

EAPM News for members October



News for members

October 2024

[pdf](#)

EAPM News is part of the EAPM membership and is as such exclusively sent to EAPM members about three times per year.

EAPM Munich 2025



<https://www.eapm.eu.com/2025-eapm-conference-munich/>



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1. From the EAPM President



Michael Sharpe MD, EAPM President

To all my friends and colleagues in EAPM I offer you my warmest greetings. In June of this year we had a terrific meeting in Lausanne – thank you again to Fritz Stiefel and colleagues. Also during this year Isabel Winter our senior administrator and Board have been working hard to develop our organization. Christoph Pieh is our new Treasurer. Natalie Uhlenbusch and Ferenc Koteles are new Board members. Frank Vitinius, Charlotte Rask and Isolde Busch are our new co-opted members. For the full Board listing please look on our website: <https://www.eapm.eu.com/eapm/board-and-administration/>.

The Board has successfully strengthened our administration and our financial position. We are now focussing on several other important areas: we are improving our communications with a task force led by Natalie Uhlenbusch, developing our relationship with the affiliated national organizations with a task force led by Cedric Lemogne; and are developing our Academy's educational programme with a committee led by Judith Rosmalen.

I look forward very much to seeing you at our next meeting in September in Munich – put it in your calendar now!

Michael Sharpe

EAPM President and Board Chairman

October 2024

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2. The Editor's choice October 2024

written by Jess G. Fiedorowicz, Editor-in-Chief, Journal of Psychosomatic Research, Professor and Senior Research Chair in Adult Psychiatry, University of Ottawa, Head and Chief of Mental Health, The Ottawa Hospital Scientist, Ottawa Hospital Research Institute, Journal of Psychosomatic Research and Antonina Mikocka-Walus, Deputy Editor, Journal of Psychosomatic Research in October 2024.



Antonina Mikocka-Walus, JPR's Deputy Editor



Jess Fiedorowicz, JPR's Editor-in-Chief

“Fear Less: Cognitive Behavioural Therapy’s Role in Managing Hypoglycemia Anxiety and Type 1 Diabetes Mellitus in Young Adults”

We have selected a randomized controlled trial by Martyn-Nemeth and colleagues at the University of Illinois – Chicago for this quarter’s Editor’s Choice.¹ This study was inspired by the volunteer experiences of two team members at week-long summer camps sponsored by the American Diabetes Association for children with type 1 diabetes (T1D) mellitus. The first author, Pamela Martyn-Nemeth, volunteered as a camp nurse, regularly addressing campers’ concerns about hypoglycemia....[READ FULL EDITOR’S CHOICE](#)

[Read full article “A randomized controlled feasibility trial of a cognitive behavioral therapy and technology-assisted intervention to reduce fear of hypoglycemia in young adults with type 1 diabetes“](#)



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3. Report of Lausanne 2024

Report on the 11th annual EAPM conference in Lausanne, Switzerland

written by Fritz Stiefel, Conference President EAPM 2024 and Michael Sharpe, EAPM President

“Investigation, Innovation and Integration” was the theme of this year’s EAPM 2024 conference, held in Lausanne, where a previous congress of the EACLPP, a forerunner of EAPM, was hosted in 2006.

From June 13-15, Lausanne University Hospital (CHUV) welcomed 531 participants from 38 countries. They displayed a keen interest in psychosomatic medicine, liaison psychiatry, biopsychosocial medicine, and integrated care.

On the first morning the five, almost completely full, masterclasses were given by Prof. H.H.J.

Das from the Netherlands (Medically unexplained symptoms for long Covid), Prof. Gerd Kvale from Bergen (Clinical interventions for long Covid), Drs Dana Pamfile and Laurent Michaud from Lausanne (Liaison psychiatric assessment and support before and during medical-assisted gender transition), as well as Alison Creed Awardee Prof. Bernd Löwe from Hamburg (Research on persistent somatic symptoms: open questions, challenges and methods) and Frits Huyse Awardee Dr. Annette Boenink from Amsterdam (Shared decision making: bringing integrated care of complex patients to a higher level).

The highlight of the opening ceremony on Thursday morning was a lavishly illustrated lecture (Body I have and body I am) by Nathalie Herschdorfer, Director of Photo Elysée Museum for Photography in Lausanne...[READ THE FULL ARTICLE](#)

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4. Pictures of the Lausanne 2024 conference

<https://www.eapm.eu.com/pictures-of-the-eapm-2024-lausanne-conference/>

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5. Now Board after election in June 2024

Christoph Pieh was elected as Treasurer, **Natalie Uhlenbusch** as Vice Treasurer, **Peter Henningsen** as Secretary, **Cédric Lemogne** as Vice Secretary, and **Ferenc Köteles** as Board Member at the General Assembly in Lausanne on June 13th, 2024. **Charlotte Rask** and **Frank Vitenius** were assigned co-opted Board members.

We also had to say goodbye to Angelika Weigel, Meike Shedden Mora, Per Fink and Adriana Baban! Thank you for all the years you have so actively supported the EAPM!

Find out more about our [current Board Members](#).

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6. EAPM Fellows in 2024

We would like to honor our EAPM Fellows and thank you for your service.

[Find out more about each Fellow here.](#)



EAPM Fellows 2024 at Lausanne 2024

EAPM Fellows 2024

- Margarita Beresnevaitė, Lithuania
- Hans-Christian Deter, Germany
- Silvia Ferrari, Italy
- Franziska Geiser, Germany
- Else Guthrie, United Kingdom
- Josef Jenewein, Switzerland
- Monika Keller, Germany
- Carsten Leue , The Netherlands
- Bernd Löwe, Germany
- Marta Novak, Hungary
- Ursula Werneke, Sweden
- Gerhard Schüssler, Austria

EAPM Junior Fellows 2024

- Verónica Cabreira, United Kingdom
- Asma Chaabouni, Netherlands
- Aleksandra Kustra, Germany
- Nick Mamo, Netherlands
- Brodie McGhie-Fraser, Netherlands
- Caoimhe McLoughlin, United Kingdom
- Lina Münker, Denmark
- Saya Niwa, Poland
- Tara Petzke, Germany
- Franziska Regnath, Germany
- Caroline Rometsch, Germany
- Chloe Saunders, United Kingdom
- Abigail Smakowski, Germany
- Mais Tattan, The Netherlands
- Höbe Treufeldt, United Kingdom

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7. ETUDE

ETUDE Final Symposium at the EAPM Conference 2024

The 11th Annual Scientific Conference of the European Association of Psychosomatic Medicine, titled “Towards Interdisciplinarity and Translational Research,” took place from June 12-15, 2024, in Lausanne, Switzerland. During the conference, all Early Stage Researchers (ESRs) presented their projects in three final symposia, which focused on mechanisms, communication, and healthcare strategies for functional disorders.

The first symposium, titled “Mechanisms of Functional Disorders,” was chaired by Charlotte Ulrikka Rask from Aarhus University Hospital in Denmark. This session explored the underlying [...READ THE FULL ARTICLE](#)

[Podcast: Not so invisible – ETUDE](#)

This podcast describes the scientific journey of 15 Early Stage Researchers that are part of the Innovative Training Network Encompassing Training in Functional Disorders across Europe (ETUDE). Throughout the course of ETUDE, a series of podcasts are recorded by

the Early Stage Researchers, reflecting the different work packages on mechanisms, diagnosis, treatment and stigma of Functional Disorders.

[Listen to all episodes in full length](#)

Video Player

00:00

00:25



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8. Commentary on HOME

Integrated mental health care could improve treatment of older hospital inpatients with complex health needs

In *The Lancet Psychiatry*, Michael Sharpe and colleagues report on The HOME study, which investigated the effects and cost-effectiveness of Proactive Integrated Consultation-Liaison Psychiatry (PICLP) compared with usual care in patients aged 65 years or older who were admitted to hospital in an emergency. A novel care model that combines proactive consultation liaison interventions with a team-integrated approach, PICLP was aimed at reducing the length of stay—defined as the time spent as an inpatient in the hospital within the 30 days after random allocation— by improving the treatment of older patients, who often present with complex illnesses with physical and psychological comorbidity, which can lead to difficulties in arranging post-discharge care and prolong the 1hospital stay. Participants in the intervention group...[READ THE FULL commentary on HOME](#)

[READ: Proactive integrated consultation-liaison psychiatry and time spent in hospital by older medical inpatients in England \(The HOME Study\): a multicentre, parallel-group, randomised controlled trial](#)

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9. SIGs – EAPM Special Interest Groups

Recent activities of the SIG Climate Crisis and Mental Health

The group was founded in 2023 and already initiated a variety of activities at this year's EAPM meeting in Lausanne, including a workshop on how to address climate-related mental health problems in psychotherapy and a prize for the longest climate-friendly journal to the conference. Recently, we have formed a number of task forces on different topics such as the establishment of a journal club, integrating planetary health into healthcare professional curricula, preparing a manual for organizing sustainable and climate-friendly congresses and a paper based on the findings of our workshop. Moreover, we are again planning activities for the EAPM conference in Munich in September 2025. If you want to hear more about the topic or are interested in joining one of the working groups, we are very happy to welcome additional members and encourage you to get in touch with the group's chairs Dr. Isolde Busch (isoldemartina.busch@univr.it) and Dr. Natalie Uhlenbusch (n.uhlenbusch@uke.de).

The SIG Young Researchers welcomes two new members

We are happy to announce that two great early career researchers joined our team! From now on, Sinthujan Sivakumar and Dr. med. Sebastian Dietsche are supporting EAPM's *SIG Young Researchers*. Sinthujan is a psychologist doing his PhD program in Clinical Science at the University of Zurich, working in a psychocardiology project at the University Hospital Zurich (Department of Consultation-Liaison Psychiatry and Psychosomatic Medicine). Sebastian is a specialist in internal medicine and deputy senior physician in psychosomatics at the University Hospital Basel, who specializes in functional physical complaints and conducts research in the field of "Somatic Symptom Disorder", combining scientific rigor with empathic medicine. The *SIG Young Researchers* aims to connect early career researchers in the field of psychosomatic medicine, foster academic exchange, increase visibility of innovative research performed by young researchers, and to be a voice of the emerging young scientists. Every year, we organize activities for ECRs at the EAPM conference. If you would like to learn more or join our group, don't hesitate to email us at EAPM.youngresearchers@uke.de!

Status Report: EAPM Special Interest Group – Children and Adolescents

Chairs: Professor Charlotte Ulrikka Rask, Denmark; Professor Isobel Heyman, UK

The primary goal of the EAPM Special Interest Group (SIG) in Children and Adolescents has been to foster greater engagement in pediatric topics within the EAPM, emphasizing collaboration across multiple disciplines—pediatricians, psychiatrists, psychologists, and other mental health professionals. The SIG aims to expand focus on psychosomatics and pediatric consultation-liaison psychiatry, drawing increased attention within EAPM but also from external organizations and associations, as well as at international pediatric forums.

Progress and Initiatives

Increased Symposium Participation: Over recent years, the number of child-focused symposia at EAPM has risen. However, there remains substantial potential to enhance pediatric visibility to attract professionals focused on pediatric care to actively engage in EAPM.

Proposed Joint Initiatives:

Discussions within the SIG have highlighted potential collaborative initiatives, such as joint research proposals, shared symposia at conferences, and the exchange of educational resources and treatment manuals. There is also interest in joint presentations with adult clinicians and researchers to incorporate a developmental perspective.

Concrete Actions

Leadership and Training: In 2024, chair Charlotte Ulrikka Rask became a co-opted board member of EAPM and joined the EAPM Academy to contribute to the development of a structured training program within the context of EAPM.

Communication and Collaboration: A dedicated mailing list for the EAPM SIG – Children has been created to facilitate idea exchange, with a focus on strengthening pediatric and adolescent representation within EAPM. Additionally, participants from the last SIG meeting were invited to join the UK Paediatric Liaison Google group for further collaboration.

The SIG continues to explore avenues to enhance pediatric interest within EAPM and reinforce interdisciplinary collaboration, aiming to build a stronger foundation for pediatric psychosomatics, consultation-liaison psychiatry, and integrated care within the organization.

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written by Prof. Dan L. Dumitrascu, EAPMF

The series of annual meetings of psychosomatic medicine of the Romanian Society of Biopsychosocial Medicine continued this year on 18-19 October in the Students's Culture House Cluj-Napoca. The event was attended by 80+ physicians, psychologists and nurses. A large spectrum of topics was presented and debated, and a distinct moment was the traditional session of master students (where selected students of the master programme on psychosomatic medicine present own data).

There were also three state of art lectures by: Manuela Neuman, Toronto, Canada, on cannabis; Mircea Birt, Cluj-Napoca, on the history of psychosomatic medicine in Romania and Albert Veress, Miercurea Ciuc, on balintianism.

It should be mentioned that the Romanian psychosomaticians were among the founding members of EAPM and hosted EAPM Annual meeting in 2014, thus, just 10 years ago.

[pdf programme 2024](#)



Prof Mihaela Fadgyas-Stanculete lecture on psychosomatic approach in gastroenterology



Prof Vlaicu Sandor lecture on resilience

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11. Join in! – EAPM pages in the JPR

A section of the journal is devoted to topics of particular relevance to EAPM. As part of the agreement with the Journal of Psychosomatic Research, EAPM has a quota of 48 pages per year for EAPM-related matters, including papers, letters, news, advertisements, publications of C-L activities in various European countries and much more.

EAPM members are invited to submit papers for the EAPM pages to ensure that we make full use of our pages. Instructions for authors can be found below.

[Click → here for the EAPM pages.](#)

Instructions for authors of EAPM pages

EAPM contributions should not exceed 1000 words. Contributions are not meant to publish results of specific disease-related research; topics covered should be of general interest, stem from countries participating in the EAPM or refer to EAPM activities. EAPM contributions are not peer-reviewed but subject to editorial approval. In case of doubt about the suitability of a subject, please **contact** [Prof. Else Guthrie \(eapm-pages@eapm.eu.com\)](mailto:eapm-pages@eapm.eu.com), Associate Editor for EAPM pages.

[Submit your article for EAPM pages NOW](#) You will be redirected to the JPR's Editorial manager

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12. Join in! – use our listserv

The EAPM members' clinical network list exists to provide a forum for all individual EAPM members to exchange information. Its uses include seeking advice on clinical issues and services and sharing ideas and collaborating on research. It can also be used to share relevant publications and documents. The list is maintained by the EAPM.

[Send a message to EAPM members via our listserv, mail to:
EAPMMEMBERSCLINICALNET@HOME.EASE.LSOFT.COM](mailto:EAPMMEMBERSCLINICALNET@HOME.EASE.LSOFT.COM)

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13. Calendar of Events

Do you have a date for us that you would like to add or share? For example, a meeting in your country? Please do not hesitate and send it to our administration:

contact@eapm.eu.com

November 2024

November 6 – November 9

[ACLP 2024 Conference](#)

Miami, Florida , United States

CLP 2024 Conference

Annual Meeting of the Academy of Consultation-Liaison Psychiatry (ACLP)

November 6 – November 9, 2024

CLP 2024

November 14 – November 17

[WPA 2024](#)

Mexikco City

World Psychiatric Association

Annual Meeting

Language: English

February 2025

20. February 2025 – 21. February 2025

[Masterclass Psychiatry Region Norrbotten 2025](#)

Lulea , Sweden

Masterclass Psychiatry Region Norrbotten 2025

20-21 Feb 2025

Language: English

Fri 28

28. February 2025 – 1. March 2025

Berliner KL-Kurs 2025

Berlin – CL-Course 2025 (Consultation-Liaison-Psychiatry and Psychosomatics)

Annual Workshop

Language: German

March 2025

12. March 2025 – 14. March 2025

German Congress of Psychosomatic Medicine (DKPM/DGPM)

Berlin , Germany

Annual Meeting

12-14 March 2025

Language: German/English

EAPM lectures

September 2025



The poster features a blue background with a cityscape of Munich at sunset. On the left, the text 'EAPM MUNICH 2025 GERMANY' is displayed in white and yellow. In the center, the conference title '12TH ANNUAL SCIENTIFIC CONFERENCE OF THE EUROPEAN ASSOCIATION OF CONSULTATION-LIAISON PSYCHIATRY, PSYCHOSOMATIC MEDICINE AND INTEGRATED CARE' is written in white, with the dates '10 - 13 SEPTEMBER 2025' below it. On the right, the logos for 'ARI TUM' and 'TUM Klinikum Rechts der Isar Technical University of Munich' are shown. At the bottom, a dark blue banner contains the text 'TRANSFORMING THE BIOPSYCHOSOCIAL MODEL: CONCEPTUAL AND CLINICAL ASPECTS' in white.



<https://www.eapm.eu.com/2025-eapm-conference-munich/>



10. September 2025 – 13. September 2025

EAPM Conference Munich 2025

Munich , Germany

12th Annual Meeting of the EAPM

10 – 13 September 2025

Language: English

October 2025

5. October 2025 – 8. October 2025

WPA 2025

Prague , Czech Republic

World Psychiatric Association

Annual Meeting

Language: English

November 2025

19. November 2025 – 22. November 2025

ACLP 2025 Conference

San Antonio, Texas

CLP 2025 Conference

Annual Meeting of the Academy of Consultation-Liaison Psychiatry (ACLP)

November 19 – November 22, 2025

CLP 2025

June 2026

13. June 2026 – 16. June 2026

FNDS Annual Conference on Functional Neurological

Baltiore, Maryland

6th International Conference on Functional Neurological Disorder June 13-16, 2026

Baltimore, Maryland

Tue 16

16. June 2026 – 19. June 2026

EAPM Conference Florence 2026

Florence , Italy

13th Annual Meeting of the EAPM

16 – 19 June 2026

Language: English

November 2026

18. November 2026 – 21. November 2026

[ACLP 2026 Conference](#)

San Diego, California

CLP 2026 Conference

Annual Meeting of the Academy of Consultation-Liaison Psychiatry (ACLP)

November 18 – November 21, 2026

CLP 2026

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