorticoid augmentation for treatment-resistant depression: Potential role for inflammatory proteins
- T. Jørgensen, et al.: Impaired lipid- and glucose metabolism in persons with various functional somatic syndromes points towards a common genesis: The DanFunD study
- F. Euteneuer, et al: Reduced heart rate variability in major depression: meta-analytic evidence and responsiveness to psychotherapy

#### 10.30 - 12.00

#### Scientific Symposium 21 - Goudriaan Room I & II

Unraveling symptom formation in Irritable Bowel Syndrome by momentary assessment

- J. Kruimel: Integrated medical–psychiatric outpatient care in functional gastrointestinal disorders improves outcome
- Z. Mujagic: How to measure abdominal pain in Irritable Bowel Syndrome?
- L. Vork: The Experience Sampling Method: Evaluation of treatment effect of escitalopram in IBS with comorbid panic disorder
- J. Peters: Network approach of emotion and bodily symptom dynamics in relation to childhood adversity in patients with IBS and comorbid panic disorder

#### 10.30 - 12.00

#### Scientific Symposium 22 - Diamond Room I

Clinical characteristics and treatment of psychogenic nonepileptic seizures across the age span

A.Hansen: Pediatric onset of psychogenic non-epileptic seizures: Diagnostic certainty and clinical characteristics in a Danish nationwide cohort

- S. Plioplys: Multifactorial vulnerabilities and co-morbid psychopathology in youth with Psychogenic Non-Epileptic Seizures (PNES)
- I. Heyman: Cognitive-behavioural treatment of functional neurological symptoms in children and adolescents
- L. Goldstein: COgnitive behavioural therapy vs standardised medical care for adults with Dissociative non-Epileptic Seizures (CODES): A UK-based pragmatic multi-centre parallel arm randomised controlled trial



10.30 - 12.00	Scientific Symposium 23 - Diamond Room II  Novel Approaches to Patients with Complex Medical Illnesses
	R. Madan, K. Schwartz: The Baycrest Quick-Response Caregiver Tool: A Novel Non- Pharmacologic Intervention for Family Members with Responsive Behaviours
	L. Ohse, et a.: Results of a Multidisciplinary Treatment with Acceptance- and Commitment Therapy in Patients with Chronic Pain and Psychiatric Co-morbidities: An Analysis of Process-outcome Associations
	A. Golas: Psychosocial Approaches to Improve Neurocognitive Ability in Late Life Mental Illness
	K. Schwartz, et al.: An Affect Education for Long-Term Staff Managing Behavioural and Psychological Symptoms of Dementia: A Feasibility Study
10.30 - 12.00	Workshop - J.F. Staal Room
	F. Peeters, C. Leue: Measuring health outcomes with the Experience Sampling Method
12.00 - 13.00	Lunch Break at Shipping / Exchange Hall
13.00 - 14.30	Plenary session 3; Models of integrated care in specific populations -
	Rotterdam Hall Moderator: Joost Mertens & Franziska Geiser
	J. Walker (Oxford, UK)  Collaborative care in psycho-oncology: from research to practice
	G. van Koeveringe, (Maastricht, The Netherlands)  Urological complaints and its psychosomatic comorbidities at the Pelvic Care Centre
	E. Steegers (Rotterdam, The Netherlands) Integrated medical and psycho-social care during pregnancy and childbirth
13.00 - 14.30	Editorial Board Meeting Elsevier JPR - Captain's Lounge
14.30 - 15.30	Break & Poster session 2 & Poster Slam at Shipping / Exchange Hall
15.30 - 17.00	Parallel sessions 4
15.30 – 17.00	Scientific Symposium 25 – Mees Auditorium  Persistent post-concussion symptoms after mild traumatic brain injury (mTBI): Early predictors and early intervention
	Ch. Rask: Epidemiology, pathophysiology, and effect of early intervention in concussion: Cohort description of the Danish EPIC study
	A. Tuborgh: Attachment style and symptom reporting in young persons with concussion
	N. Tsur, Ch. Haller: Traumatic brain injury and its effect on mental and physical health of close relatives: The role of posttraumatic stress symptom

E. Næss-Schmidt: Diffusion kurtosis imaging in patients with prolonged post-concussion symptoms

7th annual scientific conference of the EAPM

19 - 22 June

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M. Moeller Thastum: Early intervention for impairing post-concussion symptoms in

adolescents and young adults: Results from a randomised trial

15.30 - 17.00

#### Scientific Symposium 26 – Penn Room I & II

Momentary Assessment in Overactive Bladder Syndrome (OAB) - the UROMATE

C. Leue: Functional urological disorders: A sensitized defence response in the bladder—qut—brain axis

D. Vrijens: Affective symptoms and the overactive bladder: A systematic review

G. van Koeveringe: ESM, a solution to unmet clinical needs, using a real life symptom evaluation in OAB

A. Herrewegh: The development of a patient-reported outcome measurement (UROMATE) for real-time symptom assessment in a population with functional urologic complaints: A focus group study

A. Baban: Addressing women with Urinary Incontinence: The development of an ICT-based integrated treatment

#### 15.30 - 17.00

#### Scientific Symposium 27 - Leeuwen Room I & II

Psychological trauma in the onset and maintenance of chronic pain

A. Ciaramella: Role of traumatic life events in cognitive and somatic discomfort in subjects with episodic and chronic pain

J. Tesarz: Psychological trauma and its consequences in chronic pain: Empirical data and new therapeutic approaches

A.F. Allaz: Trauma history in the narratives of two groups of chronic pain patients

D. Riedl: The influence of childhood victimization on the occurrence and severity of chronic pain in adulthood

N. Uhlenbusch: Perceived burdens in dealing with rare diseases: A qualitative focus group study

#### 15.30 - 17.00

#### Scientific Symposium 28 – Goudriaan Room I & II

Mental health issues in diabetes mellitus and metabolic diseases: Update 2019

S. Atasoy: Psychodiabetology of metabolic diseases: recent updates

K.-H. Ladwig: Inverse Relationship between Social Isolation and Type 2 Diabetes Incidence in People with Obesity: Findings from the MONICA/KORA Prospective Cohort

X. Cai: Loneliness and obesity in old women are associated with lower plasma oxytocin levels: The combined impact of mental and physical distress on the neuroendocrine system

Ch. Sujana: Generalised anxiety disorder and incident type 2 diabetes in KORA F4/FF4 Study

H. Johar: Chronic inflammation contributes to cortisol-induced hyperglycemia: Findings from the KORA Age study



15.30 - 17.00

#### Scientific Symposium 29 - Diamond Room I

Update on Irritable Bowel Syndrome

N. Mazurak: Pathophysiology

A. Stengel: *Treatment* 

S. Zipfel: Overlap with other bodily distress disorders

N. Husain: Lived experiences of Irritable Bowel Syndrome and role of culturally adapted

Cognitive Behavior Therapy (CBT): A mixed methods study

M. Tkalcic: Relationship between IBS-specific behavioral responses and various aspects of anxiety and symptom intensity – preliminary results

15.30 - 17.00

#### Scientific Symposium 30 - Diamond Room II

Pediatric Psychosomatic Medicine

A. Naz: Lived experiences of adolescents with recent history of self-harm: A qualitative study from Pakistan

D. R. Hulgaard: Family therapy for severe functional disorders in youth: A qualitative analysis

L. Bundgaard Larsen: Functional somatic symptoms in preschool children with AHDH: An overseen clinical problem?

15.30 - 17.00

#### Scientific Symposium 31 - Rotterdam Hall

Mindfulness-based Cognitive Therapy (MBCT) for distressed cancer patients

L. Cillessen, et al.: Mindfulness-based interventions for psychological distress and physical outcomes in cancer patients and survivors: A meta-analysis of randomized controlled trials

F. Compen, et al.: Cost-effectiveness of individual internet-based and face-to-face Mindfulness-Based Cognitive Therapy compared to Treatment As Usual in reducing psychological distress in cancer patients

E. Bisseling, et al.: Development of Therapeutic Alliance and its association with treatment outcome in internet based Mindfulness-Based Cognitive Therapy (eMBCT) compared to group-based MBCT (MBCT) for distressed cancer patients

M. Martin, et al.: Mindfulness-Based Cognitive Therapy for Irritable Bowel Syndrome: Reducing Symptoms and Increasing Quality of Life

15.30 - 17.00

Young researchers mentoring session - J.F. Staal



#### 17.15 - 18.45 **Parallel sessions 5**

#### 17.15 – 18.45 Scientific Symposium 33 – Mees Auditorium

Organ transplant ethics symposium

P. Zimbrean: Young adults with non-adherence and treatment as organ transplant candidates- ethical challenges

Sh. Niazi: Ethical issues related to Re-Transplantation

T. Schneekloth: Sociopathic Past in a Transplant Candidate

D. Schoormans: Having a co-morbid CVD at time of cancer diagnosis severely impacts HRQoL: Results from the profiles registry

#### 17.15 – 18.45 Scientific Symposium 34 – Penn Room I & II

Clinical implications of the brain-gut dysfunctions

A. Baban: Medical Students' Perception on a less agreeable intervention: Fecal Microbiota Transplantation (FMT)

M. Stanculete: Predictors of health-related quality of life in IBS patients

I. Tarricone: Severe IBS and mental disorders: Some insights from Bologna

T. De Matteis: Anxiety, depression and quality of life in functional and organic GI patients: Preliminary results from the Bologna COmparison —REtrospective — (CORE) study

#### 17.15 – 18.45 Scientific Symposium 35 – Rotterdam Hall

Maternal mental health and development of the offspring

L. Jilderda, B. Broekman: *Maternal mood, parenting styles and their influence on offspring's early social development* 

B. Broekman: The influence of the mental health of the mother on the development of offspring

M. van Pampus: The relationship between traumatic experiences of delivery and PTSS complaints

H. Heller: Treatment of anxiety and depression in pregnancy: The possibility of online tools

G. Eeckhout: Fear of childbirth:: A case example and practical implications

J.B.C. Mertens: Words can make or break: how to comfort the patient



#### 17.15 – 18.45 Scientific Symposium 36 – Leeuwen Room I & II

Update in Neuropsychiatry for the C-L psychiatrist: Impulsivity in Parkinson's disease, CAR-T therapy, sarcoidosis, and Gamma-Hydroxybutyric acid (GHB) intoxication

- U. Pham: Impulse control and related disorders in Parkinson's disease
- E. Bøen: Psychiatric manifestations of sarcoidosis
- I. Strand Hovland: Gamma hydroxybutyric acid (GHB) intoxication: Important knowledge for a C-L psychiatrist
- P. Zimbrean: Major depressive disorder in patients with Wilson Disease

#### 17.15 – 18.45 Scientific Symposium 37 – Goudriaan Room I & II

Dilemmas in the Care of Persons with HIV: Risk behaviour and substance use

- J. Blanch: The use of methamphetamine and HIV infection
- C. Casasnovas: Use of Pre-Exposure Prophylaxis in People Who Inject Drugs
- D. McGovern: Implications of medication assisted treatment for opioid and alcohol use disorders and HIV
- K. Ashley: HIV risk behaviours and antiretroviral based treatment for the prevention of HIV

#### 17.15 – 18.45 Scientific Symposium 38 – Diamond Room I

Psycho-neuro-immunology and global health

- X. Verdaguer: Stress and neuroinflammation: A systematic review of the effects of stress on microglia and the implications for mental illness
- R. Lacasa: Psychoneuroinmunology and OCD; a global approach
- J. Vicens: Psychoneuroinmunology and anxiety disorders
- C. Mur: Evidence for an immune activation in affective psychosis and delusional disorder

#### 17.15 – 18.45 Scientific Symposium 39 – Diamond Room II

Fiedorowicz, A. Freda: How to get your paper published: The editor and publisher's perspective |.

#### 17.15 – 18.45 Workshop – J.F. Staal

N. Kamminga:: Crossing borders by e-health: The Patient and Partner/caregiver self-management Education Program for ALL people with a chronic disease and their caregivers (PEP4ALL)



#### **EAPM Main Conference**

#### on integrated psychosomatic care across medical settings and specialties

08.00 - 09.30 Parallel sessions 6

08.00 – 09.30 Scientific Symposium 41 – Mees Auditorium

**Raw Rotterdam Rarities** 

A. Alkema, C. Hagestein-de Bruin: *Persistent suicidal ideation after polytrauma caused by suicide attempt: Why the Medical Psychiatric Unit meets a need* 

M. van Kessel, J van der Vlugt: Avoiding/Restrictive Food Intake Disorder in a patient with KBG syndrome and autism

J. van der Vlugt, M. van Kessel: *Body integrity identity disorder: Case report with clinical features, treatment dilemmas and treatment policy* 

Th. Janssen, J. van der Vlugt: A patient with neurosyphilis and HIV admitted to the Medical Psychiatric Unit with psychiatric and neurocognitive symptoms

W. Cahn: Prevalence of somatic problems in psychiatry

08.00 – 09.30 Scientific Symposium 42 – Penn Room I & II

International symposium on psycho-cardiology

M. Beresnevaite, et al.: Sympathovagal heart rate control and depression during mental arithmetic stress in cardiac surgery patients

N. Hamieh, et al.: Hostility, depression and incident cardiac events in the GAZEL cohort

M. Zhang, J. Li: Burnout is associated with lower heart rate variability in patients following acute coronary syndrome: A one-year follow-up study

St. Duijndam, J. Denollet: Social Inhibition and Internalizing Problems in Adults: Inhibition, Sensitivity and Withdrawal as Distinct Vulnerability Facets

P. Lodder: Type D personality predicts the occurrence of major cardiac events in patients with coronary artery disease: A multi-method analysis

08.00 – 09.30 Scientific Symposium 43 – Leeuwen Room I & II

What contributes to Medically Unexplained Symptoms (MUS)?

M. Lehmann: Barriers for the diagnosis and management of persistent and medically unexplained symptoms in primary care – representative survey with general practitioners

Th. Dantoft: Multiple chemical sensitivity in the general population: Socioeconomic status and lifestyle characteristics — and why screening for comorbid functional somatic syndromes is important

R. Monden: Both sex and gender influence occurrence of common somatic symptoms

M. Acevedo Mesa: Positive Affect and Functional Somatic Symptoms in Young Adults



#### 08.00 - 09.30

#### Symposium 44 – Goudriaan Room I & II

Unraveling the relation of depression with somatic conditions

A. Leentjens: Depression preceding Parkinson's disease: Risk factor or early symptom?

A. Boonen: Depression in ankylosing spondylitis and the role of disease-related and contextual factors: A structural equation modelling approach

- J. Matta: Diet and physical activity in the association between depression and metabolic syndrome: Constances study
- D. Spieler: Determinants of telomere attrition in older subjects: Is there a role for psycho-social stress? Findings from the prospective population-based KORA cohort study

#### 08.00 - 09.30

#### Scientific Symposium 45 – Rotterdam Hall

Mental health and psychosomatic complaints in refugees and migrants

A.Zbidat: Concepts of trauma, complaints, somatization and coping styles in refugees from Syria: A qualitative study

- J. Schellong: Multidisciplinary treatment approaches and group therapy in the treatment of mental health problems in refugees
- E. Georgiadou: Posttraumatic Stress and Motivators of Refugee aid Volunteers and Fulltime Employees
- J. Denkinger: Explaining traumatization and psychotherapy in 10 minutes: Development of a psychoeducational movie for refugees
- A. Kersting: Development and evaluation of an Arabic-language self-management smartphone app for traumatized Syrian refugees in Germany

#### 08.00 - 09.30

#### Scientific Symposium 46 – Diamond Room I

Psychosocial distress and affective complaints in kidney disease

- Y. Khoo: Higher Social Difficulty is Associated with Increased Psychological Distress Amongst Patients with End Stage Kidney Disease (ESKD)
- M. Novak, et al.: Adult attachment styles and psychosocial distress in patient with end stage kidney disease (ESKD)
- R. Schouten: Dimensions of depressive symptoms and their association with hospitalization and mortality in dialysis patients: a cohort study
- E. Massey: Mental health among anonymous living kidney donors after donation: A retrospective mixed-methods study
- D. Beck, et al.: Promoting Medication AdheRence and Self-management among kidney transplant recipients (MARS-trial): Development of an intervention protocol
- V. Li: Lower Social Support is Associated with Higher Social Difficulties Amongst Patients with End Stage Kidney Disease (ESKD)



08.00 – 09.30 Scientific Symposium 47 – Diamond Room II

More from Mother and Child

V. Pop: Hormonal and psychological factors in nausea and vomiting during pregnancy

K. Ginzburg, A. Talmon: *Transition to motherhood in the shadow of childhood maltreatment: The effect of emotional neglect on women's adjustment during pregnancy and postpartum* 

R. Burian, et al.: Vietnamese migrant mothers with depression: A psycho-social network project in Berlin

N. Husain, et al.: Perceptions about App Based Interventions for management of maternal depression from Pakistan

#### 08.00 - 09.30

#### Workshop - J.F. Staal

Workshop on psycho-oncology: New therapeutic challenges in Oncology - immunomodulators and the need for a multidisciplinary approach

J. Espírito Santo: Cancer Immunotherapy: The present and the future

G. Da Ponte: What psychiatrists need to know about immunotherapy side effects?

S. Ouakinin: Depression in cancer – Is neuroinflammation the real link?

J. Póvoa: Cognitive impairment related to cancer: Potential neuroinflammatory contribution

#### 09.45 - 10.15

#### Research Lecture - Rotterdam Hall

Ch. van der Feltz-Cornelis (York, UK

A European research agenda for Somatic Symptom Disorders, Bodily Distress Disorders and Functional Disorders on behalf of EAPM: where do we go from here? .30 - 12.00

#### **Parallel sessions 7**

#### 10.30 - 12.00

Scientific Symposium 49 – Mees Auditorium Psychosomatic Care in the General Hospital

M. van Niekerk: The prevalence of common psychiatric disorders in general hospital inpatients: A meta-review of systematic reviews

J. Jenewein: *Implementation of a hospital-wide multi-professional delirium-management* 

K. van Aken: Implementing an alcohol care pathway in a general hospital: Cash on the barrel needed

R. Styra: Implications of pre-operative cognitive impairment on post-operative delirium and impact on cost in vascular surgery

R. Styra: Toronto Aortic Stenosis Quality of Life Scale (TASQ): Development and Quality of Life in Aortic Stenosis and TAVI Patients

L. Zerbinati: Demoralization in the General Hospital



#### 10.30 - 12.00

#### Scientific Symposium 51 – Leeuwen Room I & II

Conceptual approaches in psychosomatic medicine

D. von Boetticher: On the Clinical Significance of Concepts in Psychosomatic Medicine. A Plea for Conceptual Research

S. Trifu: The perspective of cumulative trauma in psychosomatic pathology

A. Khaikin: To the development of psychosomatic theory: Evolutionary concept of psychosomatogenesis

A. Weigel: Psychotherapists' explanatory models for somatoform and functional disorders: a qualitative study

#### 10.30 - 12.00

#### Scientific Symposium 52 - Goudriaan Room I & II

Chronic pain, Chronic Fatigue and Psychiatric Comorbidities

J. Goutte, P. Cathébras: Attitudes of French internal medicine specialists and rheumatologist towards chronic pain complaints

N.Tsur, et al.: Chronic pain personification and dysfunctional pain modulation among torture survivors: Potential explanations for the trauma-pain link

C. Rometsch-Ogioun El Sount: *Pain, somatic complaints and concepts of illness in traumatized female refugees who have experienced extreme violence through IS-fighters* 

F. Van den Eede: The effect of childhood trauma on the response to Group Cognitive Behavioural Therapy for Chronic Fatigue Syndrome

Ch. Pieh: Night-shift work increases cold pain perception

#### 10.30 - 12.00

#### Scientific Symposium 53 – Diamond Room I

**Stepped Care in Complex Patients** 

M. Fe Barcones: Complex Patients in Primary Care

D. Kroll: The Primary Care Psychiatry Walk-in Clinic as Unique Access Point for Underserved Patient Groups

J. Tönnies: Integrated web-based psychosocial care for depression and anxiety: A feasibility trial on mental health specialist video consultations for primary care patients

K. Maehder: Psychotherapists' perspectives on collaboration and stepped care in outpatient psychotherapy - a qualitative study

Th. Zimmermann, et al.: Effects of a nonspecific, nurse-led intervention in primary care on comorbid symptoms of anxiety, depression and somatization



#### Scientific Symposium 54 - Diamond Room II

Air, Breath and Psycho-pulmonology

S. Selinheimo: Psychosocial treatments for employees with indoor air associated persistent and non-specific health complaints: 12-month follow-up randomized controlled trial results

Th. H. Loew, L. Frank: Slow paced breathing (SPB) in dental phobia: A randomized controlled study using a tactile rhythm device

- M. Wessels-Bakker: Prevalence of psychological distress and the association with medication non-adherence among lung transplant patients
- T. Loew: Slow paced breathing (SPB) in asthma patients: A randomized controlled controlled study using a tactile rhythm device
- I. Alexeeva, M. Martin: Autobiographical Memory Retrieval in Asthma: Specificity is Enhanced and Associated with Less Bronchoconstriction and More Active Coping

10.30 - 12.00

Scientific Symposium 55 – J.F. Staal

Psycho-oncology, Aging

- O. Popa-Velea, X. Bacinschi: Dynamics of anxiety in cervical cancer patients undergoing radiotherapy: Preliminary results
- Z. Solomon: Premature aging following war-induced trauma: Results of a three-decade longitudinal study
- A. Calcedo: Capacity evaluation in Palliative Care patients

#### 10.30 - 12.00

Scientific Symposium 56 – Rotterdam Hall

Communication about medically unexplained symptoms: Insights and tools from five different fields of research

- J. Houwen, et al.: *Identifying learnable communication elements in MUS consultations:* a focus group study
- A. Weiland: Training doctors to communicate better with patients with medically unexplained symptoms
- I. Stortenbeker, et al.: Linguistic and interactional aspects that characterize consultations about medically unexplained symptoms: A systematic review
- I. Groenevelt: Negotiating (in)visibility: making sense of medically unexplained symptoms on YouTube and Instagram
- D. Hanssen, J. Rosmalen: Cloudy attitude? Healthcare professionals' one-word descriptions of working with patients with medically unexplained symptoms



#### 12.15 - 14.00 Award Lectures - Rotterdam Hall

Moderators: Carsten Leue & Wolfgang Söllner

Allison Creed Award; E. Guthrie: The *old kid on the block: psychodynamic therapy for the modern world* 

Frits Huyse Award; F. Stiefel: Collusion as a boundary object of liaison psychiatry

Young Investigator Award, Liu Jianlin; "Beyond the Fear that Lingers: The Interaction between Fear of Cancer Recurrence and Rumination in relation to Depression and Anxiety Symptoms".

Poster Price & Closing ceremony

## **Poster Sessions**

Poster session 1 & Poster Slam

Thursday, June 20th - 16.45 – 17.45 - Shipping/Exchange Hall

- 73 Effect of positive-word stimuli via a smartphone application on multi-directional reach performance: A randomize controlled trial
  - Kazuki Hirao, Hiroyuki Uchida, Kenta Azukizawa, Kodai Hirose, Yuta Morigami, Naoki Higashi
- Quality of care in biopsychosocial complexity. Risks and health care needs of patients with psychiatric comorbity scheduled for elective surgery: the INTERMED Self-Assessment questionnaire.

  Marleen van der Linde
- Tinnitus, depression, and suicidal ideation in adults: A nationally representative general population sample Young Hoon Ko, Kyu-Man Han, Cheolmin Shin, Ho-Kyoung Yoon
- A comparison of somatosensory amplification among fibromyalgia, other forms of chronic pain and psychiatric disorders: a psychiatric perspective.

  Antonella Ciaramella, Sara Cremonini, Manuela Crupi, Giancarlo Carli
- Why, how, and when is personality related to suicide risk? New evidence from research on Type D personality.

  Johan Denollet, Nina Kupper
- Incidence of confusional syndrome (Delirium) in adult patients hospitalized at a univeristy hospital in Bogota,
  Columbia
  Gabriel Oviedo, Carlos Gómez-Restrepo, Paola García, Alejandra López-Porras, Roberto Chavarría, Catalina Pineda,
  Natalia García, Natalia Duarte, Carlos Javier Rincón, Juan Agustín Patiño, Juan Sebastián Insignares
- 248 Associations betwen personality traits, substance use, and depression in Romanian medical students
  Alexandra Mihailescu, Liliana Diaconescu, Petra Comandasu, Ovidiu Popa-Velea
- "CHASING THE DRAGON": A fatal case report of toxic leukoencaphalopathy due to inhaled heroin AnaMaría Coral-Leitón, Sergio Ochoa-Orozco, Oscar Gutiérrez-Sanjuan, Efraín Trejos-Orozco, Julián Carvajal-Guevara JulioCésar Gutiérrez-Segura
- The counteractive aspects of distraction away from illness-related information: Associations with less reappraisal and more beliefs about having an illness despite medical reassurance

  Chrysanthi Leonidou, Georgia Panayiotou
- 271 Biopsychosocial complexity measured by health care needs in controlled acromegaly
  Agnieszka Kobyłko, Dorota Szcześniak, Tomasz Wieczorek, Jowita Halupczok-Żyła, Aleksandra JawiarczykPrzybyłowska, Marek Bolanowski, Joanna Rymaszewska
- 159 Machine learning classification of first-onset drug-naïve MDD using structural MRI Donghwa Kim, Pilsung Kang, Jong-ha Lee, Sangil Suh, Moon-Soo Lee
- Change of Postural Control in Patients with Vertigo and Dizziness Symptoms after Integrative Group Psychotherap Katharina Fallenbacher, Karina Limburg, Birgitt Marten-Mittag, Peter Henningsen, Claas Lahmann
- 234 Ecological association between chronic hepatitis C virus infection and psychosis: An study in Colombia, 2009-2016

  Juliana López-Pineda, JulioCésar Gutiérrez-Segura, Carlos Montilla-Trejos, Julián Carvajal-Guevara, Alfonso Rodrigue

  Morales
- 366 The role of emotion in chronic fatigue syndrome: a systematic review Claire Willis
- 210 Spooked Platelets: A Rare Case of Clozapine-induced Thrombocytopenia
  Saeed Ahmed, Pooja Palkar, Guitelle St. Victor, Nina Paddu, Hadley McPherson
  - 337 New Onset Psychosis: An Unusual Presentation of Posterior Reversible Encephalopathy Syndrome (PRES)
    Katherine Tsung, Ateaya Lima
  - **A case study of Wernicke encephalopathy: the varying diagnostic picture and barrier to treatment**John Doyle, Ateaya Lima



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- **The Incapacitated Surrogate: What is the Consultation Liaison Psychiatrist's Role?**Nicole Allen, Adrienne Mishkin
- **Early detection and treatment of pernatal mental health disorders: A perinatal mental health care protocol.**Gilbert Lemmens, An-Sofie Van Parys, Caroline Vogels, Kristien Roelens, Rita Van Damme
- 331 The impact of psychopathology on the therapy outcome in patients with psoriasis Gloria-Beatrice Wintermann, Susanne Abraham, Stefan Beissert, Weidner Weidner
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  - haemodialysis Wai Leng Cheryl Chang, Cyrus Su Hui Ho

7th annual scientific conference of the EAPM

EAPM 2019

19 - 22 June

R O T T F R D A M

### **Carus Master Classes Details**

Thursday, June 20th 2019 10.00 - 12.00

#### **Rotterdam Hall**

Allison Creed Award Winner Else Guthrie (Leeds, UK)

Design of randomised controlled trials of interventions for people with persistent physical symptoms.

Else Guthrie is Professor of Psychological Medicine, Leeds Institute of Health Sciences, and Honorary Consultant Psychiatrist at Leeds and York Partnership Foundation Trust, Leeds UK. She is a former Chair of the Faculty of Liaison Psychiatry, Royal College of Psychiatrists and a current executive board member of EAPM. She has written/co-edited several textbooks on liaison psychiatry and ran an Advanced Course in Liaison. Her main areas of research include: self-harm; treatment interventions in CL Psychiatry; and depression in chronic physical illness.

She has published over 100 peer reviewed scientific papers and current research programmes/trials include: a study of CL services in the UK; an RCT of antidepressant treatment in IBS; an RCT of antidepressant treatment in symptomatic IBD patients that are in remission; and a trial of psychological treatment in people with multiple self-harm. She has a particular interest in psychodynamic -interpersonal therapy and has been involved in researching and training this model for many years.

#### **Mees Auditorium**

J. Tack (Leuven, Belgium), D. Dumitrascu (Cluij, Romania) &L. van Oudenhove (Leuven, Belgium) Integrated care in functional gastro-intestinal disorders

**Prof. Jan Tack** is currently a Head of Clinic in the Department of Gastroenterology, a Professor in Internal Medicine, former Chairman of the Department of Clinical and Experimental Medicine at the University of Leuven, Belgium, and a founding researcher of TARGID (the Translational Research Center for Gastrointestinal Disorders) at the University of Leuven. He specialised in internal medicine and gastroenterology at the same institution.

Professor Tack's scientific interest focuses on Neurogastroenterology and Motility, and includes the pathophysiology and management of gastrointestinal functional and motor disorders such as gastroesophageal reflux disease, functional dyspepsia, gastroparesis, chronic constipation and the irritable bowel syndrome. With an h-index of 84, he has published more than 740 peer-reviewed articles, with over 29000 citations, and he contributed more than 45 book chapters.

**D. Dumitrascu,** Professor of Medicine at the Iuliu Hatieganu University of Medicine and Pharmacy, Cluj, Romania. President of the Romanian Society of Psychosomatic (Biopsychosocial) Medicine; former Board Member of EAPM; chairman of the EAPM 2014 Annual Meeting; member of APS and ICPM. Past-president of the Romanian Society of Gastroenterology and Hepatology (2015-2017), honorary president and founder of the Romanian Society of Neurogastroentreology, director of a master program on psychosomatic medicine. Interest in functional gastrointestinal disorders and in communication.



**Lukas Van Oudenhove** graduated as a Medical Doctor at the KU Leuven, Belgium. During his specialist training in psychiatry he was granted a PhD-fellowship of the Research Foundation – Flanders. This allowed him to perform doctoral research from October 2004 until the end of his psychiatry training in September 2008, resulting in the successful defense of his doctoral thesis 'Psychobiological mechanisms in functional dyspepsia. Converging evidence from psychophysiology & functional brain imaging?' at the KU Leuven on September 30th 2008.

He worked as a postdoctoral fellow of the Research Foundation – Flanders at the Translational Research Center for Gastrointestinal Diseases (TARGID) of the KU Leuven, on a project titled 'Role of psychological factors and central neurotransmitter systems in visceral pain in health and functional gastrointestinal disorders'.

He was assistant research professor funded by the KU Leuven Special Research Fund, which allowed him to establish his own group within TARGID, the Laboratory for Brain-Gut Axis Studies (LaBGAS). The highly collaborative research lines of his group cover various aspects of gut-brain interactions. His research has been internationally authoritative, as reflected by more than 120 peer-reviewed publications and numerous invited and abstract presentations at international scientific meetings.

#### Penn Room I&II

J. Rosmalen, (Groningen, The Netherlands), L. Tak (Deventer, The Netherlands)
To say or not to say, that's the question! How (not) to communicate with patients with functional symptoms: a video-based workshop

**Prof. Dr. J. (Judith) G.M. Rosmalen** is appointed as a professor in psychosomatic medicine at the departments of Psychiatry and Internal medicine of the University Medical Center Groningen. She studied medical biology (University of Utrecht 1995) and psychology (University of Leiden 1998, cum laude), and obtained her PhD on interactions between immune and endocrine system (Erasmus University Rotterdam 2000).

Her multidisciplinary research focusses on medically unexplained symptoms. Her research group studies the etiology of medically unexplained symptoms in epidemiological cohorts, as well as treatment of these symptoms using eHealth solutions. Prof. Rosmalen is or was involved in the supervision of 25 PhD-students, has published over 150 scientific papers and was cited more than 2500 times.

**Dr. Lineke Tak** is a psychiatrist and head of the Specialty Center for Medically Unexplained Symptoms & Somatic Symptom Disorders at institute for mental health care Dimence, Deventer, the Netherlands. She is also founder of the website www.SOLK.nl (in Dutch language) for scientific news and book reviews about medically unexplained symptoms and syndromes.



#### Leeuwen Room I&II

K. Ladwig (München, Germany)

Integrated care in patients with diabetes mellitus or cardiovascular disease and co-morbid mental health impairments

**Prof. Karl Heinz Ladwig** is Research-Professor of Psychosomatic Medicine at the Medical Faculty of the Technical University of Munich (TUM). He is also head of the Mental Health Epidemiology Unit of the Institute of Epidemiology at the German Research Centre for Environmental Health (HMGU). His major research topics comprise mental health related stress research including molecular and biological concepts.

Based on clinical experience and research on stress-induced sequel of behaviour in cardiac patients, more than twenty years ago, Ladwig's group broke new ground by introducing the "post infarction depression" as a promising psychological phenotype in cardiology. Since then, his research has contributed to the prognostic impact on case fatality and morbidity, quality of life in survivors of sudden cardiac death, cortisol responses in stress reactivity in patients with ventricular arrhythmias, covariates of intra-cardiac pain perception and gender differences in symptom reporting. Currently, he coordinates a first comprehensive position paper on psychocardiology for the European Association Preventive Cardiology (EAPC).

Prof. Ladwig is member of the brain academy of the German Center for Diabetes Research (DZD) with research on possible psycho-biological pathways of sustained mental stress as risk factor for the onset of Type 2 Diabetes Mellitus. Focus is on the interaction with markers of inflammation, autonomic hyperregulation and endocrine malfunction. Recently, his group investigated the impact of sleep disorder and its interaction with impaired glucose metabolism on brain morphology and revealed significant effects on reduced grey matter volume.

# Goudriaan Room I&II U. Malt (Oslo, Norway), B. Bürker (Oslo, Norway) Pharmacotherapy in psychosomatic conditions

**Ulrik Fredrik Malt** is emeritus professor of psychiatry and psychosomatic medicine at the University of Oslo and was head of the Department of Psychosomatic medicine, Oslo University hospital – Rikshospitalet, from 1987-2014. He has been president of the Scandinavian College of Neuropsychopharmacology and vice-chairman, section of Pharmacotherapy, World Psychiatric Association.

He was part of the leader trio of the EU-funded research project "European Consultation-Liaison Psychiatry and Psychosomatic Workgroup (EACLPP"). He has authored and co-authored papers and book chapters about psychiatric and psychological aspects of most major disease groups including physical trauma.

**Britta S. Bürker** is a psychiatrist with extensive clinical experience in pharmacotherapy of patients with psychosomatic illness and co-morbid mental and somatic disorders. Furthermore, she is involved in research focusing on neuropsychiatric consequences of heart transplantation.

## **Workshops details**

Measuring health outcomes with the Experience Sampling Method J.F. Staal Room

Friday 21 June 10.30 - 12.00

#### **Theme**

In the field of health care, there is increasing recognition that measuring baseline variables and treatment outcomes in the context of daily life by using experience sampling methodology, can give meaningful information in addition to conventional measurements such as cross-sectional questionnaires. The Experience Sampling Method (ESM), also known as Ecological Momentary Assessment (EMA), is a mobile assessment approach designed to measure thoughts, mood, medical symptoms and contextual information in the flow of daily life. Thus, ESM as a structured self-report diary technique, allows the investigation of these phenomena within, and in interaction with, the realworld context.

#### **Takeaways**

In this workshop, a general introduction to ESM and some of its applications in health care will be given. We will give an overview of how studying health, mental and somatic disorders and treatment outcomes on the microlevel in daily life using ESM provides a different perspective on i) symptoms, ii) their variability, iii) their interaction with daily life context, and iv) the evaluation of the effect of treatments on symptomatology. Finally, we will show how in clinical practice ESM can potentially enrich conventional treatments by adding more ecologically valid interventions in the daily life of patients. This will be illustrated with the use of Psymate®, a well-established app, that has shown its usefulness in psychiatry as well as in medical settings.

Chair: Frenk Peeters, Psychiatrist, Department of Psychiatry and Psychology, Maastricht University Medical Centre, NL

Co-chair: Carsten Leue, Psychiatrist, Department of Psychiatry and Psychology, Maastricht University Medical Centre, NL

Crossing borders by e-health: The Patient and Partner/caregiver self-management Education Program for ALL people with a chronic disease and their caregivers (PEP4ALL)

J.F. Staal Room

Friday 21 June 17.15 - 18.45

#### Aim

The PPEP4ALL is a Self-Management Intervention (SMI) which focuses on the improvement of the quality of life for patients and caregivers. The aim is to explain how PPEP4ALL can be of added value in the clinical courses of mental processes affecting medical outcomes and, vice versa; and to show how this SMI is an integrated form of care. PPEP4ALL crosses borders!

#### **Methods**

The content of PPEP4ALL and its evidence base will be presented by giving a literature overview of the research results: Parkinson's disease -RCT n=64 patients & 46 caregivers-; Huntington's disease - n=59 pt & 42 cg; Pituitary tumors - RCT n=188-; added with results from recent clinical practice (IBD - n=54; Kidney diseases n=60; unexplained persistent somatic symptoms SOLK n=27; Diabetes n=7). Finally we will discuss its implementation and its added value in crossing borders.



#### Results

PPEP4ALL is evidence based and implemented through the Netherlands in several settings (Academic hospitals; rehablitation centers; private and general practices etc.) and able to cross borders.

#### Conclusion

PPEP4ALL is an evidence based SMI which crosses literally borders. Not only in the sense of the patient and caregivers populations who benefit of this program – either disease specific or disease generic groups can be formed - but also by bridging the gap between medicine and psychology/psychiatry through integrating psychosomatic care across medical settings and specialities. It fosters a multi-disciplinary network approach and can be (inter)nationally implemented.

#### Author(s)

Noelle Kamminga P<sup>1</sup> P: Presenting author

#### Affiliation(s)

1. MUMC+, Psychiatry and medical psychology, Maastricht, NL

Workshop on psycho-oncology: New Therapeutic challenges in Oncology - immunomodulators and the need for a multidisciplinary approach.

J.F. Staal Room

Saturday 21 June 08.00 - 09.30

#### Theme

In this symposium, it will be described the new treatments modalities in cancer in terms of immunotherapy. The goal is to promote the multidisciplinary approach between psychiatry and oncology to allow better care to cancer patients, enabling a rapid diagnostic and treatment of side effects. Jorge Espírito Santo, as Oncologist, will talk about immunomodulators and it's indications in cancer; Guida da Ponte as psychiatrist will develop the main psychiatric side effects of this new therapeutic modality; Sílvia Ouakinin, as psychiatrist, will talk about the role of inflammation in the Central Nervous System and it's consequences and Susana Almeida, as psychiatrist, will develop an updated vision about chemo-brain in consequence of an immune system disruption.

#### **Takeaways**

The main goals of this symposium are:

- update about the advances in immunotherapy in cancer in cancer;
- describe it's mechanism of action and clinic indications;
- describe the main side effects in terms of neuropsychiatric manifestations;
- co-relate the mechanism of action with Central Nervous System inflammation;
- describe the new vision of chemo-brain in terms of immune system dysfunction.

This Symposium is submitted by the Psycho-Oncology Section of the Portuguese Society of Psychiatry and Mental Health.

Chair: Sílvia Ouakinin, Professor, MD, PhD, Medical School of Lisbon, University of Lisbon, PT

Co-chair: Jorge Espírito Santo, Senior Consultant, MD, Oncology Unit, Centro Hospitalar Barreiro-Montijo, PT



# **Special Interest Group Details**

The Special Interest Group is meant for members who are especially interested in one or more particular aspects of consultation liaison psychiatry and psychosomatic medicine, to gather in an informal group to discuss issues, cases, pharmaceuticals and training.

All Special Interest Groups will take place on Thursday June 20th at 12.15 - 13.00

#### **Chronic Pain Rotterdam Hall**

Rotterdam Hall

Chair: Antonella Ciaramella

#### **Integrated Care and Management of Complexity**

Mees Auditorium

Chairs: Silvia Ferrari, Anette Boenink

#### **Primary Care**

Penn Room I&II

Chair: Hans-Christian Deter

#### The Child and Adolescent Working Party

Leeuwen Room I&II Chair: Charlotte Rask

#### **Transplantation Medicine**

Goudriaan Room I&II

Chairs: Frank Vitinius, Istvan Mucsi, Britta Bürker

#### **Young Researchers**

Diamond Room II

Chairs: Miriam Depping, Meike Shedden-Mora, Guillaume Airagnes

From 1873 to 1989, The "Holland Amerika Lijn" was a Dutch shipping and passenger line operating primarily between the Netherlands and North America. As part of the company's legacy, it was directly involved in the transport of many hundreds of thousands of immigrants from the Netherlands to North America. It was headquartered in Rotterdam.



## **Participant Information**

#### **Conference venue**

Postillion Convention Centre WTC Rotterdam Beursplein 37 3011 AA Rotterdam (The Netherlands)

#### **Registration- / Information desk opening hours:**

Wednesday 19 June: 08:00 – 20:15 hrs
Thursday 20 June: 08:00 – 19:15 hrs
Friday 21 June: 07:30 – 18:45 hrs
Saturday 22 June: 07:00 – 14:00 hrs

#### **Organizing Secretariat**

Congress Company
P.O. Box 2428
5202 CK 's-Hertogenbosch - The Netherlands
T: +31-73-7003500
www.congresscompany.com
eapm2019@congresscompany.com

#### Official language - English

#### **Accreditation**

Accreditation will be applied for at the European Accreditation Council by CME (EACCME) and the Netherlands Psychiatric Association (NVvP). A maximum of 23 CMEs will be granted.

Delegates are requested to scan their badges upon entering the venue every day, in order to get the points that are rewarded by EACCME. It is not needed to scan your badge when leaving the conference venue. You will receive the accredited points based on your daily presence after the conference.



### **Registration Fees on-site**

#### **PRE-CONFERENCE**

The preconference registration fee includes:

- Access to the preconference scientific program
- Lunch on Wednesday June 19th
- Coffee/tea during breaks

CATEGORY	REGISTRATION FEE
Members of EAPM/APM/APS	€ 205
Non Members of EAPM	€ 275
Members of National Organisation associated with EAPM	€ 245
Member of Netherlands Psychiatric Association	€ 245

#### **MASTER CLASSES**

The masterclass (reserved up to 30 participants for each masterclass) registration fee includes:

- Access to the masterclass scientific program
- Lunch on Thursday June 20th
- Coffee/tea during breaks

CATEGORY	REGISTRATION FEE
Regular fee	€ 145



#### **MAIN CONFERENCE**

The main conference registration fee includes:

- Access to the welcome reception
- Access to the scientific sessions
- Programme and abstract book
- Access to a master class on Thursday 20 June (incl coffee/tea during breaks and lunch on this day)
- Digital certificate of attendance
- Lunch on June 21
- Coffee/tea during breaks

CATEGORY	REGISTRATION FEE
Members of EAPM/APM/APS	€ 575
Non Members of EAPM	€ 675
Members of National Organisation associated with EAPM	€ 625
Member of Netherlands Psychiatric Association	€ 610
Reduced fee EAPM Members – Low income countries	€ 500
Reduced fee Non Members – Students   trainees	€ 575
Reduced fee Non Members – Low income countries *	€ 575
One day ticket (Thursday or Friday) FEE FOR EACH DAY	€ 325
One day ticket (Saturday only)	€ 200
Social Dinner tickets	€ 85

*{\*}* For Low income countries list check the EAPM 2019 website.



#### **Guidelines for symposium speakers**

Symposium sessions are 90 minutes long. Every presentator has approximately 15 minutes for oral presentation plus 3 minutes for discussion.

#### **Poster Guidelines**

The poster should remain in place for the entire time of the scheduled poster session.

It is essential that you remove your materials after your poster session because the room will be cleared at that time to make room for the next poster session.

We kindly ask you to remove and discard your poster if you do not want to keep it. If a poster is not removed at the end of the poster period, the staff will assume that the presenter wants the poster material discarded

#### The EAPM Advisory Board Meeting

The EAPM Advisory Board Meeting will take place on Wednesday June 19<sup>th</sup> at 18.15 - 19.15 at the Captain's Lounge.

#### The EAPM General Assembly

The EAPM General Assembly will take place on Thursday June  $20^{th}$  at 19.15 - 20.30 at the van Oldenbarneveld Room .

#### **Program Changes**

The organizers cannot assume liability for any changes in the program due to external or unforeseen circumstances.

#### Warnings

All participants should kindly remember that during the conference photographs will be taken and videos recorded for subsequent publication on the websites; participation at the event is considered as automatically consenting to the use of images.

#### **Emergency Numbers**

In case of health emergencies or danger the number to call is 112. Secretariat phone number during Conference days: +31-73-7003500

#### **Public transport**

Rotterdam is a compact city and a walking is often the best way to get around the city, but if you travel further, Rotterdam offers an excellent public transport service. The metro in Rotterdam is the most efficient way to travel in Rotterdam because there's a metro station nearby in most of the cases. Another popular way of public transport in Rotterdam is the tram. The tram is very useful for short distances and takes you to locations which are not covered by metro. You can take the tram to travel to the south of Rotterdam for example, because the metro does not reach everywhere.

You need a travel chipcard if you want to travel with public transport in Rotterdam. You can buy this card at many places including the service desks and ticket machines at the stations. Travel chipcards are valid for all sorts of Public Transport. You can also buy the Rotterdam Welcome Card or the Tourist Day Ticket .



#### **TAXI**

Rotterdam Taxi Service: 010-2372018 Rotterdamse Taxi Centrale: 010-4626060

#### **HOTELS**

To make your stay in Rotterdam as convenient as possible, HMC Reservations has selected a number of hotels to stay.

In the reservation module on the website, you can start your hotel reservation. Hotels with availability on your preferred dates will automatically pop up. If you press the round button in front of a hotel name, more details such as prices per room will be shown. All prices listed are per room per night, in Euros , including VAT, but excluding city tax. After choosing the hotel of your preference push the button 'ook' to enter personal details.

#### **Hotel contact**

HMR Reservations
Tel. +31 (0)85 486 8800
Email: mail@reservations.nl

**De Rotterdam** (Rem Koolhaas, 2013) is an iconic example of urban architecture. The three linked towers are nearly 150 metres high, forming a 'vertical city' of high-class flats, a 4-star hotel, offices, shops, restaurants, fitness and parking facilities.

The name refers to the ss Rotterdam, a steamship that once sailed a regular route to New York and offered a wide range of functions for its passengers' comfort.



### Social Events

Special Lecture "Art in a city of ruins" & Welcome reception Wednesday 19 June, 19:15 to 20:15h, followed by our welcome reception. Van Oldebarnevelt Room

Rotterdam's history goes back to the late middle ages. In the time of the Dutch Republic in the Golden Age (17<sup>th</sup> century), it was one of the seven important admiralties. It still is an important harbour, Europe's largest port. The old center of the city was almost completely destroyed when the Nazi forces bombed the city on May 14<sup>th</sup> 1940, which was also the reason for the capitulation of the Netherlands the day after. The city was gradually rebuilt from the 1950s. With daring and new styles of apartments, office buildings and recreation facilities the new skyline has been developed. A Guardian profile of Rem Koolhaas begins "If you put the last 50 years of architecture in a blender, and spat it out in building-sized chunks across the skyline, you would probably end up with something that looks a bit like Rotterdam."

In this lecture, Sandra Smets will present some untold stories how the war and post war period influenced art in Rotterdam. The war and the bombardment had some unexpected impacts in the development of art in Rotterdam. Not only could some artist flourish, the bombardment and war could inspire to new art forms, which did contribute to the healing process.

Sandra Smets is an art historian and freelance publicist who writes about visual arts for various magazines and publications. She worked for more than ten years at the Center for Visual Arts Rotterdam. In 2018 she was a guest curator with Museum Boijmans Van Beuningen, where she set up an exhibition about art in Rotterdam during the Second World War.

Young researchers get together Thursday 20 June Meent 88 in Rotterdam

Join this year's **Young Researcher's social event at EAPM**. Location: <u>Dudoc Rotterdam</u>, address: Meent 88 in Rotterdam, just around the corner of the conference venue. All young researchers can participate. No registration needed.

Gala dinner at steamer "Majesteit" - Friday, 21 June - (Only for those who have prebooked)

19.00 Boarding at Boompjeskade, Leuvehoofd

20.00 Cruise and Dinner

22.00 Arrival back at Boompjeskade, Leuvehoofd

23.00 End

This year's congress dinner will be held on 'Her Majesty' ('De Majesteit'). This authentic paddle steamer from 1926 is more than 80 meters in length. The giant paddles run smoothly and take us from the largest harbour of Europe to the legendary windmills of Kinderdijk, along many attractive sights of Rotterdam. With a perfect view of the skyline of Rotterdam we will cruise the river Maas. 'De Majesteit' can accommodate up to 600 guests and will make our time on board a safe and memorable experience.

'De Majesteit' meets the highest safety requirements. Everything has been thought of to ensure that we may enjoy our best experience. Once aboard we will enjoy the nostalgic atmosphere and an exclusive dinner. The dinner, preceded by a welcome drink and Dutch snacks, will be a vegetarian friendly Indonesian buffet, and will be followed by a delicious dessert. While the live band is playing, you can dance or just sit back and enjoy.



NOTES		
Luchtsingel is a 390-metre wooden footbridge that nects the Rotterdam Central District and Rotterdam ord. Designed by architecture firm ZUS, this colourful ge brings new life to a forgotten area. You can walk in the Schieblock, where you can find BAR, Groos and Akker, to park Pompenburg and Station Hofplein, are various restaurants, shops and a jazz club are		
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# WTC Rotterdam Conference Map

Convention centre WTC Rotterdam entrance level

